Many students find the best time for an internship is during summer break. There are great benefits to this plan!

- You can devote yourself without distraction to your workplace, without trying to balance class loads or timelines.
- Full time paid summer internships are a potential source of income for you, as well as experience.
- Some great internships are only available during summer months.

Students often wish to return home for the summer and hope to arrange an internship within their own region. Fortunately, internships can be found just about anywhere! They can also be created through a proposal by you!

- Take time to conduct research about the companies and organizations located within your geographic locale. Check to see if any already have an existing internship program, or may be open to one. Contact their Human Resources office and inquire how to begin the process. With the appropriate contact in place, you can make a proposal.

- Search ZagTrax, or one of the many internship sites that list opportunities around the country. The Career Center & GAMP can assist with ideas and resources.

- Hold conversations and network with your parents, professors, and friends. Discover what opportunity or connection might already be in place for you.

- Attend a job search/internship training session in the Career Center. Check ZagTrax for times and places. (www.zagtrax.net)

- Check with the Career Center & GAMP for information regarding reciprocity arrangements with other Jesuit universities across the country. With a reciprocal agreement you will be free to locate internship opportunities listed only in the database of that institution.

- Update your resume, cover letter and practice interviewing skills. Visit the Career Center & GAMP or check out our website for assistance with preparation. (www.gonzaga.edu/careercenter)

- In order to identify the best opportunity and feel prepared, begin the process early in the spring semester to the summer in which you intend to intern.