



Health Professions Pathways Program (H3P)

Crosby Main Floor • h3p@gonzaga.edu • www.gonzaga.edu/h3p

PRE-OCCUPATIONAL THERAPY RECOMMENDED COURSEWORK

Occupational therapy schools do not require a specific undergraduate major for admission. However, they do require a strong foundation in the basic and social sciences. Each school determines its own prerequisite coursework, but based on best practices and available information, H3P (in collaboration with Academic Advising) recommends pre-OT students complete the following courses:

Recommended Courses at Gonzaga	Credits
1 Semester of Biology	
BIOL 105/L Info Flow in Biological Systems with lab	4
1 Semester of Chemistry	
CHEM 101/L General Chemistry with lab	4
2 Semesters of Anatomy & Physiology	
HPHY 241/L Human Anatomy & Physiology I with lab	4
HPHY 242/L Human Anatomy & Physiology II with lab	4
1 Semester of Mathematics	
MATH 121 Statistics	3
1 Semester of Sociology / Anthropology	
SOCI 101 Introduction to Sociology	3
2-3 Semesters of Psychology (Intro, Abnormal, and Lifespan Development)	
PSYC 101 General Psychology (<i>highly recommended</i>)	3
PSYC 364 Abnormal Child Psychology or PSYC 390 Psychopathology (<i>varies by OT school</i>)	3
PSYC 357 Lifespan Development (<i>varies by OT school</i>)	3
Medical Terminology	
CLAS 199 – Medical Terminology	1
TOTAL	29 to 32

Instructions & Notes:

- Students should use this list of recommended coursework as a **guide**, and work with their advisor and/or [Academic Advising & Assistance](#) to develop an academic plan that aligns with individual needs and goals.
- A major or minor in Psychology is recommended as it provides relevant academic prep for OT school and greater access to upper-division Psychology courses.
- OT schools may accept EDPE 276/L and EDPE 277/L for A&P requirement as well as a major-specific Statistics course – contact individual schools.
- Occupational Therapy programs accept AP coursework on a case-by-case basis.
- OT schools may require or recommend additional coursework not listed here. Students are responsible for researching individual OT school admissions information to ensure fulfillment of coursework that makes for competitive candidacy at those schools. Search for programs via the [ACOTE School Directory](#).
- This information is accurate as of the date listed below, and courses are subject to change. Providing this information does not guarantee availability of or access to courses.

Students are ultimately responsible for confirming:

- Details about when courses are offered and any restrictions that may require course authorization for approval to register. This information can be researched in Zagweb, the course catalog, and/or by appointment with an academic advisor and may include:
 - Pre-requisites (course or minimum grade) that need to be completed prior to registering for a course
 - Co-requisite course (or other requirement) that a student must take at the same time
 - Restrictions (major, minor, or class year) that may prevent a student from registering for a course