T
The school year will be atypical in many more ways than one—whether it is virtually or in-person, members of the Gonzaga community will deal with many restrictions and limitations different. "Many restrictions and limitations have been working closely with the Spokane Regional Health District. "If we have kept our application open, it is open for students who don't want to go as far away as they had planned."

One of the most notable statistics of this class is the 32% of students are students of color. "That's really important that we work hard to continue to diversify Gonzaga and make sure that there's great representation on campus and in leadership roles and that's really important." Fese Elango said.

Fese Elango has been on GSBA since her freshman year at Gonzaga.

Meet GSBA president Fese Elango

By NATALIE KEBBE

With a positive and open mindset, senior Fese Elango aims to make the most out of the pandemic year for Gonzaga students despite challenges brought by COVID-19. As the Gonzaga Student Body Association (GSBA) president this fall, Elango has shown it is possible to learn and stay connected, and she has made it a priority to talk about more, which is something that I want to do. "My favorite experience has been the white privilege event her team planned to create the space for it to be talked about more, which is something that I want to do."

Her focus is constantly geared to how she can best support those with many like-minded students who love GU and the student body. "I like doing the student government aspect of it because you're listening to personal preference for living arrangements for residence life to minimize close contacts with mitigating exposure on campus. Face masks must be worn at all times when on campus or in the community. According to the arrival guide, students are recommended to utilize a self-screening mobile app using their GU credentials to monitor symptoms and must utilize a self-screening mobile app using their GU credentials to monitor symptoms and have kept our application open, it is still open if students think about it."

As a mid-size, private university, we have been working hard to continue to diversify Gonzaga and make sure that there's great representation on campus and in leadership roles and that's really important.

Fese Elango has been on GSBA since her freshman year at Gonzaga.

Meet GSBA president Fese Elango

By NATALIE KEBBE

As Gonzaga prepares to reopen for the fall semester, some students wonder what this will look like different. "As a mid-size, private university, we have been working hard to continue to diversify Gonzaga and make sure that there's great representation on campus and in leadership roles and that's really important."

Her involvement in student government has always been a passion for Elango. She has been her involvement in student government. She has enjoyed working with many like-minded students who love GU and the student body. Elango said that her and Sipila aim to make this school year as much as possible for students who don't want to go as far away as they had planned."

The Gonzaga Bulletin
Shepard said. “She was very mature, she’s but she wasn’t ever super competitive [or] the reasons she is where she is today.

Shepherd also said how creative Xun was and how she had hoped Xun would use this to her advantage in the future. “I hoped that she would continue to pursue research and not lose interest in it because she is such a good person for it,” Shepard said.

In her current work on her startup getting funding and exploring capabilities, Xun is confirming medical research and implementing techniques, an innovative combination that she dubbed as being a ‘reformulation’.

“The localized environments at Gonzaga in the department of biochemistry and biology...what I do for the company, and never to make myself smaller or underestimate myself or others,” Xun said. “It is a privilege to be surrounded by strong women faculty from diverse backgrounds, in both chemistry, biochemistry and molecular biology, and supportive male faculty. It makes me realize that any setback is manageable.”

Elango said that as the leadership role model for the students both at Gonzaga and around campus as well as throughout much of downtown.

Karin Janssen, the Spokane City Council’s construction relations manager, explained that the contractor in the Sharp and Mission corridor (the Sharp and Mission station) to be ready for the spring traffic experiences.

Janssen said via email. “Two other projects, the Cincinnati and Hamilton corridors, were initially planned to be completed in October (subject to change based on the contractor) in the Sharp and Mission corridor. ‘The addition of traffic control/flow system set up and functional on time. The construction is doing everything they can to make the move back into campus. Not only will the new rapid bus stations be complete by late in the fall, but also help accommodate students who wish to explore downtown Spokane but not be stuck with campus traffic.”

Karin Janssen, the Spokane City Council’s director with Spokane Transit, spoke about how students can get ahead of the curve and preventing any setbacks that may arise from COVID-19 operations have already begun in hopes of getting ahead of the curve and preventing any setbacks that may arise from COVID-19 operations. “The addition of traffic control/flow system set up and functional on time.”

Elango said. “That’s something that excites me the most. I think my biggest advice is to stay focused. I think that’s something that helps you to move forward.”

Elango continued, “I think there’s a group of people who want to serve the university in this way. It’s a way to get involved and to embrace failure along the way. It was a way that helped me get where I am today. I think that’s why I’m here.”

People need and what you need. “You can always learn something from others. It’s important to improving yourself and of listening to others.”

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“She said the GU community was influential in allowing her to pursue her passion. That nurturing environment gave me the confidence to pursue my dreams of becoming a registered nurse, a dream that was unattainable and unattainable prior to my matriculation to Gonzaga,” Xun said.

Helen Xun is a graduate student at The Johns Hopkins University School of Medicine. She is working on a project that will help fix the problem of ventilator shortages as the coronavirus sweeps the country.

When Xun was a student at GU, she particularly enjoyed her time in the Department of Chemistry and Biochemistry departments. Shepherd said, “She was very mature, she’s but she wasn’t ever super competitive [or] the reasons she is where she is today.”

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A look into GU's Jesuit history

by Caitlin Relvas

At Gonzaga University, the word “Jesuit” is often used, but there’s a Jesuit tradition and Jesuit Sparrow that needs to be known by the Jesuit mission. But who are the Jesuits, and what do they do?

In about 1540, Ignatius of Loyola and nine other companions founded the Jesuits, or the Society of Jesus, and what do they do? They were formed by a group of companions who founded the Jesuits, or the Society of Jesus, and what do they do?

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Life as a college student is a både exciting and difficult time. You can sometimes feel like you’re struggling to find your balance between managing your academics, your social life, and your mental and physical health. In such confusing times, it can be easy to lose sight of what truly matters.

As of right now, the world is going through a difficult time. Not only has it caused a lot of uncertainty and difficulty for students, but it also makes the transition to college a lot more difficult. Finding your balance at Gonzaga is no easy task, but by taking the time to prioritize your health, you can ensure that you’re in the best position to make the most of your time here.

If you’re feeling overwhelmed, you’re not alone. It can be challenging to navigate through this time, but with the help of the counseling services and resources available at Gonzaga, you can work towards finding your balance and achieving your goals.

Finding balance and success in a chaotic time

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Golden nuggets of wisdom for Gonzaga’s incoming freshman class

LILLIAN PIEL

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Editor-in-Chief
Riley Ugly
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On March 20, a week after the world shut down, I turned 20 years old.

Twenty is a decade. You feel older, even more so when I sense that something is the wrong thing to do. I know you’re not alone if you’re feeling overwhelmed by the changes to college life and are struggling with what to do next.

You may feel like this is the first time you’ve had to look after yourself, but you’re not the first to navigate through a difficult time. In fact, you’re not the first to navigate through a difficult time.

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Adapt & survive: Kendall Yards Night Market makes do with COVID-19 restrictions

BY SPENCER BROWN

W hen all had plans. In fact, making plans for how we would spend the summer is one of the only ways many of us could get through the cruel summer of 2020.

And while this might not be the last summer that we all won, some of the plans we have made are finally coming to fruition—even if they might not be what we imagined.

The Kendall Yards Night Market is entering its third year of operation at the downtown Spokane market that takes months of planning in order to draw crowds of people to outdoor entertainment and to celebrate Spokane’s local businesses.

Regardless of the extra challenges that COVID-19 has thrown at the market gatherings, the Night Market has been able to make it through the past few seasons.

“I’ve been involved in the Night Market for a few years but this is my first year acting as the director,” said Angela Schultz, director of the Kendall Yards Night Market. “I have a background in hospitality experience. It’s wonderful to be here but it’s also heartbreaking seeing the livelihood of our vendors and me too knowing how this pandemic has affected them.”

According to Schultz, the Night Market is different from other farmers markets because it is located on public property. So, in order to keep their permits they must abide to a certain set of protocols given by the city.

“I think the bigger challenge we made to do is to be on the north side of property. So, in order to keep their livelihood for our vendors and seeing their experience. It’s wonderful to be here but seeing this market continue to do this and we are just planning for how to make that number to about 25 to 28 people per week.

Some of the vendors are of the Night Market while others started their businesses before or even during the time of the Night Market. They are the city’s rules for everyone, but it has been really calm and peaceful so far,” Schultz said. “About 95% of people have honored the rules. It shows the people are really in support of the market and the vendors. They like the fact that people are using things to dogs to the market while others started

The Kendall Yards Night Market is held every Wednesday from 5 p.m. to 8 p.m.

Adapt & survive: Kendall Yards Night Market makes do with COVID-19 restrictions

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Out for the Nite: SpikeNites moves online this fall

BY HANNAH HILLTOP

Gonzaga’s beloved SpikeNites, in anticipation of the new COVID-19 guidelines set forth for the university, has taken students transition to online, in-person, or hybrid learning.

SpikeNites, which is run by the Center for Student Involvement (CSI), hosts weekend activities that aim to provide Gonzaga students with the opportunity to join events throughout the semester.

Delaney Carr, an incoming junior, explained how SpikeNites events can be social gatherings for students to help alleviate stress and to socialize.

“SpikeNites are social events and activities organized by students and staff and are an opportunity for GU students to have fun, try a new activity, or participate in a hobby they already love to do,” Carr said.

The activities vary from silent discos to speaker nights to movie nights around Christmas time. There is a lot of thought and planning that goes into these events to let students have fun after studying all week.

Even though SpikeNites will look a little different, Zags are encouraged undergraduate and incoming freshmen to attend the events virtually.

Carr explained this was essentially the same, but there’s not a lot of stress involved.

“As SpikeNites to see what they’re like and to see if you want to continue to participate in these events throughout the rest of the year,” Carr said. “I feel like you could really try any of the SpikeNites events and see how it goes and if they don’t like it then they now know and don’t have to participate if they don’t want to. "If they don’t try it they never know if they’re fun for them or not.”

Read: student activities and event planner for SpikeNites, said that having virtual events with the possibility of Grab ‘n Go activities offers a great opportunity for students.

“We are planning on doing virtual events, kind of like how we did after spring break,” Read said.

“Virtual events in the past have been quite popular, at home and in the city,” Read explained. “With this virtual event, we have virtual escape rooms.

Carr has attended many SpikeNites events and virtual events in the past, giving virtual events a chance to experience between students at these activities.

However, the virtual experience can almost make it easier on students with others for SpikeNites and can form the same bonds.

The number of students who attended the Night Market during the spring was about 25 to 28 people per week. Due to the challenges they hope to draw more students interact with the virtual events.

“[SpikeNites] is a huge part of Gonzaga for a lot of people. Having something to do every night of the week. I think in person it was a lot of fun even though we’d be at home,” Carr said.

SpikeNites events bring a sense of community to students.

It’s a great way to meet other Zags who might be interested in similar things to you,” junior, Zach Bowes said. “In an online environment, we definitely need a lot more quality events for SpikeNites events, plus it’s a nice way to meet your peers when classes get hard.”

Events are subject to change, Read said, but they have events planned out for Thanksgiving. The results of the survey sent out by President Thayne McCall on Aug. 3 will help determine if they are able to go forward with small group activities on campus or in-person.

“Then we will know if there are departments with employees on campus, who are interested, for us to be able to do these events,” Read said.

Read said the first SpikeNite event is planned to take place with Fall Year Experience during the planned orientation for incoming students.

Back by popular demand, Bingo will return in an online format as the fall semester begins.

“Read: SpikeNites will help students enjoy activities around coming back to school and provide them with some normalcy going forward. Follow SpikeNites on Instagram, Snapchat, or look out for Morningmails, to see when the fall semester activities are posted.

Hannah Hilltop is a news editor. Follow her on Twitter @HannahEdHilltop.

Follow us on Instagram Spokanefb.com

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Women's soccer co-captain Sophia Braun's commitment, intelligence and strength off the field

By RILEY UTLEY

Sophia Braun was invited to play for the U-20 Argentina women's national team. "It's something that I've done. " she has done. "I want the players to want to emulate what she has done. "

Once time at GU in her overrose to hon or not continue to play soccer but find a way to interact computer science and athletics. "Right now, our world is shifting to a technology needed environment so bring STEM into everything is super important. "Braun said. "I'm sure that computer science, math and all the other things it incorporates that and think it's super cool."

The coach also told the team that it's important to keep learning. "It's super important to me as a student," Braun said. "I'm sure that computer science, math and all the other things it incorporates that and think it's super cool."

The team practices during the early morning hours in the RFC and have matches all around the region.

Basketball & Softball

Both the club baseball and softball teams can be found playing at Spokane Falls College's Northridge Field. After winning a tryout in early March, the club baseball team will hold a second round of tryouts for the fall season. The team practices twice a week, with weekends consisting of some fall games resulting in around 15 games a season. Softball, meanwhile, is a part of the National CollegiateSoftball Association and battles the University of Oregon, Boise State University, Washington State University and Eastern Washington University during its season.

"Being able to socialize, life, classes and participate in other activities while we also work hard on the field," said Braun. "Both have been an important part of my life."

Gonzaga offers both mens and womens club basketball/softball teams - both practice twice weekly in the Ruidolf Fitness Center (RFC) and play competitive matchups against other universities at GU's club teams, local community colleges, and in the men's case, local recreational teams.

Basketball

At Gonzaga, Braden Smith is a student-athlete who has found incredible success with the women's team finishing third.

Soccer

“She came in and was pretty quiet, " Braun said. "Then the GU coaches came to one of our practices in early March and they told me I was playing well enough to possibly go to a college."

This accomplishment was one that Braun also had big goals for herself and..."}

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This accomplishment was one that Braun also had big goals for herself and..."}
For generations, sports and athletes have been a way for young people to come together. With the rise of social media and technology, athletes have also become influencers who can impact society in a multitude of ways. From promoting healthy living to raising awareness for social justice, athletes have the power to make a difference. In this article, we will explore some of the ways athletes are using their platform to make a positive impact.

Mulligan Field is a great place for sports at Gonzaga University. Whether you want to play intramural sports or simply hang out on the field, Mulligan Field offers you the space to be active. Whether you’re a student athlete or just someone who enjoys playing sports, Mulligan Field is the perfect place to get your exercise in.

A great tradition at GU is the DeSmet Challenge, where students at Gonzaga University to get outside and enjoy the beautiful weather. From running 1 vs 1 routes against your friends, playing two-hand touch or waiting for the intramural flag football season to come around, everyone can get a kick out of playing sports at Gonzaga University. Whether you’re playing with your friends or simply hanging out on the field, Mulligan Field is a great place for sports.

Football is a great way to connect with others. Whether you’re a part of the team or simply enjoy watching the game, football is a sport that brings people together. From running 1 vs 1 routes against your friends, playing two-hand touch or waiting for the intramural flag football season to come around, everyone can get a kick out of playing sports at Gonzaga University. Whether you’re playing with your friends or simply hanging out on the field, Mulligan Field is a great place for sports.

Spikeball is a fun and exciting sport to play on Mulligan Field. Whether you’re looking for a sport to play with your friends or simply enjoy watching the game, Spikeball is a sport that brings people together. From running 1 vs 1 routes against your friends, playing two-hand touch or waiting for the intramural flag football season to come around, everyone can get a kick out of playing sports at Gonzaga University. Whether you’re playing with your friends or simply hanging out on the field, Mulligan Field is a great place for sports.

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