

The Gonzaga Bulletin

A student publication of Gonzaga University

SEPTEMBER 24, 2020

www.gonzagabulletin.com

VOL. 132 ISSUE 6



BASKETBALL IS BACK

CHIARA MCINNELLY IG: @picsbychiana

Division I teams will go through a "transition period" before the preseason begins to alleviate any challenges the players faced due to COVID-19.

NCAA announces 2020-21 basketball season will start Nov. 25

By VINNY SAGLIMBENI

The words college basketball fans have been waiting for months to hear what can now be said: college basketball is back.

The NCAA announced on Sept. 16 that the Division I Council approved the first date of men's and women's basketball competition for Nov. 25, postponing the original Nov. 10 start date two weeks.

"The new season start date near the Thanksgiving holiday provides the optimal opportunity to successfully launch the basketball season," said NCAA Senior Vice President of Basketball Dan Gavitt via an NCAA news release. "It is a grand compromise of sorts and a unified approach that focuses on the health and safety of student-athletes competing towards the 2021 Division I basketball championships."

According to the news release, the Nov. 25 start date allows for teams to stay on campus in a safe manner, as 75% of Division I schools will have already finished their fall semesters by then or schools will have already moved classes online.

With the announcement of the new start date for the 2020-21 NCAA basketball season, four games will be cut for the upcoming season. According to the news release, men's basketball programs have three options for how they can schedule

their seasons.

"In men's basketball, teams can schedule 24 regular-season games and participate in one multiple-team event that includes up to three games; 25 regular-season games and participate in one multiple-team event that includes up to two games; or 25 regular-season games if a team does not participate in a multiple-team event," the news release said.

For women's basketball, teams will be given the option of either participating in a 23-game season with one multiple-team tournament with a maximum of four games or a 25-game season with no multiple-team tournament.

Practices for teams will begin Oct. 14 and will be given 42 days to have a maximum of 30 practices. According to the news release, teams must have an off-day a week, and the maximum time spent practicing during that time is 20 hours a week and four times a day.

Prior to practices, Division I teams will be given a "transition period" between out-of-season activities and preseason practices "to provide additional time for players to prepare for the upcoming season based on the mental and physical challenges basketball players are facing as a result of the pandemic," the news release said.

"The transition period will occur Sept. 21-Oct. 13, and teams may participate in

strength and conditioning activities, sport-related meetings and skill instruction for up to 12 hours a week, with an eight-hour limit on skill instruction," the news release said.

According to the news release, players must have two days off per week during the transition period.

Gonzaga athletic director Mike Roth said head coaches Mark Few and Lisa Fortier and their respective staffs have been on top of everything when it comes to resetting the schedule with the newly announced start dates. Roth said going forward, it looks likely that we will see pods rather than home and away games, but that is information Roth said is still being worked out.

"Things will start to come together," Roth said.

Roth also said that the likelihood of having fans attending games is presently unlikely.

Regardless of whether fans will be allowed to enter The Kennel this season, Gonzaga basketball presently is just around the corner, with NCAA basketball fans circling Nov. 25 waiting eagerly for the welcome home party that is college basketball.

Vinny Saglimbeni is a sports editor. Follow him on Twitter: @vinnysaglimbeni.

How to get involved at CCE during a pandemic

By ANDERS SVENNINGSSEN

As students return to life at Gonzaga this fall, there are some noticeable differences due to the COVID-19 pandemic. The most heartbreaking difference for some may be losing the bright smiles of children when they get off the bus for Campus Kids, a program offered at GU through the Center for Community Engagement (CCE).

CCE at GU has a rich history coordinated with public institutions to bring fun, engaging and valuable volunteering opportunities for all students to participate in.

"Within the center there are many different kinds of programs, of course this year all of that is going to look very different," said Abbey Martin, the youth programs director at CCE. "There is Campus Kitchens, which deals with food insecurities in the Spokane Area and Immersion Programs like Mission Possible, a spring break trip during which students can travel to different locales in the U.S. and partner with organizations working on specific justice-oriented issues."

With the recent development of COVID-19, CCE has been confronted with the challenge of coordinating these programs amid new restrictions. Dealing with questions about how to handle programs that relied heavily on the physical elements of human interaction and melding them with pandemic guideline-friendly practices.

CCE is committed to change and advancement at GU, where students have access to programs that are enriching to the youth, but also to themselves as they learn and grow alongside the kids.

"The dream being that kids would have an opportunity to go to our youth programs, starting in third grade, Zag Study Buddies for instance, and then having a program to be plugged into, and having a Gonzaga connection all the way through high school," Martin said. "Many of those programs center around having a positive orientation towards the future including college or

SEE CCE PAGE 2

Caño faces unconventional transition to GU head on

By VINNY SAGLIMBENI

The new dean of the College of Arts and Sciences, Annmarie Caño, is making her transition to Gonzaga University this academic year under unusual circumstances. After working at Wayne State University as an associate provost for faculty development and success and professor of psychology, Caño looks to the future, and even during this time of COVID-19, she still has big goals for GU.

Here's a further look at the new dean of the College of Arts and Sciences.

The Gonzaga Bulletin (GB): How did you end up at GU?

AC: I've been a professor for about over 20 years, and over that time, I took on a number of different leadership positions and I really enjoyed making things happen for other people. At the same time that I was rising up the ranks, I was also getting more involved with the Jesuits in Detroit doing retreats. It became increasingly clear over time that spiritual side of what I was doing outside of work and the actual work at the college that I really wanted those to merge a little bit.

The thought of working at a Jesuit institution

was becoming more and more attractive over time. I saw the Gonzaga position open up and did some research, and it looked like a really attractive, exciting place to be and all the things that I was looking for in a position and the process unfolded here I am.

GB: What were some of the obstacles you faced when moving from Detroit to Spokane?

AC: When I accepted the position, COVID-19 wasn't even really a thing, like, in terms of what we knew. I have a sense of solidarity with students who are graduating this last spring because in my mind, I was planning like, 'Oh, I'm going to have these going away parties, all these people I've known for 20 years, I love them. I've got friends here I want to celebrate and just have a nice ending.'

We weren't able to do any of those things that we had wanted to do like all our dreams for how we would complete our time. We couldn't say goodbye to our friends that way we normally did. We had some socially-distance-drive-by-going-away parties and



PHOTO COURTESY OF ANNMARIE CAÑO

Caño previously worked at Wayne State University as the associate provost for faculty development and success and a professor of psychology.

SEE ANNMARIE PAGE 2

GU law student represents case to remove racist deed

By MELINA BENJAMIN

Though students may not be aware of it, Spokane's history, defined by a timeline of both good and bad events, surrounds Gonzaga University's campus and still holds implications for the present.

Documents that instituted racist housing policies in Spokane remains on the record. Though unenforceable since 1948 due to a federal law, a GU law student is working to remove them and is facing Spokane County in court.

These covenants attached to land transfer titles restrict one party from selling or leasing their property to another party who is not white, essentially restricting a person of color from buying or leasing a home or business.

Rick Eichstaedt, local attorney and past professor at the GU School of Law, supervised this case in GU's Environmental Law Clinic. He represented Alex May, a homeowner who found one of these covenants attached to the house he and his wife purchased

in the Comstock Neighborhood on the South Hill in 2017.

Two interns previously worked with Eichstaedt on this case.

The long battle, that began in 2017, to remove this restrictive language from records continues this year as Kiel Frey, a third-year law student at GU School of Law and the third student to work on this case, argued before the Washington Court of Appeals, Division 3 in a virtual hearing the morning of Sept. 17.

May, the issuer of this lawsuit, lost his case at the trial court and is appealing the 2019 ruling from the Superior Court that stated Spokane County and the county auditor, Vicky Dalton, do not have the authority to alter records under state law.

"I was motivated to do something about it. But I never expected this case to be continuing into 2021," May said. "Thinking of other homeowners, it seems unlikely that many people will do this so I hope this

sets a precedent for how to get this done more effectively."

"What we are absolutely hoping for is that the court of appeals will reverse the superior court's decision and enter an order for the county auditor or the appropriate entity to strike and eliminate these racial restrictive covenants from the public record," Frey said.

There are about 35 to 50 houses that hold racial restrictive

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Find your future plant for your home, apartment or dorm at The Fern Plant Shop

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SPORTS

Former GU basketball forwards named to NBA All-Rookie teams

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CCE

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career readiness, so perhaps those youth themselves will be future [GU] students one day.”

Martin described several adjustments necessary to the initial outbreak as school closures began. Aspects of necessary distanced programming were first implemented with a letter writing campaign.

Student mentees of the Campus Kids programs wrote letters back and forth with student mentors, as important discussions of constructive closure and wrapping up the year became part of the programming. The results of this impressive letter campaign included over 300 letters written and sent across CCE programs, as the pandemic continued and students were pushed away from mentors.

“It’s taken creativity, innovation, time and listening to the needs of our community partners to find engagement approaches that are responsive and supportive in this current environment,” said Molly Ayers, director of CCE, in an email. “Adaptations have been made across the board. Our strong partnerships have allowed us to be at the table with many of our partners in trying to identify the best ways to support individuals, youth and families in our neighborhood and across Spokane.”

With passionate staff like Martin and Ayers working diligently to bring volunteering opportunities back to campus this fall, there has been a movement toward creative new solutions for programs available to students. Campus Kids will shift into a virtual programming platform possibly integrated into the school day. Martin outlined three important foundational aspects of new pandemic programming set to include academic support, social and emotional connections and fun and recreation for all students involved.

“We’ve come up with virtual programming protocols, using the best practices in the field of mentoring and also what other universities who do this kind of work are doing in response to this,” Martin said. “Knowing that we face all kinds of challenges as far as boundaries, privacy concerns and also how to make

this new kind of programming engaging.”

Remaining dedicated to the community, CCE has ramped up meal delivery programs and food opportunities for local families, with over 20,000 meals delivered just this summer, Ayers said. This dedication will continue into the fall with students making a return to campus.

Martin said it’s important to understand the monumental change that has occurred. She encourages students to be patient while waiting for opportunities to be made available to student.

“In a normal year, we would be full swing into recruitment at this time, with hundreds of [mentors] coming through our office,” Martin said. “This year we’re really relying heavily on our veteran mentors due to their training and experience. That’s not to say there aren’t opportunities to get involved through our office but accommodating new circumstances doesn’t allow the same number of new relationships we’ve been able to create in the past.”

Regardless of constraints, CCE is preparing for a productive year full of service to a community that needs it. With an Oct. 5 launch date, programming is set to begin in various modalities and across several locations on campus.

For information, students can visit the CCE offices in the John J. Hemmingson Center, rooms 206 and 010, or its webpage on www.gonzaga.edu/student-life/community-engagement-and-service. Campus Kids, Campus Kitchen and immersion opportunities may look different due to the pandemic, but CCE is as committed as ever to serving its community in every way possible.

“Our hope is that students recognize the power of relationships and connection during these times when we feel physically separated and that they recognize, now more than ever, we need to show up for each other and our community,” Ayers said. “This may look different this year, but it is still foundational to our Jesuit mission—a belief that we are here to serve the common good and to work alongside our communities to advocate for the creation of a more just world.”

Anders Svenningsen is a staff writer.

By ALEXANDER PREVOST

As the school year goes into full swing under unusual circumstances, campus safety is a primary concern for many.

Though life is altered from what we usually know, many of the same safety procedures and protocols are still the same, both on and off campus.

For those living on-campus, students can look to their resident assistants (RA) as their primary source for personal safety. They help build communities, ensure physical safety by reporting misconduct when necessary and refer students to on-campus resources based on their circumstances. When issues arise between roommates, they serve as mediators. Furthermore, they’re actively working to help students follow COVID-19 procedures.

“With COVID-19, we’ve been making sure people have been wearing masks. We’ve been trying to make sure people are following COVID-19 policy rules such as not bringing people over from any other dorms,” said Richard Boulay, Coughlin RA.

RA’s serve as more immediate lines for emotional and physical safety. If their general RA isn’t on duty, students can call the RA on duty whenever they feel unsafe.

In addition to this, organizations such as the University Multicultural Education Center (UMEC) and the Lincoln LGBTQ+ Center work to make the campus a safer space for the underrepresented individuals. Center for Cura Personalis acts as an umbrella safety organization for all students at Gonzaga University.

There are also blue light phones scattered across campus. These serve as hotlines to Campus Security & Public Safety (CSPS). Students can request safety escorts, call to report a crime and more.

CSPS plays a large role in facilitating student safety both on and off campus. They provide



BULLETIN FILE PHOTO

Crime prevention and education officer, Philip Tyler said Campus Security and Public Safety patrol borders extend well into the Logan Neighborhood.

safety escorts which bring students to and from locations if they feel unsafe. They also teach self-defense to students and provide access to daily crime logs. These display where crimes happen on campus and in the surrounding area.

Students off-campus also have access to CSPS.

“We really have it in three phases. The immediate area — our campus — is our main concern,” said Philip Tyler, crime prevention and education officer. “Then we have secondary and tertiary patrol zones. Those are established because we know Gonzaga students, upperclassmen and women, live off campus in the Logan Neighborhood. Beyond that, Gonzaga has properties that we own that we still must maintain security over.”

CSPS works closely with the Logan Neighborhood Resource Officer and the Spokane Police Department.

Students also have access to ZagAlert and Timely Alert. These are notifications students and staff get whenever public safety issues arise on campus.

When it comes down to it, students have several resources both on and off campus at their fingertips to ensure their safety.

“We believe campus safety is a cooperative effort between our students, faculty, staff and our visitors,” Tyler said. “And our goal is to make sure that everyone that crosses the path of Gonzaga University feels safe and knows there’s an element there to protect them.”

Alexander Prevost is a staff writer.

ANNMARIE

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surreal moving across the country. We were supposed to move in June, instead we moved in May, because we already had a place to live here. Since everything was remote, it gave us more time to settle in and that was probably a really good thing for us because we were able to explore Spokane and drive around and enjoy nature before my job officially started. It’s strange looking back. I’m sure it was more stressful, but somehow, you just do whatever is the next right thing in front of you to do and you get to where you’re going.

GB: What are your main goals that you hope to fulfill in your new position?

AC: I have three overarching goals for the college that I’m starting out with, and they build on an already strong foundation that faculty and staff have built in the college. The first is sharpening our academic excellence in the college. That means strengthening interdisciplinary collaborations where faculty and students from different departments in different disciplines work on common projects to solve common problems. Part of it is enhancing the way students can get involved in research opportunities that are meaningful for them.

The second goal is cura personalis for the people in the college. That means providing professional development opportunities that recognize that we’re in a time of COVID-19. How do we work effectively, and build teams but also take care of ourselves while we’re doing it and having grace for each other as we’re all coping with different aspects of the pandemic.

The third is building an inclusive community in the college. One of the ways that we’ll be doing that is I’m

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I have three overarching goals for the college that I'm starting out with, and they build on an already strong foundation that faculty and staff have built.

Annmarie Caño, dean of College of Arts and Sciences

convening a diversity, equity and inclusion council in the college. We currently do not have one, and I think that’s very important. To begin with, I’m inviting faculty and staff to be part of that, and then soon we’ll be extending an invitation to students in the college, who would like to be part of it as well, so that we’re naming systems or procedures or curriculum even that need attention to be more inclusive.

GU: How can you relate to GU students during this time?

AC: I’m starting at a new place and meeting new people mostly on Zoom. My initial thought was, ‘How am I going to build relationships with people, meet new people, find great collaborators for different projects and find my people when I have to do all of this through a video screen?’ I was doubting myself a little bit wondering how that was going

to work exactly.

I initially thought, back in March and April when the reality started coming through, ‘this is not fair,’ like all those emotions I think a lot of students were feeling, just frustration, disappointment, sadness, grief and anger. Not anger at GU, but this anger at this virus that seems to have taken over the world. I do think I have been pleasantly surprised at how easy it is to build relationships with people and you can still read people’s facial expressions when you’re on video and you can still laugh and you can still come up with great ideas to work together.

GB: In this time of COVID-19, you could have easily decided to stay in Michigan. Why did you still decide to continue onto GU to take this position?

AC: That’s funny that you should bring that up because a friend of mine actually said that to me, ‘You know, if you told them that there’s a pandemic going on, like you’ve decided not to go anywhere, I’m sure they’ll understand.’ And I remember when she told me that I thought, ‘Oh, that is true, I could stay.’ Even though it was an option, it didn’t feel like a good option.

One of my specialties when I would work with the Jesuits in Michigan was giving retreats and workshops on good decision-making and the teachings of St. Ignatius and decision-making. When I went over every step of how I found out about the position, applying for the position, my experience being on campus in November and just feeling the energy and the vibrancy, I just felt happy here. This is a great place and I want to be a part of this. When I reviewed all of that, I was like, ‘I’m supposed to be at Gonzaga next.’ I’m going to miss all my friends, and this is a weird time to be moving, but it’s still the right choice.

Vinny Saglimbeni is a sports editor. Follow him on Twitter: @vinny@saglimbeni.

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GONZAGA STUDENT MEDIA

GU alum goes from accountant to mental health advocate

By LILLIAN PIEL

In the middle of a global pandemic, mental health is more important than ever, and Andrew Riesen, Gonzaga alum and co-founder and CEO of Heard Mental Health, is working to make sure mental health care providers can keep up with the increased demand for their services.

Riesen graduated from GU in 2015 with a degree in business administration and concentrations in finance and accounting. After entering the workforce at PwC, a company that specializes in assurance, tax and consulting services, Riesen realized soon after that he wasn't meant to have a career in accounting.

"I realized I would have a lot of time on my hands without having to study," Riesen said via email. "I took that time and invested in myself. It was the best decision I ever made."

Riesen then worked with PwC to build software and launch a new startup in the organization, which he said helped him understand how to build a software startup. This experience allowed him to create Heard Mental Health in 2019, combining his interests in building startups and mental health.

"Heard Mental Health builds software for mental health professionals, who often times are overworked, isolated and undervalued," Riesen said.

Heard's goal is to help therapists reach their full potential by providing them with a powerful platform.

"During the pandemic, our goal has been to do everything we can to ensure that mental health providers feel valued," he said.

"I think it's a perfect combination and I think it's exactly what Gonzaga as a university is trying to train our students to do, use their technical and their institutional knowledge that they've gained through GU to leverage the mechanisms and the corporate form to effect positive social change and positive quality of life changes for individuals in need," said Gerhard Barone, an associate professor of accounting who knew Riesen while he was a student at GU.

Barone said he remembers Riesen as a positive and energetic student who always had a smile on his face.

"I did not know what at the time or even up until recently he had been struggling with during his time before GU and at GU," Barone said. "A little bit of that



PHOTO COURTESY OF ANDREW RIESEN

Andrew Riesen said that putting his mental health first led him to start Heard Mental Health.

knowledge makes sense in terms of his performance, but I do remember him being very positive and very outgoing."

One thing that shocks Barone when he hears about mental health is how many young people are significantly impacted by it.

"It's great that he's trying to find his role in addressing this issue," Barone said.

"Follow what you're passionate about, even if it's not

your chosen major because you never know what people you're going to run into, what experiences you're going to have that you're going to be able to intertwine together and really be able to do what you are really interested in and what really energizes you and gets you out of bed every day," Barone said.

Riesen said he has struggled with mental health since he was a kid, and has dealt with depression, anxiety and panic attacks. He said he used to be ashamed of these mental health struggles, but ultimately prioritizing his mental health led him to create Heard.

"I would always say that you [should] follow what you are passionate about and interested in, even if your chosen major doesn't seem applicable," Barone said. "[Riesen] was an accounting and finance major, and now he's putting together a mental health service that leverages some of the things that he's learning."

Riesen said he is inspired by the resilience mental health professionals across the country have shown in their responses to not only the growing demand for mental health services, but also in their response to the pandemic and racial trauma as well.

"Many therapists are feeling the same stressors that we are as a society," Riesen said. "They are asked to respond and stand tall amongst widespread suffering, all whilst managing an intense cognitive load."

Many students are impacted by mental health issues as well, and Riesen said that acknowledging those emotions and distress can be overwhelming is the first step any student struggling with mental health should take.

He said distress can have an impact on your ability to think, as well as your ability to engage with schoolwork, your community and your friends.

If anyone is struggling with mental health, they should try to seek professional help, and talk to someone they trust about what they are going through, he said.

"We often try to push these thoughts and feelings away but often that makes them bounce back stronger," Riesen said.

Lillian Piel is a staff writer. Follow her on Twitter: @lillianpiel.

COVENANT

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covenants in this property development but the numbers are not concrete, said Fr. Bryan Pham, chaplain to the GU School of Law, associate professor of law at the School of Law and supervising attorney for the Indian and General Practice Law Clinic.

When Eichstaedt moved on to another position outside of GU, Pham took over the case and it now falls under general practice.

As part of the closing process, May and his wife's real estate agent sent over a reference that stated there was a covenant about racist housing policies in the title report that was no longer enforceable.

This realization pushed May to seek out various people knowledgeable on this subject in Spokane such as Logan Camporeale, a historian who researched these covenants during graduate school and published his findings online. Through these conversations, he connected with the Environmental Law Clinic and initiated the lawsuit to remove these racially discriminatory provisions from home deeds and titles.

He said that he wants potential homebuyers to know the entire context of what these covenants mean and that they are not enforceable anymore in order to prevent any misinterpretation.

"There is value in getting to a good point where it is clearly defined by the courts what the definition of [stricken from the record] is and if that's not aligned with what the court legislator intended, then I guess they can take it back and repeal that law, pass a new one, or clarify the language," May said.

May's overall goal for this case is to move forward with a definition of what 'stricken from the record' means.

"It's important to understand that all the judges, the opposing side, the county auditor, everyone acknowledges that this was an unjust law," Pham said. "It's not that we're fighting against racism and they're not."

The divergence in this case is over how to handle the removal or alteration of the



CHIANA MCINELLY IG: @picsbychiana

Working on these cases with GU clinics has given Frey hands on experience working alongside law practitioners.

language without overburdening someone with the task.

"There's a question of whether or not the auditor has the authority to go into the archives and white-out or delete every single title that says this," Pham said. "We're saying that statute RCW 49.60.227 gives them the authority to do it."

"One of the things the judges asked was, 'Are we at risk, if we were to eliminate this provision, of forgetting our history of a racist past?'" Pham said. "I didn't say this but anyone who experiences injustice is not going to forget that it happened to them. There are ways to remember injustices of the past. We remember the heroes who fought for justice. We don't need to have a memorial of a slave owner or a Confederate general in order to remember this history."

Pham and Frey compared the racial restrictive covenants to a Confederate statue if it were on private property.

"Kiel became sort of like an independent research student of mine," Pham said. "We get a lot of students who come into the law

school who are interns within the various clinics and by the end of the semester, they finish the required clinical credits but they may still be working on a case so I usually keep them on. This gives a sense of continuity for the clients and in this case, Kiel became very passionate."

Frey said working with GU's clinics has provided him with access to mentors and the chance to work alongside real-life law practitioners.

"Not to mention, it's pretty rare for someone at my level of experience to be arguing at the Court of Appeals. So, to have that opportunity, I'm appreciative," he said.

"It was a neat exposure to a lot of community members who are concerned about the environment, racial inequality, and local issues in a way that a private firm doesn't really focus on. There's not a lot of money you can make off of those cases so it's been an exposure to the community and an access for the community in a way that's pretty unique," Frey said.

As they await the ruling, Frey said if the

case were to be reversed, a possible issue is what the title insurance companies will do with this order.

"As much as this is a public record, they also have electronic records of hundreds of documents attached to a chain of title that they would then have to alter under court order and effectuate," he said. "This can be a point of curiosity. It is certainly doable but it is a matter of getting them to comply with a court order."

The topics and kinds of cases GU's School of Law clinics take, such as this one, address core values of justice and service at GU.

"The different clinics we have are a way to train our students to engage in the practice of the law," Pham said. "This case is important to the GU community because it allows us to put into practice what we preach. This is not just a change in one person's life, this is systemic change to address a systemic injustice."

Melina Benjamin is a news editor. Follow her on Twitter: @melinabenj.

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GU alum goes from accountant to mental health advocate

By LILLIAN PIEL

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"It's great that he's trying to find his role in addressing this issue," Barone said.

"Follow what you're passionate about, even if it's not

your chosen major because you never know what people you're going to run into, what experiences you're going to have that you're going to be able to intertwine together and really be able to do what you are really interested in and what really energizes you and gets you out of bed every day," Barone said.

Riesen said he has struggled with mental health since he was a kid, and has dealt with depression, anxiety and panic attacks. He said he used to be ashamed of these mental health struggles, but ultimately prioritizing his mental health led him to create Heard.

"I would always say that you [should] follow what you are passionate about and interested in, even if your chosen major doesn't seem applicable," Barone said. "[Riesen] was an accounting and finance major, and now he's putting together a mental health service that leverages some of the things that he's learning."

Riesen said he is inspired by the resilience mental health professionals across the country have shown in their responses to not only the growing demand for mental health services, but also in their response to the pandemic and racial trauma as well.

"Many therapists are feeling the same stressors that we are as a society," Riesen said. "They are asked to respond and stand tall amongst widespread suffering, all whilst managing an intense cognitive load."

Many students are impacted by mental health issues as well, and Riesen said that acknowledging those emotions and distress can be overwhelming is the first step any student struggling with mental health should take.

He said distress can have an impact on your ability to think, as well as your ability to engage with schoolwork, your community and your friends.

If anyone is struggling with mental health, they should try to seek professional help, and talk to someone they trust about what they are going through, he said.

"We often try to push these thoughts and feelings away but often that makes them bounce back stronger," Riesen said.

Lillian Piel is a staff writer. Follow her on Twitter: @lillianpiel.

COVENANT

Continued from Page 1

covenants in this property development but the numbers are not concrete, said Fr. Bryan Pham, chaplain to the GU School of Law, associate professor of law at the School of Law and supervising attorney for the Indian and General Practice Law Clinic.

When Eichstaedt moved on to another position outside of GU, Pham took over the case and it now falls under general practice.

As part of the closing process, May and his wife's real estate agent sent over a reference that stated there was a covenant about racist housing policies in the title report that was no longer enforceable.

This realization pushed May to seek out various people knowledgeable on this subject in Spokane such as Logan Camporeale, a historian who researched these covenants during graduate school and published his findings online. Through these conversations, he connected with the Environmental Law Clinic and initiated the lawsuit to remove these racially discriminatory provisions from home deeds and titles.

He said that he wants potential homebuyers to know the entire context of what these covenants mean and that they are not enforceable anymore in order to prevent any misinterpretation.

"There is value in getting to a good point where it is clearly defined by the courts what the definition of [stricken from the record] is and if that's not aligned with what the court legislator intended, then I guess they can take it back and repeal that law, pass a new one, or clarify the language," May said.

May's overall goal for this case is to move forward with a definition of what 'stricken from the record' means.

"It's important to understand that all the judges, the opposing side, the county auditor, everyone acknowledges that this

was an unjust law," Pham said. "It's not that we're fighting against racism and they're not."

The divergence in this case is over how to handle the removal or alteration of the language without overburdening someone with the task.

"There's a question of whether or not the auditor has the authority to go into the archives and white-out or delete every single title that says this," Pham said. "We're saying that statute RCW 49.60.227 gives them the authority to do it."

"One of the things the judges asked was, 'Are we at risk, if we were to eliminate this provision, of forgetting our history of a racist past?'" Pham said. "I didn't say this but anyone who experiences injustice is not going to forget that it happened to them. There are ways to remember injustices of the past. We remember the heroes who fought for justice. We don't need to have a memorial of a slave owner or a Confederate general in order to remember this history."

Pham and Frey compared the racial restrictive covenants to a Confederate statue if it were on private property.

"Kiel became sort of like an independent research student of mine," Pham said. "We get a lot of students who come into the law school who are interns within the various clinics and by the end of the semester, they finish the required clinical credits but they may still be working on a case so I usually keep them on. This gives a sense of continuity for the clients and in this case, Kiel became very passionate."

Frey said working with GU's clinics has provided him with access to mentors and the chance to work alongside real-life law practitioners.

"Not to mention, it's pretty rare for someone at my level of experience to be arguing at the Court of Appeals. So, to have that opportunity, I'm appreciative," he said.

"It was a neat exposure to a lot of community members who are concerned about the environment, racial inequality, and local issues in a way that a private firm



CHIANA MCINELLY IG: @picsbychiana

Working on these cases with GU clinics has given Frey hands on experience working alongside law practitioners.

doesn't really focus on. There's not a lot of money you can make off of those cases so it's been an exposure to the community and an access for the community in a way that's pretty unique," Frey said.

As they await the ruling, Frey said if the case were to be reversed, a possible issue is what the title insurance companies will do with this order.

"As much as this is a public record, they also have electronic records of hundreds of documents attached to a chain of title that they would then have to alter under court order and effectuate," he said. "This can be a point of curiosity. It is certainly doable but it is a matter of getting them to comply with a court order."

The topics and kinds of cases GU's School of Law clinics take, such as this one, address core values of justice and service at GU.

"The different clinics we have are a way to train our students to engage in the practice of the law," Pham said. "This case is important to the GU community because it allows us to put into practice what we preach. This is not just a change in one person's life, this is systemic change to address a systemic injustice."

Melina Benjamin is a news editor. Follow her on Twitter: @melinabenj.

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RBG: A fighter until the very end

On Sept. 18, at the age of 87, Supreme Court Justice and champion of women's rights Ruth Bader Ginsburg (RBG) died.

As the longest standing woman on the Supreme Court, and only the second woman to serve, Ginsburg has been a voice for liberal issues, and more importantly, a voice for justice.

She embodied what it meant to be an advocate for change. The loss of Ginsburg is devastating, and her vacancy leaves Americans saddened and fearful.

Ginsburg was and is an inspiration to so many women — not only did she defy the social constraints placed on her as a woman to become an attorney, and later a judge, but she was both Jewish and a mother.

Ginsburg was denied jobs at law firms because of her social identity, and so she did what she did best — she persevered, she fought. Just like she fought for women's rights, she fought cancer in a battle that left her diagnosed with the disease four different times, and ultimately it was this fight that she lost Friday.

Ginsburg advocated for women's rights before serving as a justice, helping to strike down legal barriers that held women back and told them they were not good enough for the job. Ultimately, Ginsburg was a tireless advocate for gender equality and was not afraid to speak truth to those in power.

Ginsburg was also a pop-culture icon, and in 2018 a biographical documentary on Ginsburg, "RBG" was released. After



By KARLIE MURPHY

seeing the film in theaters with my mom, I immediately ordered an RBG sticker for my laptop, along with a T-shirt. She instantly became my own personal role model, just like she did for other young women.

Beyond the impact Ginsburg had while working for gender equality, she also voted for worker's rights, the legalization of same sex marriage and the separation of church and state. Ginsburg also became the first justice to officiate a same sex marriage in the U.S.

Ginsburg refused to accept gender inequalities, and she lived through the realities women face in a social context and in the workplace. She feared losing her job as a professor when she became pregnant and had to hide her pregnancy while working.

Personally, Ruth Bader Ginsburg has had a massive influence on who I am today, and who I want to become.

Ginsburg did not shy away from being tough in the face of injustices and inequalities. Her fierceness, her ability to be blunt and honest in her court opinions and in the way she spoke is something that has socially been unacceptable for women to do.

As a woman who went to law school, became an attorney, served as a law professor, became a judge and ultimately a Supreme Court justice, Ginsburg set an example and she blazed the way for young women like me to choose the path of someday becoming an attorney and an advocate for civil rights.

It is because of her and women like her that I want to go to law school and dedicate my life and career to being an advocate for civil rights.

So, now I am grappling — like many — this hole that I feel has been drilled through with the loss of Ginsburg. There is now a giant gap in the Supreme Court that I feel may never be filled.

While grieving the loss of this groundbreaking woman who leaves behind an enormous legacy, I am simultaneously fearful of what her absence might bring to the Supreme Court and to the fate of our country.

I wish that as someone who idolized and respected Ginsburg that I could just simply mourn and cry at the mere fact that she has died. Instead, I am overwhelmed with both the political implications her death will bring, and what effect that may have on the future of women's rights and equality in the U.S.

The death of Ginsburg means there is now an opportunity for President Donal Trump to appoint yet another justice to the Supreme Court, which would make it Trump's third Supreme Court appointment.

The death of Ginsburg therefore means not only the death of an icon, and of someone who ferociously advocated for justice, but it could quite possibly mean death to the balance of the Supreme Court.

Ginsburg worked to maintain equal rights case by case. She changed the way women were able to work, have the right to a bank account and to sign a mortgage without a man and the way women participate in the economy and in politics.

RBG put up a fight for justice throughout her entire career in law.

Now it's our turn to fight for what is right.

In her final wishes to her granddaughter Ginsburg said,

"My most fervent wish is that I will not be replaced until a new president is installed."

We must honor her wish.

Karlie Murphy is the copy editor. Follow her on Twitter at @karlie_murphy.

J.K. Rowling and the Dark Arts of transphobia

Worldwide bestselling author J.K. Rowling published the fifth book in her "Cormoran Strike" series on Sept. 15, titled "Troubled Blood," much to the dismay of her critics. The ire of her detractors is focused on the fact that the book's main antagonist is a cisgender man who poses as a woman in order to get closer to his female victims before killing them.

At face value, this might not seem problematic. However, earlier this year she came out on Twitter as someone who openly supports Trans-Exclusionary Radical Feminist (TERF) ideology.

TERF ideology encompasses arguments in favor of preventing transgender women from entering women's spaces, excluding them from feminist discussions and cutting off health care for transition related procedures. They'll often use pseudo-feminist arguments to cloak their beliefs such as, "abolish gender."

Recently, they've come to adopt the term, "Gender Critical,"

which, according to video essayist Natalie Wynn, is a euphemism to make bigoted beliefs palatable to a wider audience.

Rowling has expressed eerily TERF-esque beliefs on Twitter, arguing that, "If sex isn't real, the lived reality of women globally is erased..." per her tweet.

She later spoke out against trans activists in a follow up essay from June 10, stating, "It's been clear to me for a while that the new trans activism is having (or is likely to have, if all its demands are met) a significant impact on many of the causes I support, because it's pushing to erode the legal definition of sex and replace it with gender."

Considering these recent revelations, many people, myself included, have taken this recent release to be another attack on the trans community. TERFs have helped pioneer this stock character of a creepy man pretending to be a woman to invade women's spaces and prey on them, and this book is reinforcing this belief.

Because she has such a large



By ALEXANDER PREVOST

range of influence, Rowling has a responsibility to uphold positive values. Rowling should not use her platform to dehumanize others, knowing that her readers could follow her in the extreme.

It's terrifying to know that her readers could take this antagonist as the mascot of trans women. They could inherit these notions that trans women are merely men who want to harm or prey on women.

Ironically, Rowling claimed in that same essay, "...I have a complex backstory, which shapes my fears, my interests and my

opinions. I never forget that inner complexity when I'm creating a fictional character and I certainly never forget it when it comes to trans people."

Not three months later, she's weaponizing a stereotype that undermines the nuance of trans experience and casts them in a deeper shade of negativity.

I feel despondent for my trans sisters across the world. I feel even sadder for those of them who grew up on "Harry Potter" and now struggle with comparing Rowling's ideology with the series' themes of acceptance and love.

They don't deserve this. And when people like Rowling step up to the soapbox and proclaim fire and brimstone, her readers will listen; her people may very well adopt her beliefs.

That is the real danger here. It will make society more hostile to them. It will reduce the possibilities of trans people gaining full equality.

J.K. Rowling may never change her mind on these issues. We can't stop her from publishing books, we can't stop

her from having wrong opinions. We certainly can't stop her from tweeting.

What we can do is show her the error in her ways. The arguments she puts forth contribute to the stigmatization of trans women. Often, this stigmatization leads to physical harm.

According to the Human Rights Campaign's 2018 "Dismantling a Culture of Violence" report, over 2,300 transgender individuals have been killed across the world in the past decade. That's just a facet of the discrimination they face. This is in part because people like Rowling have created a false, negative perception of trans individuals.

The best way to combat this is education and empathy. We must have conversations about trans issues. We must uplift trans voices. Show her why her beliefs are wrong. This is the proper defense against the dark arts of transphobia.

Alexander Prevost is a staff writer.

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Pumpkin spice is not always nice

Fall is definitely the initial tumble into the never-ending season of frivolous spending, and we all know the culprit: pumpkin spice.

Infamously known thanks to pumpkin pie, pumpkin spice is a blend of cinnamon, nutmeg, ginger and cloves. In 2020, you could throw this spice mix on literally anything and with some good branding us consumers would purchase it in a heartbeat.

Personally, I love pumpkin spice. Going to school out of state has definitely expanded my appreciation for the season.

A slice of warm pumpkin bread and some coffee does bring that homey, fall feeling that eases any bout of homesickness. And of course, the occasional pumpkin-flavored treat is a fun delicacy. Here's the catch: I am only a pumpkin spice connoisseur to an extent.

Many would strongly disagree, but I think this fall food frenzy has gotten aggressively out of control. At almost every grocery store, food brands have come up with their own pumpkin flavor-transformation of popular products to have on shelves for those tempted. Trader Joe's being a prime example.

Trader Joe's is already known for its genius, trendy marketing, but in the fall this store takes it to an entirely different level.

Shopping at Trader Joe's during this season a fall-flavored item will be in sight



By NATALIE RIETH

at every moment of your grocery trip, tempting you with its cute autumnal packaging. Frankly, I feel like it is almost impossible to leave without at least one of these items in your cart.

To begin, this seasonal collection is massive. But each year the products accumulate as even more new fall items are brought into the mix. How this ever-expanding collection fits in this tiny market is an enigma that constantly runs through my brain.

This year Trader Joe's has introduced pumpkin brioche, pumpkin spice pretzel thins, pumpkin empanadas, pumpkin curry simmer sauce, a turkey pumpkin burrito and countless more of the flavor. For those looking to spice up their post workout beverage, yes, Trader Joe's offers a pumpkin spice flavored protein shake.

Even now with how prominent social media is, these foods are bound to show up on your recommended feed or in an advertisement at some point this season.

Trader Joe's fanatics have even dedicated their time to running social media accounts

where new finds and fall hauls are posted and updated regularly. With the fan base that has been created for this grocery store it's almost guaranteed you will never miss a new store release.

This never-ending frenzy is undeniably a result of consumerism. Yes, I too am guilty of picking up far too many of these goodies. It is extremely difficult to not spiral when you see so many different options within your grasp and the thought in the back of your mind that you have a limited time to taste-test. But do we really need pumpkin spice in our breakfast, lunch and dinner during this season?

Treat yourself to a few of your pumpkin-spiced favorites, but don't let the craze damage your wallet. You will definitely appreciate that extra cash while shopping for holiday presents as the winter commences. Maybe it's best to keep that fresh pumpkin pie the star of the show, we all know it deserves it.

Natalie Rieth is an arts and entertainment editor. Follow her on Twitter at @natalie_rieth.

CURRENT AND UPCOMING

MOVIE RELEASES

By CAITLIN RELVAS

FEATURED RELEASES

PERHAPS YOU HAVE AN ITCH FOR SOME NEW MOVIES, OR ARE HIGHLY ANTICIPATING THE NEXT JAMES BOND MOVIE, OR ARE JUST CURIOUS ABOUT WHAT MOVIES ARE COMING OUT AND HOW THEY ARE BEING RELEASED. THIS LIST IS HERE TO SCRATCH THAT ITCH, WITH NEW FILMS FROM THE END OF JULY TO THE END OF THE YEAR AND THEIR ACCESSIBILITY.

BLACK IS KING
OUT NOW

INSPIRED BY THE 2019 LION KING REMAKE, SINGER BEYONCÉ DIRECTED, WROTE AND EXECUTIVE PRODUCED THIS VISUAL ALBUM.

PROJECT POWER
OUT NOW, NETFLIX ORIGINAL

TESLA
OUT NOW, ON DEMAND

UNKNOWN ORIGINS
OUT NOW, NETFLIX ORIGINAL

THE DEVIL ALL THE TIME
OUT NOW, NETFLIX ORIGINAL

WELCOME TO SUDDEN DEATH
9/29, NETFLIX ORIGINAL

DEEP WATER
11/13, IN THEATERS

FREE GUY
12/11, IN THEATERS

TENET
OUT NOW, SELECT THEATERS

A SECRET AGENT (JOHN DAVID WASHINGTON) EMBARKS ON A MISSION TO PREVENT WWII. DIRECTED BY CHRISTOPHER NOLAN.

EMPEROR
OUT NOW, ON DEMAND

HARD KILL
OUT NOW, SELECT THEATERS AND ON DEMAND

LOVE, GUARANTEED
OUT NOW, NETFLIX ORIGINAL

THE KING'S MAN
OUT NOW, SELECT THEATERS

CANDYMAN
10/16, SELECT THEATERS

NO TIME TO DIE
11/20, IN THEATERS

DUNE
12/18, IN THEATERS

BILL AND TED FACE THE MUSIC
OUT NOW, SELECT THEATERS AND ON DEMAND

THE THIRD BILL AND TED MOVIE (KEANU REEVES, ALEX WINTER) TAKES THE MOST EXCELLENT MIDDLE-AGED DUO ON A JOURNEY THROUGH TIME.

THE ONE AND ONLY IVAN
OUT NOW, DISNEY+

THE NEW MUTANTS
OUT NOW, SELECT THEATERS

MULAN
OUT NOW, DISNEY+ WITH PREMIER ACCESS

ANTEBELLUM
OUT NOW, ON DEMAND

DEATH ON THE NILE
10/23, IN THEATERS

SOUL
11/20, IN THEATERS

WEST SIDE STORY
12/18, IN THEATERS

WONDER WOMAN 1984
10/2, SELECT THEATERS

GAL GADOT REPRISSES HER ROLE AS DIANA PRINCE, THIS TIME IN THE 1980S AS SHE FACES OFF AGAINST THE CHEETAH.

THE PALE DOOR
OUT NOW

THE PERSONAL HISTORY OF DAVID COPPERFIELD
OUT NOW, SELECT THEATERS

I'M THINKING OF ENDING THINGS
OUT NOW, NETFLIX ORIGINAL

ENOLA HOLMES
OUT NOW, NETFLIX ORIGINAL

BLACK WIDOW
11/6, IN THEATERS

HAPPIEST SEASON
11/25, IN THEATERS

Spokane Comedy Club shakes up business

By LILLIAN PIEL

Before COVID-19 hit, Spokane Comedy Club was a bustling environment that was filled to the brim whenever a comedy show was happening. Now Spokane Comedy Club goes by another name—Spokane Shake Company.

Spokane Shake Company offers milkshakes (and also what it calls “boozy shakes”), pizza, hotdogs and more. The restaurant is located at 315 W. Sprague Ave. and is open from noon-9 p.m. Sunday through Thursday and noon-10 p.m. on Friday and Saturday, for carryout or dine-in with limited seating to fit COVID-19 safety guidelines.

According to Spokane Shake Company’s website, it is still working in some comedy by running stand-up specials on a projector at 6 p.m. and 8 p.m. on Mondays. Wednesday nights are trivia nights at 7 p.m. and there are happy hour deals on Sunday’s.

Adam Norwest, the owner of Spokane Shake Company, said via text message that there is no live entertainment in Washington state until Phase 4 of Gov. Jay Inslee’s reopening plan is reached. This presented the former Spokane Comedy Club with a challenge, considering it can no longer have comedy shows.

“It shut us down completely,” Northwest said. “Couldn’t be much of a bigger challenge. We completely changed our format, built a kitchen and started selling food as a restaurant. We are doing everything we can to survive.”

To do that, Spokane Comedy Club shifted gears and became Spokane Shake Company to keep its employees paid and to keep the venue going.

Norwest said the inspiration to turn Spokane Comedy Club into Spokane Shake Company was born out of what was happening in the entertainment industry when COVID-19 hit.



CHIANA MCINELLY IG: @picsbychiana

Spokane Shake Company serves diverse milkshake flavors from frosted animal cookie to pineapple peach banana.

“It came to us in a dream. We were freaking out about the entertainment industry and arts in Spokane and Bing Crosby came to us dressed as a golden angel and told us to sell milkshakes and pizza,” Northwest said.

Sydney Catasso, a supervisor at Spokane Shake Company, said people should pay Spokane Shake Company a visit to support the business and to give the milkshakes a try. She said customers can create their own combinations for shakes, and so far, she’s seen flavors like frosted animal cookie and a pineapple-peach-banana concoction with peanut butter.

Catasso said people should come to

Spokane Shake Company to support the business and the employees, many of whom were unemployed until Spokane Comedy Club reopened as Spokane Shake Company.

“You’re still supporting all the employees who did and do work at the Spokane Comedy Club,” Catasso said.

When Spokane Shake Company used to have comedy shows, there would be at least 40 people per section for the employees and the pace was always go-go-go, Catasso said. Now that the restaurant is open at a reduced capacity, it’s more casual and a less hectic environment.

“A lot of us have only served in the

entertainment industry, so to go to something more relaxed and family-friendly it’s a different wavelength for us,” Catasso said.

During a comedy show, the employees would seat 320 people within an hour, Catasso said. Now that they can only seat a limited number of patrons and the pace is slowed down, it leaves more room for the servers to get to know their customers better and have more conversations.

When comedians are allowed to perform at Spokane Comedy Club again, Catasso said they would still be cautious, keep tables spaced out and only keep families together instead of grouping couples together like they would have previously done.

“Minimum contact is what I imagine it’s going to be like,” Catasso said.

When Spokane Comedy Club is able to have comedians perform at their venue again, Catasso said she is excited to see and work with the comics again. Some of these comics perform at Spokane Comedy Club every year and a half to two years.

“I’m really looking forward to getting to see them again and work with them again because some of them, if not all of them, are great people and they’re just amazing to hang out with and they’re very, very talented,” Catasso said.

Some of Spokane Comedy Club’s regular customers came from Idaho and Catasso said she is looking forward to seeing all of their regulars back again.

Norwest said he is excited to be able to get back to making people’s weeks better once they are able to safely have comedy shows again.

“After a bad week a comedy show and a drink is just the trick, and we can’t wait to provide that again,” Norwest said.

Lillian Piel is a staff writer. Follow her on Twitter: @Lil_Piel.

Gonzaga Symphony Orchestra plays on

By RILEY UTLEY

Even though the Myrtle Woldson Performing Arts Center won’t be filled with the colorful sounds of the Gonzaga Symphony Orchestra (GSO) they are still playing and finding silver linings in a hard and confusing time.

Kevin Hekmatpanah, director of GSO and professor of music, has been working with the music department since spring break, when everyone got sent home, to figure out a way to bring orchestra back this semester.

“It was up in the air and then the ball was completely off as far as performances are concerned,” Hekmatpanah said. “We are able to rehearse but we aren’t able to perform. So, that presents a lot of hardships and some challenges but also some opportunities.”

The hardships put on the orchestra this semester have presented a lot of challenges. The biggest being that a majority of the members of GSO aren’t able to participate in the orchestra for the semester.

GSO is made up partially of people from all around the Spokane community and due to COVID-19 guidelines they will not be able to participate in orchestra. Along with them students who play brass, wind or percussion instruments will not be practicing with GSO either. That leaves just those who are GU students and play a string instrument.

Sarah Walters is a junior who plays the oboe in the orchestra and will not be able to participate this year. However, she does sit on the committee that helps increase community outreach for the orchestra and hopes that she will be able to continue that this semester.

“Orchestra does a lot of great things, especially with how involved we are with our community,” Walters said. “I don’t think the greater part of campus sees that and I think it would be really cool to get more involved with that.”

Hekmatpanah hopes to keep the connection with community members so when it is safe for everyone to return to the orchestra they will.

As for now he will be working with those who still can practice working on getting the fundamentals of playing down. He said he will be allowing students to practice conducting, give them opportunities to solo with the orchestra, improve their sight-reading abilities and expand their repertoire of classical music.

“It’s strings only,” Hekmatpanah said. “So just from that the size and the scope of the orchestra has been way cut down. That is limiting in some ways for the repertoire and also liberating in some ways because we couldn’t do an all string repertoire if it wasn’t for all of this.”

He said that students have shown how excited they



CHIANA MCINELLY IG: @picsbychiana

GSO member Aria Mann (pictured) is excited for the unique opportunity of practicing during the pandemic.

are to just be back and playing — even if it is with a small fraction of people that they are used to playing with.

“We’re sight reading through a lot of repertoire,” said Aria Mann, a senior violin player and the concert master this year for GSO. “We’re not learning it to the point of being able to perform it at a concert but getting through tons of music and exposing us to so much different music and styles and composers. I see that as a big silver lining. Even if we don’t work the pieces up to performance grade quality, we can say we’ve played so much and we know what the pieces are about. I am excited about those aspects of it.”

Both Mann and Hekmatpanah are looking forward to this new and unique opportunity that has presented itself out of what they said seemed like a bleak future for GSO.

“In a way we’re able to do things that we’ve never done before and probably will never do again,” Hekmatpanah said. “You just accept the reality that you can’t perform with a creative outlook on how to change the format of the class.”

Hekmatpanah said he might play cello on the side with the orchestra instead of conducting. This will allow for students to give more feedback and work more as a collective group without just one person directing the group.

Mann said she is excited about the option to conduct a piece. As a conducting minor having the opportunity to actually conduct an orchestra is really exciting to her.

As of now there are no plans to put on a performance this semester but it’s an option Hekmatpanah is not ruling out. He said they might live stream a concert or do a prerecorded concert.

Overall, both Hekmatpanah and Mann are excited that the orchestra is just able to be back together creating music.

“What I’m hoping is that instead of comparing it to what we’ve done or what it could have been if there weren’t a pandemic,” Hekmatpanah said. “We take this as an opportunity to learn new skill sets, be creative and be open and not judgmental of what it isn’t. In the end it’s not possible to do what we wanted to do so let’s get past that and really investigate a new style of rehearsal, a new style of techniques to learn and come to it with an open mind of how can we make the best of a situation that we’ve been put in.”

Riley Utley is the editor-in-chief. Follow her on Twitter: @rileyutley.

Fun with The Fern Plant Shop

By KAYLA FRIEDRICH

What was a handmade jewelry shop at its start and later became an online Etsy shop in 2019 has now become a beautiful space where the plant-loving community in and around Spokane can flourish.

The Fern Plant Shop is a green lovers galore and it has just opened its third spot in Downtown Spokane in early September.

The Fern Plant Shop’s first location premiered itself on 1516 W. Riverside Ave. in Spokane last August, then over into 211 E. Lakeside Ave. Coeur d’Alene and last but certainly not least onto 309 W. Second Ave. in downtown Spokane.

Amy Dolomont and Alex Ekins, life partners as well as business partners, have established a business that has filled the hearts of local plant lovers and provided them with community and beautiful greenery.

“We knew there wasn’t a place in Spokane with more curated plant items and it sort of just became its own thing. We’ve



CHIANA MCINELLY IG: @picsbychiana

The Fern Plant Shop has three locations: two in Downtown Spokane and one in Coeur d’Alene.

just celebrated Fern’s one year anniversary this year,” Dolomont said.

The plants you may find at Fern don’t come from just anywhere.

Dolomont and Ekins work with multiple plant brokers and

nurseries in places like Florida, California and Hawaii in order to make the selection unique.

“We’re both really passionate about agriculture,” Dolomont said.

“We ran a small farm together for about five years before we started

Fern and as things started to come up we decided to put that on hold.”

Dolomont and Ekins felt that there was a demand from their customers that needed to be met and that is exactly what has led them to opening their third location.

Danielle McGillis has been working at the location on Riverside Avenue since June and is happy to see the business gaining traction in and beyond the Spokane Community.

McGillis encourages people who aren’t known for having a green thumb to give these plants a try and see how fun it truly is.

“It’s not as hard as it seems once you get started. If you’re prone to forgetting about your plants, go with the zizi plant or a snake plant. They’re super low maintenance and they thrive pretty well on their own,” McGillis said.

First time Fern shoppers Kristina Carlson and Monica Kullman browsed around the Riverside Avenue location.

“I found out about this place from a client a couple of weeks

ago, and I’ve had a great first experience,” Carlson said.

Carlson left Fern’s smallest location with a plant that was nearly as big as her while her friend Kullman chose one of the smaller sprouts.

“I didn’t know about this place until I stepped foot in here, but I think it’s safe to say I’ll definitely be coming back. It is absolutely adorable,” Kullman said.

Fern promises that whenever you decide to come searching for your perfect plant to take home you will “find yourself enchanted” and it just seems that there’s no going back from there.

“Fern is a very magical and transformative place. Going there allows you to just leave all of your worries behind and explore,” Dolomont said.

Check out their Instagram: @fernsokane, @ferncda, and @fernplantsophq.

Kayla Friedrich is a staff writer. Follow her on Twitter: @friedrich_kayla.

Rising Stars

NBA rookies and former Zags Hachimura and Clarke have bright futures in the big leagues

Commentary by VINNY SAGLIMBENI

The mantra of Gonzaga men's basketball transfers over to the professional scene: Zags got dudes.

This is evident in the most recent NBA All-Rookie teams announced on Sept. 15. Former GU forwards Brandon Clarke and Rui Hachimura were named to the NBA All-Rookie first and second teams respectively. Clarke and Hachimura join former Zags Adam Morrison and Kelly Olynyk with this prestigious rookie team award. According to a GU men's basketball news release, it was the first time in West Coast Conference history that two former players were selected for All-Rookie in the same season.

Clarke is the first Zag in history to make an All-Rookie NBA first team, receiving a total of 92 first team votes, which ranks third among all rookies in the NBA. Clarke joins Memphis Grizzlies teammate Ja Morant, New Orleans Pelicans forward Zion Williamson, Miami Heat guard Kendrick Nunn and Golden State Warriors forward Eric Paschall on the All-Rookie first team roster.

Clarke, originally drafted by the Oklahoma City Thunder and traded to the Grizzlies on draft night, finished the season with 58 appearances and averaged 12.1 points off the bench. Clarke also tallied 5.9 rebounds a game and shot 61.8% from the field.

Hachimura joins Miami guard Tyler Herro, Toronto Raptors' guard Terrence Davis II, Chicago Bulls' guard Coby White and Charlotte Hornets' forward P.J. Washington on the All-Rookie NBA second team.

Hachimura finished the season with 13.5 points, 6.1 rebounds and 1.8 assists in 48 games this season, all of which he started. The No. 9 overall pick in the 2019 NBA Draft shot 82.9% from the free throw line and shot 46.6% from the field.

Both Clarke and Hachimura represented Team World in the 2019 Rising Stars game during All Star Weekend.

Both Clarke and Hachimura's teams were invited to the 2020 NBA restart in Orlando, Florida, where each players' team fell short of the NBA playoffs. Clarke and the Grizzlies fell to the Portland Trail Blazers in a play-in game for the final playoff spot in the Western Conference, and Hachimura and the Washington Wizards failed to overtake



BULLETIN FILE PHOTO

Rui Hachimura (left) and Brandon Clarke were Zag teammates in 2018-19.

the Orlando Magic for the final spot in the Eastern Conference.

For Zags fans across the country, this is music to their ears. Even though Clarke and Hachimura fell short of capturing GU's first national championship in the one season they played together, the transition that they made from college students to professional athletes cannot go unnoticed. Clarke and Hachimura made many memories during their time at GU that fans will hold onto forever, such as Clarke's poster dunk against Baylor during the NCAA tournament round of 32 game or Hachimura's game winning shot against the University of Washington in The Kennel.

Clarke and Hachimura are also continuing their legacy as good international players in the NBA. With GU men's basketball forming a mecca of

international talent, Hachimura and Clarke will continue the NBA's already successful plan of globalizing the sport, as both players are helping to draw more attention from Japanese and Canadian NBA fans, respectively, across the world. Clarke and Hachimura's representation as international ambassadors for the NBA adds another reason for Mark Few and the rest of the GU coaching staff, along with Zag Nation, to be proud of their achievements thus far.

Now here's the scary thing for the rest of the NBA: it's these young Zags' first year in the league. Imagine how much better Clarke and Hachimura will be once they are fully acclimated to the league and continue to develop as players and leaders for their respective teams. The leap they could make from year one to year two could be astronomical, forcing

teams to circle Clarke and Hachimura's names the next time the Grizzlies or Wizards come up on the schedule.

Clarke and Hachimura are two former GU players who will continue to rise to the challenge and persevere through the ups and downs of NBA life, always reminded of where they came from and how they got to the position they are in today. They have both set the bar for current and future GU basketball players on how to do things the right way and take advantage of the opportunities given to them.

The Zags indeed got dudes, and no one would be surprised to see future GU athletes follow the lead of Clarke and Hachimura.

Vinny Saglimbeni is a sports editor. Follow him on Twitter: @vinnysaglimbeni.

Universal Crossword

Edited by David Steinberg September 20, 2020

ACROSS
1 Supermarket section
5 Really hate
11 To and ____
14 Sportscaster Andrews
15 Syria's second-largest city
16 Boy
17 "Nonprofit lending cooperative
19 In the past
20 Administered, as medication
21 Movie trailer, e.g.
23 Groups of nuns
26 "Yuck!"
27 "Ad ____" (2019 space film)
30 Watery expanse
31 Manis' partners
34 Salary increases
36 Completed
38 "Smooth Operator" singer
39 End of a unit in religious studies?
40 Flyer
43 Cultural funding org.
44 "Uh, I'm here too!"
46 Señora Peron
47 Manhattan coach?
49 Author/comedian Cooper
51 "____ on parle francais" ("French is spoken here")

DOWN
1 Final mo.
2 Go wrong
3 Spoke falsely
4 Playing video games, say
5 Went out with
6 Gets away from
7 Common base
8 Starter for "Pen" or "center"
9 Dalmation feature
10 Get fit
11 "1983 movie in which Jennifer Beals plays an aspiring ballerina"
12 Extreme anger

ACROSS
53 Walks unsteadily
54 Airport info
55 Jeans
57 Gets thin, in a way
60 Eat between meals
62 Big fuss
63 Initial blackjack hand, or what can follow both parts of each starred answer?
68 Damage
69 Allow
70 Diving bird
71 Future paramedic, perhaps: Abbr.
72 One may not believe the truth
73 Reverberate

DOWN
13 Emanation from garbage
18 Neighbor of Jordan
22 People celebrate when they change
24 "Embarrassment giveaway
25 Operate a yacht
27 Diva deliveries
28 Michelle Obama's youngest
29 "Table that often has a project column
32 Standard of excellence
33 Leaves grill marks on, say
35 Observe
37 Nickname that's a place to sleep when read backward

ACROSS
41 Enthusiastic
42 Where a plane waits
45 "G'day, ____!"
48 Change proportionally, as a plan
50 Dwelled tiresomely (on)
52 Dr. Scholl's product
56 Surmise
57 Domesticate
58 Father of Cain and Abel
59 Rational
61 Ray in McDonald's history
64 007 creator Fleming
65 Abbr. within "home run derbies"
66 Cry from Homer
67 ____cone

Not a Big Deal by Winston Emmons

9/20

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
17				18						19		
		20					21		22			
			23				24	25		26		
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49				50			52		53			
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57	58				59		60			61		
62				63		64	65				66	67
68				69						70		
71				72						73		

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RECYCLE

UNIVERSAL Sudoku Puzzle

					2			
7				5	8	9		
3	8			9				
		6	5		7		1	
	3						7	
	1		8		6	5		
				2			3	1
		5	1	8				6
			9					

DIFFICULTY RATING: ★★★★★

Complete the grid so every row, column and 3 x 3 box contains every digit from 1 to 9 inclusively.

Today's puzzle solution

7	9	8	7	9	6	3	2	1
9	6	2	3	8	1	5	7	4
1	3	4	5	2	7	8	9	6
6	4	5	9	3	8	7	1	2
8	7	9	6	1	2	4	3	5
2	1	3	7	4	5	9	6	8
5	9	7	1	6	4	2	8	3
3	2	6	8	5	9	1	4	7
4	8	1	2	7	3	6	5	9



PHOTO COURTESY OF 2K GAMES

2K games reached out to GU’s trademark and licensing team to get the university officially inserted into this year’s rendition of 2K’s annual basketball franchise.

Gonzaga receives the 2K treatment

NB2K21 players can choose to become a Zag for first time in “MyCAREER” mode

By COLE FORSMAN

Gonzaga University has quietly transformed into one of the most recognizable collegiate brands in the country. From a small midmajor located with no real calling, to a well-respected academic university that sits in the heart of a vibrant city, the school has built quite a reputable status at an exponential rate.

And it’s no secret that the men’s basketball program has a lot to do with this change. The process of being an underdog to a national championship contender mirrors that of the university’s increase in admissions and academic success. The pinnacle came in 2017 after a runner-up finish in the NCAA tournament, as both parties have experienced the positive aftereffects of being on the big stage; an increase in both star-studded athletes as well as a few of the brightest academic classes the school has ever seen.

Those in the entertainment business have taken note of GU’s newfound marketability, including well-known gaming company 2K Games, creator of the NBA 2K video game series.

This year’s installment of the game, NBA 2K21, features GU basketball, along with other notable college programs, as a part of its “MyCAREER” game mode where players embark on their own NBA journey. After completing the high school phase, players are given the option to choose what university they attend, depending on what storyline is chosen by the user.

2K games has incorporated such a storyline in its NBA

games in the past, however, it’s first appearance in the franchise. For Sam MacDonald, director of trademark and licensing for GU, a lengthy process took place before the Zags could make their debut.

“When [2K Games] reached out it was definitely something we were excited about,” MacDonald said. “We just had to go through the process to hear what they wanted and what [the game] was going to look like.”

Conversations between the school and the gaming company began last November, when 2K Games began talks with the Collegiate Licensing Company (CLC) about initial interest in the school’s trademarks. The CLC aids countless universities in protecting the use of their logos through trademark licensing. The company has an agreement with GU through 2024 that ensures the school’s brand protection.

“[2K Games] reached out to bring the college version back into NBA 2K, which was filtered through the CLC,” MacDonald said.

Of course, when it comes to collegiate representation in any capacity, the main concern for MacDonald is the inclusion of the appropriate names, images and likeness of GU.

“This is definitely something that’s touchy when it comes to what’s included in the game,” he said.

Per NCAA rules, Division I student-athletes may not endorse a product or commercial item even if they are not being compensated. While the rule is undergoing changes, its current version prevents 2K Games from implementing real college athletes into the game.

“The court, the uniforms and the fight song,” MacDonald said. “Those were the three requests that they wanted from us that we approved.”

Each GU property was requested by the gaming company over a six-month span, as developers generated each aspect of the university one step at a time.

So, while gamers cannot play alongside Corey Kispert or Filip Petrushev, they can still experience putting on the Bulldogs jersey and hearing the chants of the GU fight song after a victory. MacDonald believes it’s these qualities that make GU an attractive place to athletes and academics alike.

“I think it adds tremendous value,” he said. “Whether it be an athlete or just a student wanting to attend Gonzaga.”

Even if it is just a video game, there is still a sense of respect and accomplishment that can be attributed to the on-court success of the Bulldogs over the last few seasons.

“I think our inclusion in NBA 2K21 is great statement on where our program stands in the national landscape,” said Chris Standiford, deputy director of GU athletics. “Mark and the staff have done an unbelievable job bringing great talent to GU and developing them into NBA players.”

As a matter of fact, Rui Hachimura leads all Eastern Conference rookies with a 79-overall rating in this year’s game. Needless to say, the Zags are well represented throughout the virtual basketball.

Cole Forsman is a staff writer. Follow him on Twitter: @CGForsman.

Outside and out of mind

Spokane area offers variety of outlets for GU students looking to stay active away from campus

By ASHER ALI

Harrowing weather will soon be upon us, which means it’s pertinent that students get out as soon as possible to enjoy all of the activities that the outdoors have to offer before the doom and gloom outright compromises all inclinations to play outside. But with many campus amenities that are often used for such activities having restrictive access at the moment, students will need to venture away from campus to find outlets for whatever physical activities they’re propelled to do.

Luckily, the surrounding area around Gonzaga is ripe with locations that will meet all of one’s physically exertive needs.

High Schools

High schools in the Spokane area have suspended in-person operations for all things school related, but that leaves their outdoor facilities even more readily available for public access if allowable.

Schools like Shadle Park High School and John Rogers High School are both within a 12-minute drive from campus and offer accessible spaces for people to get out and throw a football or frisbee around.

Both are equipped with blacktop basketball courts, tennis courts and a public track and turf field too. These should present students with all the amenities they desire to fulfill any of their athletic recreational needs.

“Now that their outdoors facilities are open for public use, local high schools are nice because there’s a lot of space and areas where you can do different activities” said junior Zach Bowers, a Spokane native and ardent athletics enthusiast. “You can just show up and run around which is great for anyone hoping to exercise away from campus for a little bit.”

Parks

The entirety of Riverfront Park is an artistic spectacle, but it isn’t suited for conventional athletic activities. Instead, about the same distance away from campus as Riverfront is, but to the north-east, is Mission Park.

Mission Park serves the



LILY KANESHIGE IG: @aka.lillyy

Mission Park is one of many recreational areas near Gonzaga where students can engage in athletic activities of their choosing.

more ancillary functions of a conventional park with tennis courts and fields aplenty for students and local community members to indulge in. With trees spread throughout the main field, there are plenty of spots at Mission Park where students can string up nets for games such as volleyball and badminton.

Mission Park’s other amenities include exercise equipment, a basketball court and tennis courts for anyone pining for opportunities to chop the ball around.

“Tennis is a great sport to play socially distanced with your friends and the courts at Mission are perfect due to their locational

convenience and since they’re never filled up, you can often even find multiple courts available,” junior club tennis player and mountain biking aficionado Evan Sklar said.

If you’re willing to take a 15-minute drive west of campus, Dwight Merkel Athletic Complex supplies the full range of facilities that you’d dream of finding at a local park. Within the complex’s expansive and luscious enclosure are two full-length turf football fields, five softball/baseball diamonds, two skateparks and a basketball court.

“Turf fields are kind of hard to come by, so grabbing a few buddies and heading out to

Dwight Merkel for any activity is a good time,” Bowers said. “The facility encompasses everything that kids are looking for so students can always find something to do there.”

Trails

For those itching to get their feet moving, Spokane offers an abundance of running and biking outlets. At the disposal to every student on or near campus is the Centennial Trail, which is perfect path for strolls to Spokane Falls, a protracted bike ride to the Idaho border and everything in between.

The Centennial Trail also leads to a host of other unique locations that you can venture through

on foot or in the saddle. One in particular is Beacon Hill, which after a convenient 10-minute bike ride while heading north-east on the Centennial Trail, you’ll find the 25-mile, single-track course nestled in the Spokane forest.

“Beacon Hill is kind of a place for everybody because they’ve arranged the tracks by different skill levels,” Sklar said. “I like to ride there because I don’t have to drive and it’s a short enough journey there to where I’m not tired when I arrive, which is great because some of the courses there are pretty technical.”

Beacon Hill also supports a 2.5 mile hiking trail that is far less technical than its corresponding mountain biking area, and better suited for a comfortable stroll through nature if you ever feel the need to escape the woes of city life.

It’s not the only worthwhile hiking and mountain biking area within the purview of GU’s campus though. More of a far escape from campus are both Liberty Lake and Mount Spokane, which by car would take 27 minutes and an hour to reach respectfully.

Liberty Lake’s trail has a short climb to the top, where adventurers can journey around the perimeter of the lake itself to get a complete view of its natural beauty.

Mount Spokane is a decent distance away from GU no matter one’s mode of transportation, but the winter-time ski resort is more than deserving of a venture for mountain bikers looking to try something with a little bit more depth and complexity.

“Mount Spokane is really fun,” Sklar said. “Make sure you have a Discover Pass when you park at the bottom, then you’ll ride the paved road all the way up to the top and you’ll bike the trails down, which takes about two hours in total.”

Asher Ali is a sports editor. Follow him on Twitter: @asher_ali3.

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Handmade bath products, based in Spokane Valley
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Classic Cuts

Men's barber services, 327 W. Third Ave.
Online here, 509-714-3531

Beauchamp & Chase

Locally made soaps and skincare, sold at From Here, 808 W. Main Ave.
beauchampandchase.wixsite.com

WrightWay Beauty Supply

Beauty supply store, 2103 N. Division St.
wrightwaybeautysupply.com

Larry's Barbershop

Men's barber services, 3015 E. Fifth Ave.
facebook.com/larrys.barbershop, 509-534-4483

Mo-Nu Hair City

Beauty supply shop, 4224 E. Sprague Ave.
On Facebook here, 509-808-8933

Exclusive Barbershop

Men's barber services, 1423 N. Argonne Rd., Spokane Valley
instagram.com/myexclusivebarberspokane

Ebony & Ivory Hair Designs and Weaves – Kelley and Darcy

220 E. Wellesley Ave, Ste 200, Spokane, WA 99207
(509) 242-3031

Smoov Cutz Barber Shop

Men's barber services, 13817 E. Sprague Ave. and 14700 E. Indiana Ave.
facebook.com/SmoovCutz

Black London's

Barber and salon, 1618 W. Second Ave.
facebook.com/blacklondons, 509-981-0605

The Chop Shop Barber Co.

Men's barber services, 1428 S. Lincoln St.
Online here; 509-624-1007

Gifted Hands Salon & Supply

Salon and cosmetology, 9405 E. Sprague Ave.
giftedhandssalon.net, 509-482-6745

Local Legendz

Men's barber services, 1917 E. Sprague Ave.
facebook.com/LocalLegendzBarbershop, 509-608-9699

Inter-Tribal Beauty

Esthetician and makeup artist, 308 W. First Ave., Suite 203
instagram.com/intertribalbeauty and octavialewis.com

Dawn's Braids at New Beginnings Hair Salon

3019 East 5th Ave, Spokane, WA 99202
(509) 209-7289

Headhunters Barbershop

Men's barber services, 4750 N. Division St. (NorthTown Mall)
facebook.com/puttnhairontheffloor, 509-869-8728

— FOOD & RESTAURANTS —

Find our full list of local, black-owned restaurants here .

Boeey's Gourmet

Local hot sauce company
facebook.com/BoeeyGourmet

— BOUTIQUES —

Nina Cherie Couture

Bridal shop, 9212 E. Montgomery Ave.
ninacherie.com, 509-240-1782

Decorum Gifts

Gift shop, 126 N. Washington St.
decorumgift.com, 509-340-9830

— HEALTH, PUBLIC SERVICES & MORE —

The Carl Maxey Center

Nonprofit African American community advocate and resource center
carlmaxeycenter.org, 509-795-1886

Maxey Law Office

Criminal defense attorney, 1835 W. Broadway Ave.
maxeylaw.com, 509-828-4936

The Black Lens

Community newspaper focused on news and events of importance to the region's black community.
blacklensnews.com

As We Thrive Counseling Services

Mental health and doula services, 222 W. Mission Ave.
aswethrive.com; 509-222-0653

One Body One Mind Massage Therapy

Massage therapist, 33 E. Lincoln Rd.
facebook.com/onebodyonemind509, 509-710-5461

Pacific Auto Sales

Use car dealership, 16614 E. Sprague Ave.

Jacquelynne Sandoval Real Estate

Real estate services, jsandoval@windermere.com
jsandovalrealestate.com, 509-460-8197

Rio Baroch

Real estate broker with Coldwell Banker Tomlinson South
rbaroch.cb Spokane.com, 509-590-2305

Bethely Entertainment Broadcast & Media Production Company - Michael Bethely

<http://www.bethelyentertainment.com/>
(509) 724-9123

**To Contact Gonzaga BSU
Instagram @gonzagabsu,
Email: gonzagabsu@gmail.com
or on Facebook @Gonzaga
Black Student Union.**



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BLACK LIVES MATTER EVENTS

Sept. 29

John Lewis: Get in the Way

A viewing and discussion of this documentary of John Lewis, a civil rights advocate and congressman.

Oct. 5

Talk About It Monday: It's Not About Good Cops vs. Bad Cops

A look into why the “good cop vs. bad cop” argument fails to address systemic problems with policing in America.

Oct. 23

Calling in the Calling Out Culture with Loretta Ross

Author and human rights leader Loretta Ross discusses how we can create a calling in culture instead of a calling out culture. This is a joint program between the Lincoln LGBTQ+

For more information on how to register for each program and for the full DICE calendar, visit <https://tinyurl.com/DICECalendar>. Each event is also listed on Zagtivities.

BLACK LIVES



MATTER

