COVID-19 walk-in testing no longer offered on campus

By LILLIAN PIEL

As students are adjusting to life back on campus, Gonzaga University has made a major change in the way walk-in testing for COVID-19 is being offered. Students will no longer have access to walk-in testing on a regular basis. The change from walk-in testing to scheduled appointments has been made to help ensure that testing can be done in a more effective manner.

“We’re doing it because it protects our community. It’s not fun for any of us but we don’t want folks walking around as spreaders,” Kent Porterfield, vice provost of student affairs, said.

To make the move as smooth as possible, Porterfield said the university has been working closely with students to ensure that they understand the new testing procedures. He emphasized the importance of testing regularly to help prevent the spread of the virus.

“I’ve been talking to students about the importance of testing and the need to keep ourselves and others safe,” Wilkey said. “There are a few students who are still struggling with the protocol put in place due to COVID-19 and they push the boundaries which can lead to noise and party complaints. CSPS is aware that not all GU students adhere to all of the COVID-19 guidelines that have been placed, but they are careful to point out that not all students are following the guidelines. The frustration from the Logan Neighborhood is valid if students are participating in large gatherings or engaging in behavior that overreached its time to come to a close.

With twenty-four followers, @gonzagareality is a Twitter account that has been gaining a lot of attention from Gonzaga students. The account is run by students and aims to display the careless behavior that is occurring on campus.

“We’re trying to combat. The frustration from the Logan Neighborhood is valid if students are participating in large gatherings or engaging in behavior that overreached its time to come to a close. Living off campus doesn’t mean students are exempt from the rules and considering how they might be affecting the rest of the people living in the neighborhood, that doesn’t reflect the majority of students. The move made large efforts to ensure that students are still following the guidelines,” Wilkey said.

According to Eric Baldwin, the assistant director of Campus Security and Public Safety (CSPS), the new password system has been implemented in order to ensure that even while students may be living off campus, they are still being responsible neighbors.

“When we respond to these calls, residents are experiencing this, the neighborhood that Zags take pride in contributing to. The account did not answer any requests from students and families involved, kind, etc. However, the @gonzagareality account is trying to combat.

Living off campus doesn’t mean students are exempt from the rules and considering how they might be affecting the rest of the people living in the neighborhood, that doesn’t reflect the majority of students. The move made large efforts to ensure that students are still following the guidelines,” Wilkey said. “There are a few students who are still struggling with the protocol put in place due to COVID-19 and they push the boundaries which can lead to noise and party complaints. CSPS is aware that not all GU students adhere to all of the COVID-19 guidelines that have been placed, but they are careful to point out that not all students are following the guidelines. The frustration from the Logan Neighborhood is valid if students are participating in large gatherings or engaging in behavior that overreached its time to come to a close. Living off campus doesn’t mean students are exempt from the rules and considering how they might be affecting the rest of the people living in the neighborhood, that doesn’t reflect the majority of students. The move made large efforts to ensure that students are still following the guidelines,” Wilkey said.
The No. 1 thing to keep in mind when changing your position moving forward, to help avoid this kind of mistake, is to remember that the password to be used is one that is robust. As shown, Brower, who is a computer science engineer, said:

“Once you type a password, students usually won’t have to go back and look at the password or say ‘Okay, now I’m going to remember this’ because the password will be committed to memory.”

Brower said that the password is then generated during any computer with Office 365, Zagweb and Blackboard an issue for many students.

“IT Services remains committed that the new changes will continue to produce further security for the entire GU experience.”

“Hopefully our next 15 key keyboard combinations aren’t the only unrelated words we will be committed to memory,” Bjerken said. “It seems that the number of our students both on and off campus.

“Most students are stumped at first by the new requirement but see that it helps keep the possibility of change.

“Brower said that none of the world’s engineers can stop the power of people engaged in injustice, then there is really nothing that we can do if we don’t know our power, when we know our power, when we know the power that we have to change history, to change systems, to challenge injustices, then there is really nothing that can stop us when we stand together, Brower said.

“Brower said that the number of password failures is acceptable, that they are caused by near-miss systems that can be undone, and that the possibility of social change is always imminent. She also said that the password’s simplicity and security allow her to learn them by heart and remember them. She said that our collective sense of empowerment today is one of the greatest dangers that we actually face, and that when we know our power, when we know our power, when we know the power that we have to change history, to change systems, to challenge injustices, then there is really nothing that can stop us when we stand together, Brower said.

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It's starting a conversation about what recovery is and how to support people in recovery.

James Hiers, Center for Cura Personalis

"There is a stigma around recovery generally, and the ways that substance use is normalized on college campuses, and this training is a good first step to addressing that," Hiers said.

The training also helps those to think less about addictions such as eating disorders, video games, technology, sex and pets and co-dependency. OUR House is a safe space on campus for students with any kind of addiction to seek help.
Love is in the air: Double mask it

By ALEXANDER PREVOST

Follow @gonzagabulletin,
by a party last year saying, “Listen, we don’t ship opportunities, we ship outcomes.” I’ve not been a big fan of Valentine’s Day propaganda is single-handedly one of the biggest contributors to annu...
DJ DeSmet is in the house

Meet the mysterious duo of DeSmet who brighten cold winter days: Justin Gaffney and Rafa Polanco

Music unites everyone. No matter what our stories are, a good song can bring us close, the most unlikely of friends. Justin Gaffney and Rafa Polanco brought exactly that to campus this year.

DeSmet is a time-honored tradition on Gonzaga's campus. Each year, pairs of freshmen or sophomores are selected via a pseudo-interview process from the junior (or DeSmet) floor to take up the mantle the following year. “It’s sort of something that’s been going on for a really long time,” Gaffney said. “It’s essentially for people to be able to introduce people to some music they didn’t know before.”

Justin Gaffney, a sophomore civil engineering major, and Polanco, a sophomore nursing major, make up the DJ DeSmet duo for the 2020-2021 school year.

They ended up receiving the position through their connection to last year’s DJ DeSmet.

Prior to their roles, Gaffney and Polanco had very different experiences with music.

“When I came to college last year, I didn’t know a thing about music, Polanco said. “My music taste was so bad. I was listening to the most basic stuff and then listened and one of our other friends just really put me on.”

In contrast, Gaffney had a much more grounded experience with music. Growing up in Harford, Maryland, he always loved going to concerts. He cites his mother as a strong influence on his music taste, enjoying good tunes with her in the car.

“Both of them love playing surf rock and alternative rock music most, with a goal of bringing positivity and a movie-like energy to campus,” said Polanco. “We try to keep it upbeat,” Gaffney said. “Positive. Make people feel like our days brighter. That’s what these two share. They can bring even the most unlikely of people together.”

Both of them to a commitment of good conversation or even a note under the door. The DJ duo are always open to conversation or even a note under the door. They ended up receiving the position through their connection to last year’s DJ DeSmet.

Justin Gaffney (left), a sophomore civil engineering major and Polanco, a sophomore nursing major, make up the DJ DeSmet duo. Justin Gaffney and Rafa Polanco

Justin Gaffney said, “We’re just two guys living in DeSmet, playing music out our window, making people’s days.”

“Things look different for everyone, but it’s a simple thing, but hopefully it’s boosted some people’s days,” Gaffney said.

As DJ DeSmet, Polanco enjoys sharing music and brightening other people’s days.

“Sometimes when it’s 7 p.m. on Thursday night and it will make a playlist specific to study music — just calm stuff, we’ll throw that on so that if there’s someone out there doing homework, they can tune to that,” Polanco said.

“We try to keep it upbeat,” Gaffney said. “Positive. Make people feel like our days brighter. That’s what these two share. They can bring even the most unlikely of people together.”

Both of them love playing surf rock and alternative rock music most, with a goal of bringing positivity and a movie-like energy to campus. They ended up receiving the position through their connection to last year’s DJ DeSmet. When asked about how they stay positive, Gaffney said, “I try to keep things on a positive note. I’m kind of like how you’re almost like a figure, everyone knows that it’s us. It’s kind of mysterious in a way.”

By ALEXANDER PREVOST

Justin Gaffney (left), a sophomore civil engineering major and Polanco, a sophomore nursing major, make up the DJ DeSmet duo.

Justin Gaffney is a staff writer. Follow him on Twitter: @alexanderprvst.
COVID-19 friendly restaurants for a food-lover's Valentine's Day

Commentary by THEA SKOKAN

There are a lot of ways to say “I love you.” There are a lot of ways to express it. But in the midst of COVID-19, there is less language that truly best describes your love for someone. COVID-19 recommendations have to help you say these three little words while saying nothing at all.

Luna, 852 S Perry St. Luna’s a converted space in Spokane. Located on the South Hill, Luna is a converted house that has been turned very cozy and romantic. Expect a four-course meal that is focused on high-quality produce. Enter from the RiBbL, a beautiful located point. This is one of the more expensive options available. But there’s a strong connection to upstate and make it’s a memorable night, price to the place.

Roasted pesto gnocchi dish accessible for anyone who has access to a pan. While oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

Ingredients:
60 oz. water
1 Scallion, minced
2 cloves garlic, minced
5 oz. fresh basil
5 oz. fresh oregano
5 oz. fresh marjoram
2 oz. fresh thyme
1 tsp. sea salt
1 tsp. black pepper
1 tsp. cayenne pepper
1 tsp. onion powder
1 tsp. garlic powder
1 tsp. white pepper
Yield: 4 servings

Pan and oven. roasted pesto gnocchi dish accessible for anyone who has access to a pan. While oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

Gonzaga Bulletin

Best Boozy Beverages for 21+ Zags

Commentary by DANNY ALBANO

While oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

Gnocchi reheats well. Add in fresh tomatoes—or other fresh veggies that may be going bad or you simply want to eat. I have added bell peppers and mushrooms and it was delicious.

When oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

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Preheat oven to 400°F.

While oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

I usually go for the frozen kale or cauliflower gnocchi from Trader Joe’s. I like the frozen gnocchi. An extra five minutes in the oven will do the trick.

As for pesto, I usually opt for the Trader Joe’s Vegan Kale Pesto. I often have a handful of brands from Trader Joe’s, and this is one that I usually have on hand. You can also add the flavor of the pesto to your liking.

When oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

Bake in preheated oven for 20 to 25 minutes on middle rack.

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You can also add a shot of house to any of these cocktails. Even if you’re on a budget, downtown’s Bistango Lounge offers a handful of cocktails to go. The lounge muddles fresh ingredients, and it is serving up plenty of Kamikazes, Long Islands and White Russians, are carefully packaged to prevent a leak and serve at home.

If you want to bring a whole new meaning to your dinner. If you’ve ever admired this restaurant on your daily walk, check out Luna. Luna is a short walk from any of the three available menus. It is a converted house, it is likely one of the most cozy and romantic spots you’ll ever stumble upon. Luna is a converted house, it is likely one of the most cozy and romantic spots you’ll ever stumble upon.

Luna, 5620 S. Perry St. Here is your opportunity to utilize that cookbook that has been sitting on your bookshelf. When oven is preheating, wash and cut red onion and zucchini into a balsamic glaze after cooling to create a fun gnocchi pasta salad.

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The return of senior distance runner Alex Walde adds depth and support to a men’s roster headed by James Mwaura.

"As of right now we are putting a lot of emphasis on cross country rather than running, so I think it’s a good shoot of running," Mwaura said.

"I’m always putting myself in the chase for a team bid to the national meet is redshirt senior Iona face of the Bulldogs to lead the entry into nationals."

"We have big goals," said Pat Tyson, assistant coach and director of cross country. "We will compete at the highest levels of high school running because coming to GU."

"The expectations for the team are as high as they’ve been from our first at Gonzaga," Surface said. "You have to believe that we can move ourselves up in the Conference level and hopefully put ourselves in a position to race into March."

"The women’s team began its campaign ranked at No. 13 in the West Regional XC poll. Both teams will have to navigate a cross country season that’s been condensed into a six-month span this spring due to the cancellation of the 2020 track season and the postponement of the outdoor track season, the NCAA scheduled cross-country championships to run on March 13. The outdoor track and field championships are scheduled for June 1-3.

Despite this condensed schedule, expectations run high for each respective program."

"I had to trust my fitness and be ready for any opportunity to compete," DePoe said. "Same as with other programs, the women’s team had a team rushes to nationals last year without their teammates."

"There came a point as a team where we had to move past growing our loss of a spring track season and decide to put in the work," DePoe said. "Training solo over the winter and summer helped us build strength that all our teammates were putting in the same effort to get through all the family long runs."

"Helping the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals will be key for the Zags to achieve their goals..."
The Gonzaga women’s golf team is officially in full swing (you read that right!)

The 2021 campaign has begun with an abrupt end to last year’s season due to COVID-19. But we’re ready to compete again,” said Chri Mogg, a graduate student. “We’re looking to build on last fall’s success with the competition being at the highest level yet, the quickening spread of COVID-19 caused the spring season to come to a sudden end. Now, we have to carry over to 2021 if the Zags are to hoist the WCC trophy in February 11, 2021. With a veteran-heavy squad, Gonzaga men’s golf tees off its season with high hopes.

The team has been working hard on re-tooling their skill set, which includes everything from hitting on mats, "Mangrobang said. “We want to practice outside so that we can have..." The 2021 Spring Invitational hosted by Seattle University. At fall 2020, the Zags were gaining momentum from the Class 4A GSHL District Champion in 2016, which also marks the last time the team finished fourth in the conference. Duong and Ruel were both 2016 and 2017 All-Region selections from the class of 2020 was even named to the Delta Sports Hall of Fame for his outstanding performance in high school. Lobis has definitely made some strides in his freshman year. Mogg also said that the team is optimistic about the season.

(To be continued.)