

The Gonzaga Bulletin

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Mt. Spokane and Schweitzer are two of the biggest ski resorts in the area frequented by students. Taking into account weather, runs and technical ability, for some, there is a clear favorite.

Battle of the slopes: Schweitzer vs. Mt. Spokane

Commentary by HANNAH HISLOP

Schweitzer Mountain:
Located in the Idaho Panhandle is the best kept secret among ski resorts. It is the biggest ski resort in the state of Idaho and is unlike any mountain in the Northwest. When you ski Schweitzer Mountain Resort, you are guaranteed smiles, good snow and memories that will last you a lifetime.

I have been a season pass holder at Schweitzer since I was 5 years old and could click into skis. As a Spokane native, Schweitzer was and still is, our go-to spot for many reasons.

Skiable acres
Schweitzer has consistently found new ways to reinvent the mountain and the already wide variety of terrain they offer skiers and riders. Over the past couple of summers, the mountain has added two new chairs on the backside to give mountain goers more access to runs. As if the 2,900 skiable acres weren't enough, the mountain gladed to

provide new runs and give fan favorites a new look. If you haven't been up this season yet, Cathay's Yard Sale looks a bit different this year, check it out.

Technical ability
With an elevation of 6,400 feet the technical ability that the mountain has to offer is wide. You will find enough black diamond runs to ski the whole day or green square runs, whatever your ability is. If you are a more advanced skier or rider, make sure you make your way to the backside and check out the new runs off the Cedar Park Express quad where you can find powder face shots days after a huge snowfall. If you are more of a beginner skier or rider, the runs off the Basin Express quad offer a fun variety that can challenge you, but make you feel like you shredded that run.

Community
The best part of the mountain is the community. Whether they ski or ride, everyone at Schweitzer can agree on one thing, they love to be in the mountains. From the lifty's telling jokes in line, scanning your pass twice or

hyping you up to the kind and fun environment of the other riders in the lodge, the community of people just love life. The chances are you know someone up there too.

Weather
Schweitzer is known for being foggy, but that doesn't matter because there is always great snow. From powder to groomers, you can always count on the resort to have a good solid base. They also offer a snow guarantee, which means if you are not happy with the conditions on the hill after two hours of skiing, you can get a refund. On the other hand, you just can't beat the view of Lake Pend Oreille on a sunny day. It almost feels like a dream.

If you have not made your way to North Idaho yet to see the biggest ski resort in the state, I urge you to. There is no mountain in the area that can beat Schweitzer. Take it from me. I have seen quite a few peaks from my ski racing days and I always come home to Schweitzer.

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PHOTO COURTESY OF GONZAGA UNIVERSITY

Rosemary Muriungi embodies the GU Cura Personalis mission.

Alum advocates for education in Kenya

By KAYLA FRIEDRICH

An ambition that started at the age of 19 which led her to obtaining a doctoral degree in leadership studies and eventually becoming a deputy head of human resources management at the United Nations is what makes Gonzaga alumna Rosemary Muriungi the real life embodiment of GU's Cura Personalis mission.

Muriungi brings a global perspective that naturally brings positive influence to the lives of people within the GU and Spokane community, the United States and other countries across the globe.

She has used her education in leadership studies and business administration to be an advocate for human rights and sustainable human development in Kenya and has been able to apply a seasoned international lens to the work that she now does at GU as a leadership professor.

There is something simple behind everything Muriungi has been able to accomplish and that is a promise she made to herself when she was a 19-year-old girl who had just gotten out of secondary school.

"I promised myself that even if I wasn't able to go to a university at that time in my life, I was going to make it eventually, and then once I started it seems that I didn't stop," Muriungi said.

Having to support her family as soon as she was out of

SEE ROSEMARY PAGE 2

SACNAS creates inclusive space

By ALLIE NOLAND

Gonzaga prides itself on its promise to be an inclusive and diverse student environment on campus, but that isn't the reality for Science Technology Engineering and Math (STEM) majors. That is where the Society for Advancement of Chicanos Hispanics and Native Americans in Science (SACNAS) comes in.

The SACNAS mission is to build an inclusive community for students of underrepresented backgrounds in the STEM fields at GU. Club president, Andrew Jimenez, is a junior biology major who saw an opportunity for SACNAS to thrive.

"My years at Gonzaga have shown me that there's a willingness to promote diversity and inclusion, and we just need the right platform to do that," Jimenez said. "We need to make sure that it's true equity and inclusion. It can't just be performative and

ingenuine. SACNAS is going to be a really good platform to make sure it's genuine promotion of diversity."

Laura Diaz-Martinez, Carla Bonilla and Amanda Braley, professors in the biology department, reached out to Jimenez and a couple of other students about this SACNAS opportunity. It is a national organization with chapters all over the country that promotes achieving true diversity in STEM.

"Establishing this chapter at Gonzaga is going to be really influential to people seeing that we're committed to diversifying the STEM field, and also being this inclusive community that Gonzaga says we are," said Cassidy Sebastian, SACNAS secretary. "We're actually putting that into action."

SACNAS is not exclusive to minority groups. Any student in any STEM field can join, whether they are engineering majors,

sociology majors, math majors or anything in between. All of the club officers said they want to emphasize to students that anyone is welcome, regardless of background.

"We're going to be working on developing avenues that our members can work on like professional development, leadership opportunities, engaging with science community outreach and also civic engagement," Sebastian said.

These developing avenues will continue to grow more and more as the club becomes established, but the officers right now are excited to host social events and build a community of inclusion. SACNAS also has some available scholarships for members as well.

"Before we get into actually doing the civic engagement and the community outreach, we want to make sure that we have a stable

SEE SACNAS PAGE 3

Honor society emphasizes Jesuit heritage for GU students

By CAITLIN RELVAS

Among many of the honors and achievements Gonzaga students can earn is induction into Alpha Sigma Nu, the Jesuit Honor Society. Only the juniors at the top of their class academically are invited to apply, with an even smaller selection accepted.

Alpha Sigma Nu is the only Jesuit Honor Society, with 28 chapters nationally and internationally in Jesuit universities. It was started in 1915 at Marquette University to recognize students who exemplified the Jesuit heritage.

"Alpha Sigma Nu was started as a kind of alternative [honor society] for people who were at Catholic universities to be recognized for excellence in scholarship," said Dan Bradley, philosophy professor and Alpha Sigma Nu faculty advisor since 2014. "But also, due to the Jesuit nature of it, it's

not only a matter of excellence in scholarship, but also a matter of excellence in service to others and cultivation of a spiritual life."

GU's chapter was established in 1939, and just as the others, is open to students of any major and faith, recognizing the three tenants of scholarship, service and loyalty. As the faculty advisor, Bradley provides continuity from year-to-year and is a guide to resources for student leaders. Senior Isabelle Picciotti was inducted last spring and serves as the president this year.

"What I do as the president of Alpha Sigma Nu is serve as the Gonzaga representative to the greater Alpha Sigma Nu community and then translate that onto our campus," Picciotti said. "Once a month I meet with every other president at the Jesuit universities

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around the country, and we also have a group in Chile, a group in Spain, a group in South Korea. We meet to discuss what we've been doing on our campus, plan our events, our project for the greater group, and then translate that onto our own campuses."

This semester the 42 members of the GU chapter are focusing on each of their tenants. Picciotti came up with the idea for their service project, which aids the vulnerable in the Spokane community.

"Our service event this year is COVID survival kits for those experiencing homelessness," Picciotti said. "Those have masks and hand sanitizer and socks, and we're inviting our members to take one or two to go out when you're walking on the trail or you're going downtown to meet a friend and hand out to those that might be in need of it."

There are 100 of these kits for members to distribute, but there is more to the act than simply charity.

"It's not just sharing in the sense of giving things away, but it's a chance for GU students, particularly Alpha Sigma Nu members, to make contact and get to know a little bit better some of the members of the homeless community here in Spokane," Bradley said.

Alpha Sigma Nu also provides

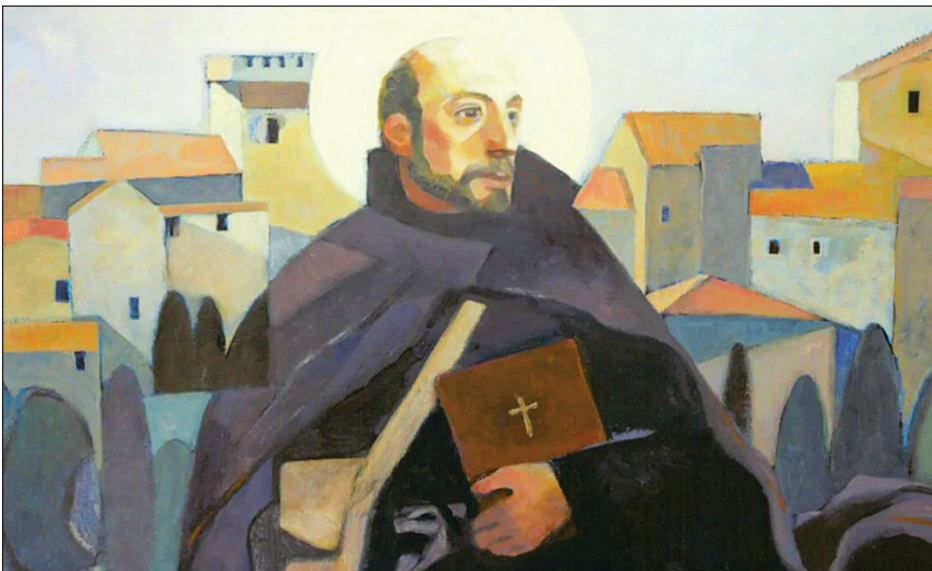


PHOTO COURTESY OF GU ALPHA SIGMA NU FACEBOOK

Saint Ignatius of Loyola, pictured above, was a Spanish priest and theologian who founded the Jesuit order.

opportunities for members to grow in their faith, through the loyalty tenant.

"Every Tuesday and Thursday, starting March 9, we're going to meet down at the Spokane River to pray the Liturgy of the Hours, which is an ancient Christian prayer, in which people would pray as the sun is rising, mid-morning, noon, as the sun is setting, evening and at night," Bradley said. "It sacralizes the rhythms of the day, and it also helps to follow the sacred rhythms of the year."

Although the spiritual focus of the society is Catholic, because it comes from the Jesuit tradition, members do not need to be practicing Catholics.

"We hold prayer and reflection in the morning, but it can be just reflection," Picciotti said. "We hold mass, but that can be an opportunity for you just to [practice] fellowship with someone, if you don't really enjoy Catholic mass or you don't belong to the Catholic church."

Finally, the chapter holds a series of

lectures under the scholarship tenant. The first one was Tuesday March 2, on the Salish people who lived in the Spokane region before colonists, the next is April 1, reflecting on COVID-19 and the last is April 22, about race relations in America from an academic point of view.

Fellowship is another important aspect of the society, as members will often meet for meals and masses. Picciotti especially enjoys how tight-knit the community becomes since it is so small, and that everyone looks out for one another.

"Once you graduate, there's a lot of awesome alumni opportunities, and the Alpha Sigma Nu network is global," Picciotti said. "People utilize that for jobs, for moving around, for networking. And so not only is it a bonus to put on a resume if you're applying for something or if you want to show off a leadership skill on campus, but it's meant to follow you for the rest of your life."

Alpha Sigma Nu celebrates the Ignatian project and recognizes the most excellent students, those who are the brightest and most motivated.

"When I'm dealing with the Alpha Sigma Nu students, these are the ones who are the most already on fire and the most excited about [the Jesuit charism]," Bradley said. "I'm not having to generate excitement, just share that with them."

Caitlin Relvas is a staff writer.

ROSEMARY

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secondary school never stopped Muriungi from fulfilling this promise to herself and accomplishing the goals she wanted to.

This motivation is what she hopes to instill in young people who tend to be held within the limits of the societies and cultures around them.

Muriungi knows the value of hard work and education in African countries but wants to be a support to younger people, specifically women, who do not always have simple and easy access to the resources they need to succeed.

"In Kenya, it is not like here where you get to choose whichever university you want to go to, and what happens is students with the lower grades like C's and D's never get the opportunity to go to University," Muriungi said.

There are many types of roadblocks in the Kenyan education system that inhibit students from rising to their full potential as members of their communities.

Her passion for teaching, advocating and providing opportunities and resources for other young children was something that Muriungi came across by accident.

"It was the best starting point for me because during that time I was a teacher, there was a specific point in one of the courses that I used to teach when I knew this is what I wanted to do," Muriungi said.

While teaching a business management course Muriungi saw a girl who was trying really hard, and doing all the work but not getting the results that she'd been hoping for.

Not setting her to the standards of her highflying peers, Muriungi focused on helping her student achieve goals that were going to allow her to compete with herself

rather than her classmates.

This student didn't just complete the course but was able to pass the national exam in Kenya as well as the Pitman Exam in England.

After years of teaching in Kenya and the United States, Muriungi has seen a need in these students and uses that as a driving force for her commitment to starting a college in Kenya.

"The goal is to provide an opportunity to that category of students to get something even if it's just a short three month course," Muriungi said. "At the end, students will be able to come up with something that they will actually be able to employ themselves with once they're done."

Muriungi is highly regarded by her colleagues such as Kristine Hoover, the director of the School of Leadership Studies, for her willingness to take risks that advance her career and global impact.

"Her understanding of how education changes the world through different cultural and disciplinary situations is really amazing," Hoover said.

Hoover first met Muriungi as a student in the doctoral leadership studies program, which she graduated from in 2020. Muriungi assisted Hoover with course designs for that same program.

Muriungi's professional background in human resources impressed Hoover from the get go and from that point forward, their professional relationship grew into a humble friendship.

"There's one quote that always reminds me of Rosemary and it's something like this: Swim like a duck. Swim above the water with a grace, while underneath the water you're taking care of so many demands," Hoover said.

Muriungi's background as not just a student but as a mother, a citizen from a foreign country and so many other commitments impress her peers as she goes through

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Until you know her story you really don't understand how much she is doing and how well she is able to do it.

Kristine Hoover, director of School of Leadership Studies

the hoops so effortlessly.

"Until you know her story you really don't understand how much she is doing and how well she is able to do it," Hoover said.

Muriungi touches the lives of all those that she meets, whether it be her co-workers, students or family.

"The most gratifying part of being a teacher is knowing that I can make such a big difference in a young person's life by engaging them at their level and trying to break down these topics in a way that makes sense to them," Muriungi said. "Really, just seeing them grow. Knowing that I'm a contribution to that growth and helping them find their own space in life is very special."

Kayla Friedrich is a staff writer. Follow her on Twitter @friedrich_kayla.



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Moving on and moving in

By SYDNEY FLUKER

If you are lost on how to find off-campus housing, look no further. Here is a rundown of the best ways to get started, from when to begin looking to signing the lease.

First, start early. Alex Soto, a junior accounting major, encourages starting even as early as freshman year. This type of a head start allows you to know what you are looking for and gives you a basic understanding of the housing market in Spokane.

“If you start doing research early, it won’t be as stressful when it’s time to move off-campus,” Soto said.

Gonzaga University has resources for moving off campus that are updated frequently. GU’s off-campus housing website features apartment and house listings for long and short-term accommodations that are specifically for students. The website specifies number of beds and baths, location, price, the landlord’s contact information and extra information provided with the listing.

Junior Jasmine Fisher has lived in GU owned off-campus housing and is moving to non-GU housing next year.

“Their website is great because it answers all the initial questions you might have,” Fisher said.

The GU Housing, Sublets & Roommates Facebook page is another great place to look. Junior Alex Schmidt found their housing this way, and used the page to compile a list of places they were interested in. If both sites don’t work for you, apartments.com and Zillow are great resources, but may be harder to find places for students.

Next, make sure you get organized in your quest for housing.

“Don’t plan on being in your number one house unless you have a solid group, the security deposit ready, the parents ready to cosign, all of that,” Schmidt said. “If you don’t have everything in order, it can be a train wreck.”

Schmidt made a list of potential places they could live in, then talked with a few people to form a group. After the list and housing group was finalized, they started calling around and going on walkthroughs. This ensured all details were accounted for when the time came to sign the lease, and made finding housing a lot less stressful.

Finding a group you want to live with is an important step.

“Knowing who you want to live with is key to starting early,” Fisher said.

People switch in and out of housing groups frequently and that should be expected, but having a general idea of who you want to live with is a good start to finding housing. Once the group is finalized, it is easier to handle security deposits and signing leases.

Then, figure out what you need in a house. Having a basic understanding of the utilities you need as a college student will help narrow the final list down.

“Make a good list of what you really need versus what you want,” Soto said.

While having a big backyard might seem ideal, Wi-Fi to do homework would be more necessary as a college student. Having an idea of what is necessary versus what is desired will help you in finding the best house for your needs.



BULLETIN FILE PHOTO

As underclassmen look to move off campus, there are many different resources that can help streamline the process.

Talking to upperclassmen living off-campus can give you a better idea of how to approach finding off-campus housing for your specific situation. Fisher said the best thing she did was find out what other people did to find their house, and then used that advice in her own quest.

Talking to upperclassmen also allows you to hear about their experiences with a specific house, landlord or living situation. If you realize you like their house or want something similar to what they described, use that when looking for your housing or ask them for suggestions.

Once you have found a house you like, make sure to see it in different environments.

“Go during the day with a group of friends to see how it’s going to be and then drive by at night to make sure you feel safe,” Soto said.

Talk to neighbors or people who live in the area to hear about their experiences. You want to feel safe wherever

you end up living, and an area that is pretty during the day may not be as nice at night.

At the end of the day, the most important thing when looking for housing is to be organized. Keep an updated list of where you want to live, the price, utilities and other information you may need so when the time to sign comes, you are ready.

“If you are quick enough to sign a lease and put down your deposit, then you shouldn’t have a problem,” Schmidt said.

Sydney Fluker is a staff writer. Follow her on Twitter: @sydneyinfluker.

SACNAS

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foundation of leadership, support and students in the club,” Jimenez said.

SACNAS is doing just that. At its first meeting, 23 students attended for a listening and information session, a pretty high attendance for an initial Zoom meeting. Jimenez and Sebastian are planning to pass the torch to Ana Reyes and Emiliano Soto-Romero after their graduation in 2022 but also are planning to get more underclassmen involved.

Reyes serves as the vice president of SACNAS, and Soto-Romero serves as the club treasurer. As underclassmen, they are prepared to take on the future of SACNAS. Both of these students were incredibly inspired from the moment they heard about the club.

“One of the things that inspired me to become an officer for this club was mostly connecting with other students like me, of similar majors and similar backgrounds,” Soto-Romero said. “And also getting to know professors from underrepresented backgrounds.”

Reyes said one reason she is passionate about SACNAS is because of the advisors and the representation of professors of color. Martinez was Reyes’ first professor of color at GU, and she has become a role model for Reyes.

“Whenever you see someone who is like you in these positions of authority, it’s comforting,” Reyes said. “It is so nice to be

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Whenever you see someone who is like you in these positions of authority, it's comforting.

Ana Reyes, vice president

seen. It’s like, that’s me, just older and more experienced. It excites me.”

SACNAS has meetings every other Thursday at 6 p.m. The next meeting is March 23.

At meetings, Jimenez said they reference the GU mission statement often. GU claims to be “people for and with others,” but SACNAS has recognized that this mission isn’t being carried out as well as it could be. Their conversations include ways to take the steps to achieve a true level of diversity.

To learn more about SACNAS, stay informed about upcoming events and learn how to get involved, follow them on Instagram @gonzagasacnas or email Jimenez (ajiminez2@zagmail.gonzaga.edu).

Allie Noland is a staff writer. Follow her on Twitter: @allie_noland.



Advancing Chicanos/Hispanics
& Native Americans in Science

PHOTO COURTESY OF SACNAS

SACNAS has meetings every other Thursday night starting at 6 p.m.

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Globe-trotting Zags: Pros of study abroad

COVID-19 has diminished our experience at Gonzaga a considerable amount. While Zoom classes and not being able to go to basketball games has shifted the entire culture at GU, another essential experience has also been robbed by COVID-19 this year: study abroad.

GU chooses to advertise its study abroad program for a reason, it rocks. The absence of the ability to do so for a year may seem inconsequential to underclassmen or people not in college at the moment, but Zags are currently missing out on an experience that fundamentally changes how you view the world.

Going abroad last spring, I had no idea what to expect. As a through-and-through California kid, making the transition to primarily living in Washington was already hard enough. But moving from the United States to Madrid, Spain, was something I had never experienced before. A new language, a new diet, a new education system and a new way of life are things that you have to immediately adapt to. While at some moments you experience intense homesickness or culture shock, those negative feelings are absolutely worth the experience as a whole.

Of course, there are the obvious perks: being able to travel with your friends to a new country every weekend, trying mouth-watering foods and perhaps having one of the more relaxed academic experiences in your college



By LUKE MODUGNO

Beside the clearly contrasting views on the concept of time, European society is a communal, cohesive unit. It's an indescribable feeling, but Europe is a place that seems more interested in helping each other, rather than helping themselves. Because European cities are far more compact than U.S. cities, they act more as a center of civilization, as people walk, talk, eat and experience life in closer proximity.

Also, depending on the program, you will be introduced to hundreds of students from different schools.

experience. But its intangible benefits are what make studying abroad a must. The perspective on the concept of culture that you gain from studying abroad is invaluable.

Within the first 24 hours of being in Spain, I noticed countless cultural differences that shocked me. Eating dinner at 8:30 p.m. was normal, going to sleep at 2 or even 3 a.m. was normal and starting your day at any time earlier than 10 a.m. was considered madness.

Study abroad is the perfect place to make life-long friends who may not even go to GU. Beside about 100 fellow Zags, my entire school in Madrid consisted of either permanent students from various European countries, or other American colleges. This allowed me to meet new people and to build and connect with them, as we were all going through the same cultural-adjustments.

Taking these experiences back to the United States was life-changing, as I was able to compare my own culture to European culture, widening my perspective about the world and erasing my frankly Americanized view on humanity as a whole. Sure, I traveled to new cities, saw breathtaking sites, ate great food, but that wasn't what I enjoyed most or even looked back on as summarizing my study abroad experience.

When I think about studying abroad, I think about how far it forced me out of my comfort zone, compelled me to see the world through the lens of a different culture and broadened my view on what is possible.

Luke Modugno is an arts & entertainment editor. Follow him on Twitter: @lmodugno5.

Body shaming and fatphobia: The invisible pandemic

March 4 is World Obesity Day. It is a globally recognized opportunity to reflect on how to solve the "world obesity crisis." Obese people exist around the world, including the United States, and many health professionals and people in general hold the belief that this is a problem worthy of the "crisis" label.

I would argue, though, that a fat body cannot be a crisis. The way we treat fat bodies is the real crisis.

Fatphobia and weight stigma run rampant around the world, particularly in America, and they present themselves in myriad ways. The fear or dislike of fatness exists because of all the assumptions we hold about people in large bodies.

Where do we get these ideas? Mostly from the media. When fat people are portrayed on television, which is a rare occurrence compared to the number of obese people in America, they are often the butt of jokes. Either that or their fatness or weight loss quest is

their defining personality trait.

If a fat person is portrayed as happy or successful without pursuing weight loss, it is looked down upon as "glorifying obesity." The notion that a person can be healthy at any size is completely foreign to many people.

Because of society's views equating fatness to laziness and badness and thinness to innate goodness and other admirable qualities, fat people are on the receiving end of discrimination in a variety of settings.

Given the number of obese people who exist, a lot of public spaces are still not accommodating for people of size. Take theaters or airplanes for example. On a similar note, it is far harder for fat people to access affordable clothing than it is for straight-sized shoppers.

Systemic weight discrimination does not stop there. According to studies, fat people are less likely to get jobs, less likely to date and marry and more likely to experience stigma in the form of both micro- and macro-aggressions.



By DAGNY ALBANO

Most alarmingly, I think, fat people frequently receive biased health care. We are often dismissed as having our excess weight being the cause of our poor health, are prescribed diets which often turn out to harm our health and are blamed for the ailments we have, which only exacerbates them.

I will preface this next bit by saying that just like we do not owe the world a thin body, we do not owe the world health. But it is almost comical how we think that body size and health are within our control in a country where

the most accurate predictor of our life expectancy is our ZIP code.

We cannot demand health if we as a country are not equitably distributing the option to pursue health-promoting behaviors. First, and most obviously, health care is not a right in America. How can we demand health when we do not even encourage it?

According to data from the Trust for Public Land, only one-third of people living in America's 100 largest cities live within a 10-minute walk from a park. When exercise, a health-promoting behavior, is not achievable for everyone, how can we demand health?

Based on several studies from the last 10 years, people in low-income neighborhoods live farther from grocery stores than people in higher-income neighborhoods. People in low-income neighborhoods are then faced with a choice between fast food restaurants or small stores that offer healthier options at higher prices. When health-promoting food choices are not

accessible to everyone, how can we demand health?

This country is not facing a "World Obesity Crisis." The toxic nature of promoting health and thinness while also failing to provide access to healthy tools and actively discriminating against obese people is the crisis.

The crisis is an absence of safe places to exercise, particularly in dense urban areas. The crisis is denying obese people the same unbiased careful medical care that our thinner counterparts receive.

The crisis is having to pay for health care. The crisis is the inequitable access to healthy food. The crisis is the demonization of obese people existing, healthy or not, and the harmful stereotypes that we perpetuate about fatness. My body is not the crisis.

Dagny Albano is a staff writer. Follow her on Twitter: @dagny_albano.

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Toughen up, but not like that

The struggle for gender equality in sports has been an ongoing issue essentially since competitive sports have become mainstream. Many strides have been made over the years when it comes to women's sports; however, many discrepancies can still be spotted between the treatment of male versus female athletes to this day.

A couple weeks ago, Novak Djokovic repeatedly smashed his racket into pieces at the Australian Open out of frustration for failing to return the ball in an important set. They had to halt the game for a ball kid to come and clean the mess up, yet Djokovic got off with only a warning.

Despite this outburst, it was hailed as a moment that helped Djokovic regain his focus so he could ultimately win. Djokovic received overall positive reactions from the media, with him and a reporter laughing off the incident at a news conference following the game.

On the other hand, Serena Williams' outburst at the 2018 U.S. Open sparked controversy. After receiving a warning that she felt was unfair, Williams engaged in an argument with the umpire. Later in the match, out of frustration over losing a set, Williams threw her racket on the ground, and then received her second code violation: a penalty point.

This enraged Williams further and she called the umpire a "thief." The umpire then issued a third code violation for arguing with him: a game penalty. This meant that Williams' opponent, Naomi Osaka, was awarded the match. Naturally, this put Williams at a huge disadvantage, and she ended up losing the match and that year's Grand Slam title. Williams was also fined a total of \$17,000 from her penalties.



By MARISSA CONTER

What was most notable about Williams' arguments with the umpire is her accusations of Carlos Ramos (the umpire) holding her to a sexist double standard. She argued that men have fought with umpires and said way worse than her, yet they have never been as severely punished as her.

As Williams is an African American woman, there is much discussion surrounding whether the stereotype of the "angry Black woman" is affecting her treatment by the umpires and the media.

If you are still questioning whether sexism is at play here, you only have to browse the comments under each video. Under the clip of Djokovic smashing his racket, the comments are widely praising him.

"One of the greatest tennis players of all time and one of the greatest racket smashers of all time," said YouTube user adambomb30.

In stark contrast, Williams is torn to shreds in her comment section. People got nasty, with many calling her a sore loser.

"It's insulting to so many people that she played the mother, race, feminist, victim and parental card, lost so so so much respect for her," said James Heggie, another YouTube user.

In both instances, the players had exhibited unsportsmanlike behavior, yet one player is hailed for his performance and the other

is heavily shamed for hers. This leads to my big question: why is it that Williams gets torn apart for acting aggressive when other male tennis players do as well and do not receive nearly as harsh punishments or criticism?

Simply, it is because Williams is a woman of color in a sport that historically lacks diversity. When she gets angry on the court, it is written off as her being whiny or a sore loser because it plays into this stereotype of an "angry Black woman." A few retired male tennis players such as James Blake and Andy Roddick came forward after this incident, admitting they had acted similarly or even worse, and had not received nearly as harsh of punishments. Most had just received a warning and were not punished further when arguing with the umpire.

I empathize with Williams' frustration during this match. Williams has had a decadeslong career of dealing with unfair calls from umpires and yet still, after all of her success, she still has to put up with it. Even if it is not ideal to become emotional during a match, I feel it is entirely reasonable that she defended herself, as she was trying to send an important message.

It is 2021. All genders should be held to the same standard. Unsportsmanlike behavior should be punished equally. This narrative that when male players have outbursts, that means they are passionate and outspoken versus when female players have outbursts, they are hysterical and crazy, is clearly affecting how these athletes are treated. I hope to continue to see Williams speak out about gender discrimination in sports, and see more dialogue and action aiming to solve this issue.

Marissa Conter is a staff writer. Follow her on Twitter: @marissaconter.

Best places near GU to grab a slice of heaven

Commentary by THEA SKOKAN

It's lunchtime, you're hungry. We know how you feel. Your mouth wants lots of pizza and your wallet wants a deal. While that may be a Little Caesars jingle from a commercial that aired when I was in high school, the message holds true—who doesn't want a good piece of pizza at a good price? Here are the best places to grab a slice when that craving hits hard:

Versalia Pizza: 1333 W. Summit Parkway
In terms of price, this may not be the cheapest option. In terms of flavor and atmosphere, Versalia Pizza is a winner. The handcrafted thin-crust pizzas baked in a wood-fired oven range from \$13.50 for a 10" pizza to \$23 for a regular 16". While it sounds like a lot, a pizza split between friends really isn't too bad and the stunning patio view of the river makes it all worth it.

Favorite pizza: Prosciutto Arugula.

Pizza Rita: 502 W. Indiana Ave.
Pizza Rita is the happy medium between super affordable and super yummy. And by super yummy, I mean greasy goodness. There's nothing gourmet about these pizzas, but sometimes that's exactly what you want. The neon building on Indiana Avenue is unmissable and if you don't feel like leaving the comfort of your room, they deliver. Pizza Rita is always running specials, you're almost guaranteed never to spend more than \$10 on a whole pizza and a liter of soda. It really doesn't get better than that. The next time you need a little slice of heaven, check out the back of your last Safeway receipt for a Pizza Rita coupon.

Favorite pizza: Chicken Bacon Ranch.



PHOTO COURTESY OF THE FLYING GOAT FACEBOOK
The Flying Goat names its dishes after Spokane hot spots.

The Flying Goat/Republic Pi: 3318 W. Northwest Blvd/611 E. 30th Ave.

The Flying Goat and Republic Pi are sister restaurants each with their own unique and insanely tasty menu. With dishes named after Spokane hot spots, it's the perfect place to take out-of-towners. It must be mentioned again how amazing the pizza really is and with prices ranging from \$12.50 to \$17 at the most, it's almost a bargain.

Favorite pizza: Kiernan (The Flying Goat) and South Hill (Republic Pi).

Boombox Pizza: 221 N. Division St.

For the 21+ crowd out there, Boombox Pizza is here to be your perfect '90s haven. Themed pizza names, 32 ounce bloody marys and donations to the local Spokane Humane Society leaves Boombox Pizza near perfect in my book. And while geared toward the older crowd, this pizza place is open for all ages until 9 p.m. promising throwback fun and tasty eats for all.

Favorite pizza: Ice Ice Baby.

Domino's: 1320 N. Hamilton St.

On a rundown of Spokane's best pizza, it may feel like a bit of a cheat to include Domino's. Not only is it not local, at any time before midnight it's definitely not the best. But, every Gonzaga student knows when that late night craving hits there is no better place than Hamilton Street Domino's. Famously long delivery times lead to over-the-top hunger which makes the pizza taste that much better when it arrives. Add on lava cakes, garlic knots or even wings and you've got yourself one satisfied stomach ache — the good kind.

Favorite pizza: Classic Pepperoni, baby.

Thea Skokan is a news editor.

Hold up, does this sound like Gonzaga?

A GU playlist created by the 'Sounds of Spotify Schools' account on Spotify

Commentary by MILA YOCH

Picture this: you're drinking at a house party (pre-pandemic, of course) and some random boy comes up to you and starts a conversation about the music playing and he asks you what kind of music you like. You tell him and he responds with the fact that he's really into some underground music. In fact, he doesn't think you've heard any of his favorite songs before. He pulls out his phone, shows you his Spotify and the song he presents you with is "Retro" by Childish Gambino.

"Do you know Childish Gambino? He's pretty underground," he says. Childish Gambino has 14 million monthly listeners and "Retro" has been played 67 million times.

Totally underground.

Oh and by the way, can he add you on Spotify? Maybe he can switch up your Spotify algorithm, you look like you listen to a lot of Doja Cat and Taylor Swift.

That is what it's like to listen to the Sound of Gonzaga University Spotify playlist.

Created by the Sounds of Spotify Schools, an account developed by Every Noise, a web project by The Echo Nest principals engineer Glenn McDonald, that compiles the

most listened to songs of university students based on geography, listening patterns and math.

Defined as a "music intelligence platform," the playlists are created in response to structured inquiries based on location and used through a computer.

"The calculation and machinations with which we build these genres involve layers upon layers of data-collection and synthesis, and a carefully considered amount of editorial guidance," according to the Every Noise website.

The website has calculated algorithms for universities and colleges across five continents, 41 countries and 2,124 universities and colleges, including our very own GU.

Created on Aug. 14, 2020, the Sound of Gonzaga University playlist is a compilation of 3.5 hours worth of "I'm not like other guys" music.

According to the site, the playlist is made up of pop, alternative R&B, modern rock, electro-pop and indie-pop.

"Underground" songs like "Another Day in Paradise" by Quinn XCII and "XX" by Marc E. Bassy grace this playlist, with "Yiken (Certified)" by Priceless Da Roc thrown in there to spice things up.

None of these songs have less than 21 million listens. What does that say about the GU community? That

the GU individuality complex really does exist? That GU creates the ideal environment to romanticize your life and be the Bella in your own Twilight story (FYI Spokane is no where near as cool as Forks, WA.)

After listening to this playlist, it's easy to dream of a cloudy drive down the Oregon Coast (with a quick twerk break in between for B.O.B's "HeadBand" feat. 2 Chainz).

On the bright side, the school that GU has the least in common with is Brigham Young University in Provo, Utah. Whose top genres, according to Every Noise, is EDM and Christian a-cappella. I guess Zags do help Zags.

What does this mean going forward for the GU community? It means it's time to let go of the superiority complex to the indie songs that everyone knows about.

Come to terms with the fact that Maggie Rogers and Hippo Campus aren't underground.

So no, the GU playlist isn't some special little indie hub, but of course it wouldn't be, all these songs are based on GU student's listening patterns.

And that's ok.

Mila Yoch is the digital editor. Follow her on Twitter: @milagrosyoch.

Good Luck to Kayla Cartelli

"May your day be touched by a bit of Irish luck, brightened by a song in your heart and warmed by the smiles of the people you love."



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It's March Zagness! Gonzaga basketball is better than ever. Support our men's and women's team by building and sharing your Mini Zags on social media. #MINIZAGS



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Hometown kid helps GU hoops success

Spokane native, Anton Watson, has been a key contributor to the success of the Gonzaga men's basketball team this season

By RILEY UTLEY

Gonzaga men's basketball players come from all over the United States and the world to play for one of the best collegiate programs in the country but not many come from the Inland Northwest.

By coming to GU Anton Watson, a sophomore forward, has joined the list of local legends like John Stockton and Adam Morrison, who were born and raised in Spokane and came to play college hoops mere miles from where they grew up.

Not only did Watson grow up in a city known for its basketball, but the sport was also a family affair.

"My dad played basketball overseas and my brother and sister played basketball in high school and they're both older than me, so I've had a basketball in my hand since I was 2 years old," Watson said. "I just came to love the game. I played other sports, but basketball is really the one that has stuck with me. In high school that's when I started taking it really serious."

Over the course of his high school career Watson led Gonzaga Preparatory School to two 4A state titles during his junior and senior seasons and accumulated awards including the Associated Press and Seattle Times all-state player of the year, two-time state tournament MVP and was one of 18 finalists for the USA U19 World Cup Team.

The decision to stay close to home was easy for Watson. He attended Gonzaga Prep with AJ Few, head coach Mark Few's son, and played basketball with Liam Lloyd, assistant coach Tommy Lloyd's son.

"I've been around the program and I knew it was a good fit for me," Watson said. "Growing up in Spokane I knew my family could come to the games, so I thought it was the perfect fit."

Watson grew up in Coeur d'Alene, but both his parents worked in Spokane, so he decided to attend Gonzaga Prep for high school. He started talking to colleges to play basketball in ninth grade and was committed to GU by 10th.

"It was pretty short," Watson said. "I think they offered me my sophomore year and then I committed like two weeks later. It wasn't much of a decision."

Once he got to GU Watson had an immediate impact on the basketball team by playing major minutes as a freshman.

He remembered in one of his first collegiate games against Texas A&M he got a steal and a dunk. He said it felt good to get a dunk like that at this level of play.

"Doing my role coming in I had to play for Killian [Tillie] a little bit because he was injured," Watson said. "I basically had to step up to the plate when my name was called. We had a really good team last year."

Last year Watson injured his shoulder and had to get surgery which caused him to miss the last 14 games of the season. He said this injury is the most difficult thing he's been through.

"I went through lots of physical therapy," Watson said. "I got my injury and then I couldn't work out for a couple of months. I couldn't really do anything, and I think that was the most difficult part. And then coming back and staying positive and doing a lot of shoulder exercises was the key for that."

He said that having Tillie around last year was especially helpful while he was recovering from his injury.

"I actually took a lot of things from Killian because he was in the same boat last year and all the years before," Watson said. "He always stayed positive and that was something I've been trying to do throughout the whole process is stay positive and lift my teammates up, not



Gonzaga sophomore forward Anton Watson throws down a dunk against the Loyola Marymount Lions on Feb. 27.

bring them down."

One of the biggest lessons Watson learned from his injury was patience.

"I was about to come back and be fully recovered, I was trying to come back and play before and the coaches were like 'Nah. Don't do it,'" Watson said. "So, I think just being patient and then knowing that the hard work is going to pay off, because I did all those workouts for my shoulder."

This year Watson is taking on a bigger leadership role since the team is so young.

"Last year we had a lot of older dudes and a lot of veterans who knew the game and then this year I kind of have to be a leader because we have a lot of young guys now, a lot of freshmen," Watson said. "So, it's kind of like the roles reversed for me. I think that's the biggest difference."

Few expects Watson to make an even bigger impact on the team moving into the WCC Tournament and March Madness.

"Anton is a really, really big key for us as we move down this home stretch of the season," Few said. "Everybody throughout his whole career, through high school and everything, always wants a little more out of Anton."

Few went on to say that they want Watson to assert his athleticism and effort even more.

"We're asking him to look to score a little more when we throw it into him," Few said. "I think we squeeze that little bit or large bit out of him that's going to be a real, real big key for us moving forward."

Watson said his main role on the team is to bring defense and energy to the court and rebounds is a major key for his game.

"That'll help the team out," Watson said. "Every game I have to do that. That's my role."

Outside of basketball Watson enjoys hanging out with his teammates. He said

his summers spent with his teammates and winning the WCC Tournament last year are a few of his favorite memories.

He also enjoys playing video games — especially FIFA.

"I usually beat everyone at FIFA, you can ask all my teammates about that," Watson said.

This year Watson's and the teams' ultimate goal is to win the national championship. Outside of college hoops he hopes to play basketball professionally anywhere, but he really wants to play in the NBA.

"He's a great guy, he's a great teammate," Few said. "I think he's a big key as we head down the stretch."

Riley Utley is a copy editor. Follow her on Twitter: @rileyutley.

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Sports Illustrated features the Zags

By ASHER ALI

Thinking of some of the previous accomplishments which have landed athletes and teams on covers of Sports Illustrated (SI) magazines, you have Bryce Harper as a high school baseball phenom in 2009, Serena Williams winning her first Grand Slam at 17 years old in 1999 and the construction of the illustrious “Dream Team” USA Olympics squad in 1991. For March 2021, Sports Illustrated chose to feature a college basketball program chasing the first NCAA Championship for a West Coast team in 24 years.

Released to the public nationwide on Feb. 18, the latest edition of SI features Gonzaga’s ascendant men’s basketball program on the cover, to go along with a 10-page feature story written by SI journalist Greg Bishop that journeys through the program’s rise from conference title contender to national championship favorite.

Not a new story being told about GU by any means, but one that the publication feels like it covered more holistically and with more detail than most previous stories about the Zags’ climb.

“Gonzaga has the kind of program continuity that makes you think of places like Duke or even Villanova with what Jay Wright has been able to do,” said co-Editor-in-Chief of SI, Stephen Cannella. “That’s the reason I think there’s a lot of staying power [at GU], and why Coach Few has a lot of staying power there.”

The March edition of Sports Illustrated (SI) Magazine won’t even be the first occasion where GU men’s basketball has seen time on the sports publication’s esteemed cover. Over the past 22 years, GU has had a member of its program featured in some prominent manner on SI’s cover six times between getting on various regional covers, March Madness previews and the signature monthly editions that the publication is revered for.

Never before however, has more than a single GU team player been at the forefront of one of these covers. That changed as this latest cover features four GU starters — Jalen Suggs, Drew Timme, Corey Kispert and Joel Ayayi — all decked out in the team’s



PHOTO COURTESY OF SPORTS ILLUSTRATED FACEBOOK

Sports Illustrated announced Feb. 11 that GU would head the cover of the March edition of the publication.

newest navy blue away threads, with head coach Mark Few square in the middle.

Initially, SI photographers were trying to get an action shot to use on the cover. After a few games however, it became clear that they couldn’t get a cover worthy shot while photographers were held off the floor this season due to COVID-19 restrictions, so the editors scrambled to get a portrait photo shoot set up with Few and the four players.

“We talked about should it just be [Few] by himself, should it just be Kispert by himself?” Cannella said. “Then we really thought that these four players who are the core of this year’s team have a chance to really be something special surrounding coaches who have really built the program that symbolizes everything we thought GU and the story should be about.”

While the team at SI didn’t manage to get an action shot that represented GU the way they wanted for the cover, they were able to get action shots both of this year’s team and teams from as early as when John Stockton played for the

article inside. Cannella said that the ability to not just get a wide array of photos, but the ability to talk to sources spanning different eras in the program’s history, from current players like Suggs to prestigious figures like Matt Santangelo, helped immensely in portraying GU’s systemic development for the article.

Bishop used his multitude of sources to outline GU’s rise in stature, and does so by breaking the process up into three phases starting with the 1998-99 team that made a Cinderella run. The one figure that Bishop keeps prominent in all three of these periods is Few, who Bishop traces the journey of all the way from being the new head coaching hire who the university’s president at the time didn’t even fully know, to the basketball maestro that Bishop quotes GU legend Adam Morrison as saying is even better now than he was during Morrison’s time in the program.

Bishop had been working on this story since early 2020, when SI originally thought that it would run a feature piece on

GU and even spotlight the team on the cover last March, before it began to look like that season could be in jeopardy. Cannella said that the editing staff once again settled on having GU be the face of this year’s March edition in late January, bar any extremely significant narrative arising out of the Super Bowl, which Cannella and his team eventually didn’t find happening.

One challenge in writing a piece focused around a team that has already received so much national attention is that the facts of this story could already be common knowledge to much of the sports world by the time of its release. For instance, almost all of GU’s even most casual of fans have heard by now that Suggs was a highly touted football recruit in high school, but Bishop uses this common nugget of information to speak to a wider narrative about how GU has come far enough in becoming a prominent powerhouse where it can now draw multisport recruits.

“What we’re always trying to do at SI is tell you a story that you either didn’t know you needed, or a new spin on a story that you thought you knew,” Cannella said. “In this case, rather than focus on any one player and their unique background, Greg took a bigger picture view of painting a sketch of the evolution of this program.”

Even while GU has soaked up most of the spotlight surrounding this college basketball season, there doesn’t seem to be any Zag fatigue by consumers. Cannella said that SI’s online marketplace sold out of its original stock of copies in two weeks which doesn’t often happen, and that now the edition has sold five times more copies than the average monthly volume.

You can still look for this month’s edition of Sports Illustrated on newsstands around Spokane, as well as access Greg Bishop’s article about the program online with a subscription to the publication.

Asher Ali is a sports editor. Follow him on Twitter: @asher_ali3.

XC shows out at WCC championships

By KEENAN GRAY

It had been 467 days since the last time both the Gonzaga men’s and women’s cross-country teams toed the line together for the biggest race of the season in Colfax, Washington at the 2019 NCAA West Regional Meet.

Nearly 15 months later, both cross-country teams headed down to Craig Ranch Regional Park in North Las Vegas on Wednesday, Feb. 24, to compete in the 2020-2021 West Coast Conference Cross Country Championships.

The men came away with arguably their greatest performance in program history with a second-place team finish scoring 51 points in a field featuring two nationally ranked teams in No. 2 BYU and No. 8 Portland.

“These guys are the ones who kept the energy excited,” said GU Director of Cross Country, Pat Tyson. “The mentality was always there. The build-up and the training was more strength because we didn’t have an indoor season, but it helped us run the way we did in North Las Vegas.”

Junior James Mwaura led the way for the Bulldogs finishing second individually for the 8k race running a new program record of 23:02.9, a 38 second personal best improvement from his conference mark in 2019 when he placed fourth as a sophomore.

“I knew our top guys were going to do their job,” Mwaura said. “For my part, going into the race I knew I was fit and that I could hang with Connor Mantz but it just depended on how long I could hold on to him and perhaps give myself a chance to win.”

Making their first appearances at the WCC Championships, redshirt junior Yacine Guermali was fourth with the program’s second fastest time running 23:07.5 and freshman Wil Smith placed 11th running



PHOTO COURTESY OF KEENAN GRAY

James Mwaura and Yacine Guermali were named first team all-WCC after their performances.

the program’s fifth fastest time. “The pain in the race is far different from race in training,” Guermali said. “I can speak for the team; we didn’t rule anything out and I was happy with our results. We hadn’t raced in 15 months and I think our team had been doing a great job overall of keeping things pretty simple with many low-pressure situations.”

Mwaura and Guermali earned First Team All-WCC honors placing in the top 10 and Smith earned Second Team All-WCC honors with a top 15 finish.

Redshirt senior Peter Hogan and redshirt freshman Evan Bates rounded up the top-five scoring for the Bulldogs placing 16th and 19th in times of 23:54.3 and 24:14.3.

Coach Tyson was named WCC Coach of the Year and becomes the first GU coach to receive the honor since Kevin Swaim won the award in back-to-back years in 2003 and 2004.

With NCAA national championship qualifications on the line, Tyson feels optimistic about their chances of being selected to race in Stillwater, Oklahoma on March 15 after their team performance against two of the top teams in the nation.

“The nice thing about all this is we get to keep racing next month,” Tyson said. “We are

going to be ready to run. The West Coast Conference Meet was just another day at the office and so, we’re not going to make a big deal out of it, so we will just race and get as many low points as possible.”

BYU took home the team title for the sixth consecutive year scoring 25 points led by Connor Mantz who won his second consecutive individual title in a time of 22:54.4. Portland was third with 62 points.

On the women’s side, junior Kristen Garcia placed 12th individually running 20:50.2, the eighth fastest 6k time in program history, and led the Bulldogs to a fourth-place team finish scoring 98 points.

Garcia, who transferred from the University of Wisconsin with postseason running experience, has felt coming to GU has been a positive experience for her and has turned her running career around in a positive way.

“Having supportive teammates and (Jake) Stew as a coach has been a great transition for me,” Garcia said. “Working together all winter and fall under Stew’s training has been beneficial for all of us, so the goal going into the race was to go out hard and make the statement that we belong here because we are a good enough team.”

Junior Lauren Haas climbed

into the top 20 throughout the race and ended up placing 18th in a time of 21:27.2.

“I was excited just to be out there racing again,” Haas said. “I knew going in we were going to run times we haven’t seen before, and we just had to not think about that. The race did go out fast, but I think we were mentally prepared and had the fitness to recover from that.”

Other scorers from the Bulldogs top five were senior Ally Legard (21:43.8, 22nd), junior Liz Hogan (22:08.3, 28th) and redshirt senior and former All-WCC runner Claire Manley (22:13.6, 29th).

“I think this team has a lot of potential next year,” Haas said. “We had to prove to the other conference teams like Portland, BYU, and USF that we belong up there with them, so this was the race we gained a ton confidence and I think we can work off that for next season.”

Portland’s Anna Pataki won the individual title in a time of 19:56 leading the Pilots to a second-place team finish scoring 49 points, while BYU won their third consecutive team title scoring 28 points. San Francisco was third scoring 68 points.

Keenan Gray is a contributor.

GU SPORTS

Friday, March 5

- ➔ **Volleyball at Pepperdine University, Malibu, CA, 3 p.m.**
- ➔ **Baseball vs. Portland University, 3 p.m.**
- ➔ **Men's Tennis vs. Idaho State University, 6 p.m.**

Saturday, March 6

- ➔ **Women's rowing at Seattle University, Seattle, TBA**
- ➔ **Women's tennis vs. University of Idaho, 11 a.m.**
- ➔ **Baseball vs. University of Portland, 1 p.m.**
- ➔ **Women's soccer at USD, San Diego, CA, 1 p.m.**
- ➔ **Volleyball at Pepperdine University, Malibu, CA, 2:30 p.m.**
- ➔ **Women's Tennis vs. University of Seattle, 5 p.m.**

Sunday, March 7

- ➔ **Baseball vs. University of Portland, noon**
- ➔ **Men's soccer at LMU, Los Angeles, 1 p.m.**
- ➔ **Men's tennis at University of Washington, Seattle, 4 p.m.**

Monday, March 8

- ➔ **Men's golf at Colin Montgomerie HBU Invitational - Day One Colin Montgomerie HBU Invitational (Augusta Pines GC) Spring, TX**
- ➔ **Women's golf vs. Jackrabbit Invitational - Day One Jackrabbit Invitational (Boulder GC) Boulder City, NV**
- ➔ **Women's basketball at WCC Championship semifinals, Las Vegas, 11 a.m.**
- ➔ **Men's Basketball at WCC Championships semifinals, Las Vegas, 6 p.m.**

Tuesday, March 9

- ➔ **Men's golf at Colin Montgomerie HBU Invitational - Day Two Colin Montgomerie HBU Invitational (Augusta Pines GC) Spring, TX**
- ➔ **Women's golf vs. Jackrabbit Invitational - Day One Jackrabbit Invitational (Boulder GC) Boulder City, NV**
- ➔ **Women's basketball at WCC Championship final, Las Vegas, 1 p.m.**
- ➔ **Baseball at Texas Tech University, Lubbock, TX 4:30 p.m.**
- ➔ **Men's Basketball at WCC Championships final, Las Vegas, 6 p.m.**

Wednesday, March 10

- ➔ **Baseball at Texas Tech University, Lubbock, TX 4:30 p.m.**

All home games in bold