



Health Professions Pathways Program (H3P)

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PRE-OCCUPATIONAL THERAPY RECOMMENDED COURSEWORK

OT schools do not require a specific undergraduate major for admission; however, they do expect applicants to complete foundational coursework in the basic sciences. The Health Professions Pathways Program, in collaboration with campus academic partners, recommends the following coursework to help students meet common U.S. occupational therapy school prerequisites and prepare for competitive admission.

Because prerequisite requirements vary among OT schools, these recommendations may not satisfy all requirements for every institution. Coursework beyond the recommendations listed below may be required or recommended by specific OT schools. Additionally, some OT schools may accept equivalent coursework that fulfills the same subject requirement. Students should use these recommendations as a guide, consult with their academic advisors, and verify requirements through the [ACOTE School Directory](#) and individual program websites.

RECOMMENDED GU COURSEWORK ALIGNED WITH COMMON OT SCHOOL PREREQUISITES	CREDITS
1 Semester of Biology	
BIOL 105/L Info Flow in Biological Systems with lab	4
1 Semester of Chemistry	
CHEM 101/L General Chemistry with lab	4
2 Semesters of Anatomy & Physiology	
HPHY 241/L Human Anatomy & Physiology I with lab	4
HPHY 242/L Human Anatomy & Physiology II with lab	4
1 Semester of Mathematics	
MATH 121 Statistics	3
1 Semester of Sociology / Anthropology	
SOCI 101 Introduction to Sociology	3
2-3 Semesters of Psychology (Intro, Abnormal, and Lifespan Development)	
PSYC 101 General Psychology (<i>highly recommended</i>)	3
PSYC 364 Abnormal Child Psychology or PSYC 390 Psychopathology (<i>varies by OT school</i>)	3
PSYC 357 Lifespan Development (<i>varies by OT school</i>)	3
Medical Terminology	
CLAS 199 – Medical Terminology	1
TOTAL	29 to 32

Additional Considerations:

- A major or minor in Psychology is recommended as it provides relevant academic prep for OT school and greater access to upper-division Psychology courses.
- AP, IB, and dual-enrollment credit may not satisfy prerequisite requirements.

Student Responsibilities:

Students are responsible for confirming prerequisite or minimum-grade requirements, co-requisites that must be completed concurrently, registration restrictions (major, minor, class standing) and course availability and scheduling. Verify this information through Zagweb, the Gonzaga course catalog, or consultation with an academic advisor.