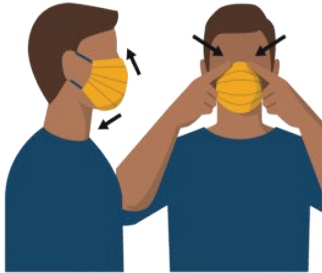


Use of and Care for Face Coverings



Putting on the cloth face covering

- ☑ Wash hands or use sanitizer prior to handling the face covering.
- ☑ Make sure the face covering fits over the nose and under the chin.
- ☑ Tie straps behind the head and neck or loop around the ears.
- ☑ Make sure the covering fits snugly against the sides of your face.
- ☑ Avoid touching the front of the face covering.
- ☑ Make sure you can breathe easily.



Taking off the cloth face covering

- ☑ Untie the strings behind your head or stretch the ear loops.
- ☑ Handle only by the ear loops or ties.
- ☑ Fold outside corners together.
- ☑ Place covering in the washing machine; if unable, follow storage steps.
- ☑ Be careful not to touch your eyes, nose and mouth when removing.
- ☑ Wash hands immediately after removing.

Care, storage and laundering

- ☑ Store face coverings in a paper bag (or in any bag that keeps the face covering separate from other items) when not in use.
- ☑ Cloth face coverings should be worn for a single day, and should be washed before first use and between each use.
- ☑ Cloth face coverings should be washed in the washing machine with regular laundry detergent or by hand using a bleach solution. Allow to completely dry.
- ☑ Cloth face coverings should be replaced immediately if soiled, damaged (e.g. ripped, punctured) or visibly contaminated.
- ☑ Disposable masks must not be used for more than one day and should be placed in the trash after your shift, workday, or if it is soiled, damaged (e.g., stretched ear loops, torn or punctured material) or visibly contaminated.



Source: Center for Disease Control (CDC) and WA State Department of Labor & Industries (L&I)

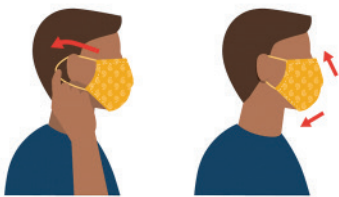
Updated 9.01.20

When & how to use a cloth face covering

Cloth face coverings—homemade or purchased—keep respiratory droplets from escaping into the air.

- ☑ Wear cloth face coverings over your nose, mouth and chin.
- ☑ Wear a cloth face covering to protect others in case you are infected.
- ☑ Do not use a face covering meant for health care workers, such as N95 masks, unless required for your work.
- ☑ Cloth face coverings are not a substitute for physical distancing; they should always be worn in the presence of others and in public settings, even if social distancing can be achieved.

How to select a proper face covering



It is recommended that cloth face coverings be at least 2 layers of fabric and made from either 100% polypropylene or a mixture of cotton and polypropylene. Polypropylene is a synthetic fiber like polyester, but is even more water resistant. The less likely your face covering is to absorb saliva that might contain the virus, the better. This is why 100% cotton face coverings are not a good choice.

Do I need to wear a face covering?

Everyone on the Gonzaga campus is required to wear a cloth face covering, except if they are alone in a private work or study space or in their own private residence.

Scenario	Yes	No
Walking around campus alone or with others	✓	
In a classroom	✓	
In common indoor areas (Hemmingson, bathrooms, hallways, etc.)	✓	
In line for food at the COG	✓	
Alone in my dorm room or private residence		✓
In my dorm room or private residence with my room/house mate(s)		✓
Alone in a private study space (Hemmingson or Chastek Library study rooms with doors)		✓
Alone in an open public setting study space (Hemmingson lounge, Foley study desks, etc.)	✓	
On or off campus with people other than my room/house mate(s)	✓	

Visit gonzaga.edu/ZagOn

for the latest information and guidance on face covering use on campus.