GONZAGA UNIVERSITY

MANUAL

FOR STUDENT VETERANS

Prepared by the Transfer, Veteran, and Returning Adult Student Services Office at GU.



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Welcome to Gonzaga University. As a military veteran you join a community proud of its rich military history. During World War I Gonzaga started receiving naval cadets from the V-5 program. These military programs changed the campus atmosphere. Due to GU's proximity to military bases, the US Military is the #1 employer for Gonzaga graduates.

For many service members and veterans, Gonzaga's commitment to educating for lives of leadership and service for the common good draws them to GU. Amongst these successful student veteran graduates are Gonzaga University President, Dr. Thayne McCulloh, and Joint Staff Surgeon, Major General, (Dr.) Joseph Caravalho. Gonzaga educates approximately 150 veterans annually and 6.2% of faculty and staff identify as veterans.

In addition to the important personal connections with fellow veterans, we also provide a variety of programs, initiatives and resources to support our military-connected community.

- Transfer and Veteran Support Office
- Army and Air Force ROTC Program
- Yellow Ribbon and GI Bill Support
- Veteran Orientation
- Career Services Veteran Liaison
- Veteran Website www.gonzaga.edu/vets
- Annual Veteran Events
- Service Projects and Veteran Outreach
- Veteran Research Initiatives and Coursework (e.g. "Telling War" NEH Grant)

We know that navigating a new place can be a challenge, which is where this manual comes in. This student veteran manual was designed by, and for, student veterans. We hope this proves useful in your transition to, and career at Gonzaga University. We are proud to have you as a fellow Zag and will do our very best to support you on your academic journey.

Veteran Support Staff at Gonzaga University

Transfer, Veteran and Returning Adult Student Services (TVRAS)

The TVRAS Office is the veteran home at GU. The space in Hemmingson 211 features a lounge, lockers, coffee maker and is a place for veterans and transfer students to hangout and study. The TVRAS Office staff coordinates new transfer and veteran student orientation, hosts monthly veteran meetings and events, and can act as your connection and resource to campus. There are two staff employed by Veteran Affairs that work in the TVRAS Office to support Gonzaga veterans. The VetCorps Navigator is an employee of the Washington State Department of Veteran Affairs and is hired to: provide a peer connection for veterans new to higher education, helping the college to meet the needs of student veterans; and provide veterans with connections to federal, state or local veteran's benefits. Additionally, the VA work-study is a student veteran at GU and an employee of the VA that works in the TVRAS office to provide additional support and connection to resources.

Transfer, Veteran and Returning Adult Students Office

Location: Hemmingson 211 Phone: (509) 313-VETS (8387) E-mail: vets@gonzaga.edu

Gonzaga's Certifying Official

Each university has at least one certifying official. This person is the official liaison between Veteran Affairs and GU. This person will help to certify your GI Bill and Veteran Benefits. All student veterans at Gonzaga University will work with the university certifying official. You should contact the certifying official before you submit your application for enrolled at GU. At some point in the application process you it is helpful but not necessary for you to provide your DD214 & Certificate of Eligibility and Veteran Registration Intent Form (VAINTENT).

You will work with them to apply for the Yellow Ribbon Program and all other GI Bill questions. The Certifying Official will also make sure the classes you wish to take can count toward your GI Bill.

Gonzaga University Certifying Official: Mike Grabowski

Location: College Hall 229 Phone: (509) 313-6596

E-mail: grabowski@gonzaga.edu

Using your GI Bill, Benefits and Yellow Ribbon Program

Military veterans who have served on active duty for at least 90 days, whether continuous (all at once) or interrupted (for shorter periods over time), after September 10, 2001 may be eligible to get VA education benefits through the Post-9/11 GI Bill.

Who's covered?

- Veterans
- Qualified dependents

Does this benefit expire?

Post-9/11 Bill benefits expire 15 years after your last separation date from active service. You must use all of your benefits by that time or you'll lose whatever's left.

*If your service ended on or after January 1, 2013: There's no time limit (known as a "delimiting date") to use your education benefits. A recently enacted law eradicated the expiration date for you.

What benefits can I get?

- Tuition and fees
- Money for housing (if you're in school more than half time)
- Money for books and supplies (up to \$1,000 per school year)

What benefits does the Post-9/11 GI Bill include?

- The full tuition amount for in-state schools up to the maximum national average of \$23,671.94 (Maximum Chapter 33, 2018-19, subject to change).
- A Basic Allowance for Housing (BAH) is based on the cost of living where your school is located (2018 Spokane ranges \$909-2000). In order to qualify for BAH, the student's training time must be strictly greater than 50% and then goes up by the percentage to 100%.
- Up to 36 months of education benefits, in most cases payable for 15 years after your release from active duty
- A percentage-of-maximum-benefit scale based on how much active service you've had since September 10, 2001

Applying for you benefits?

- Apply online: https://www.ebenefits.va.gov/ebenefits/homepage SAVE the CONFIRMATION number when you submit! In approximately 6 weeks, the VA will mail a "Certificate of Eligibility." Mike Grabowski needs this certificate to certify you for your education benefits!
- Apply in person: Go to a VA regional benefit office and have a VA employee help you or come to Hemmingson 211 or Mike Grabowski in CG 229.

- Apply by mail: Call 1-888-GI-BILL-1 (1-888-442-4551), Monday through Friday, 8:00

 a.m. to 7:00 p.m. (ET), to request that we send the application to you. Fill it out and mail it to the VA regional claims processing office that's in the same location as your school.
- VA Regional Claims P.O. Box 8888 Muskogee, OK 74402-8888

What to expect

If enrolling for Fall semester you should expect to receive your first monthly housing allowance (MHA) at the end of August and the last month of MHA will end in December. If enrolling Spring semester you should expect to see your first MHA at the end of January and the last month of MHA will be in May. Note that the months of August, December, January, and May will be prorated for how many days' classes are held in that month.

Monthly Housing Allowance will be deposited at the end of every month during the semester. (In Fall, the August Housing Allowance payment is usually rolled into September's payment.)

If Monthly Housing Allowance is late due to VA complications, please contact Mike Grabowski and for special cases contact Financial Aid.

Gonzaga Merit Scholarships:

All students who complete the Application for Admission are automatically considered for one of several need-blind scholarships, no separate application forms are required.

Criteria for the scholarships include difficulty of curriculum, grade point average, SAT or ACT test scores, extracurricular activities, recommendations, quality of the essay, and an optional interview.

Transfer scholarships: (generally range from \$11,000 to \$21,000)

- Students entering with 31-59 transfer credits are guaranteed scholarship for up to 6 semesters.
- Student entering with 60+ transfer credits are guaranteed scholarship for up to 4 semesters.

Students offered a merit scholarship must be admitted to the University, enrolled in 12+ credits each term, and maintain good academic standing to guarantee continuous scholarship.

Transfer Student Opportunity Scholarship: Available to sophomore and junior transfer students who have demonstrated scholastic achievement at an accredited college and intend to pursue a bachelor's degree full-time. Deadline: April 1st for Fall, November 15th for Spring.

Scholarships will be applied to your account before VA benefits pick up cost. Once VA benefits are applied to your account scholarship funding that is left over should be discussed with Financial Aid counselor, remember a situation may arise that you pay out of pocket for some education expense. Prepare yourself for success.

FAFSA is encouraged to be filed every semester. The FAFSA is available starting October 1.

- FAFSA Filing Priority Consideration Dates
 - Incoming Transfer Students March 1

Currently enrolled Transfer Students - February 1

Yellow Ribbon Program:

The Yellow Ribbon GI Education Enhancement Program (Yellow Ribbon Program) is a provision of the Post-9/11 Veterans Educational Assistance Act of 2008. This program allows institutions of higher learning to voluntarily enter into an agreement with the VA to fund tuition expenses that exceed the in-state tuition and fees of public institutions or the annual amount payable to private institutions. The VA can contribute up to 50% of those expenses and the institution will match the same amount. Gonzaga University is a proud participant in the Yellow Ribbon program, enhancing financial access for student veterans. Please contact Mike Grabowski at (509) 313-6596.

- Active duty service member or their spouses are not eligible.
- Law students and Undergraduates are eligible for Yellow Ribbon. GU Masters and Doctoral students are not eligible for the Yellow Ribbon program.

Requirements when using the GI Bill

- 1. You must fill out the VAINTENT Form every semester once you have registered for classes. Turning in this signed form authorizes the School Certifying Office to process your benefits and to apply these benefits towards your bill. Failure to turn in this form could result in your classes being dropped for non-payment.
- 2. STANDARDS OF ACADEMIC PROGRESS Students must be in good academic standing to use their state and federal grants. RVC follows the same standards and academic procedures for all students (including students using VA educational benefits). Students with unsatisfactory academic progress will be ineligible to use their state and/or federal benefits.
- 3. DROP WITH A REFUND Every fall and spring semester, the last day to drop a class for a refund is the 10th day after classes begin [for late starting classes or summer classes, please refer to your syllabus or contact the Registrar's Office]. If you drop classes during this period of time, you will not be charged for these courses. However please note that it is your responsibility to notify the School Certifying Official immediately should you make any adjustments to your class schedule. Classes dropped after the drop date, are processed as a withdrawal and you will be responsible for any resulting bills.
- 4. WITHDRAWING FROM CLASSES It is your responsibility to notify the School Certifying Official immediately should you make any adjustments to your class schedule. If you need to withdraw from your classes, go to the Registrar's Office and complete the withdrawal slip. Please note that you are still responsible for any charges that may be applied to your bill and be aware that it could result in an overpayment and a debt to the VA.

VA Funded Tutoring

Tutorial Assistance is available to those using Chapters 30, 33, 35 and 1606. Tutorial Assistance is not authorized for Chapter 1607 as this time. Tutorial assistance helps the student pay for necessary tutoring and is a supplement to the student's regular education benefit. (See more information in the Academic Assistance portion of this manual).

Financial Aid and Scholarships

Gonzaga University awards scholarships (like the Transfer Success Scholarship) from information received in the FAFSA. Therefore, it is critical to complete the FAFSA every year. FAFSA.gov – The free application for federal student aid. The Financial Aid Office in Crosby Hall is a wonderful resource to help you complete the FAFSA or answer any questions.

File your FAFSA (Gonzaga's Federal School Code is 003778). Priority deadline for currently enrolled transfer students is **February 1**st of each year (the new transfer student deadline is March 1). Accept or decline all financial aid awards on ZagWeb.

Financial Aid Office

Crosby Hall, Ground Floor

Phone: (509) 313-6582 or (800) 793-1716

www.gonzaga.edu/financialaid

Career and Professional Development

Career & Professional Development (CPD) provides students and alumni with career support, opportunities and connections, translating the Gonzaga experience to meaningful life's work. The CPD staff are trained to help students identify majors, identify career paths, complete job applications, make resumes, practice interviews and more. Patty Hetu-Tkacik, a career development professional in CPD with a long history of government work is our designated liaison. Login into Handshake to schedule an appointment with Patty or any career professionals to discuss general professional development topics, applying for jobs or internships, interview preparations, graduate school applications, job offer evaluation/negotiation and more.

Veteran Career Outreach: Patty Hetu-Tkacik

Location: Crosby Center, Suite 104 Office Front Desk: (509) 313-4234 Email: hetu-tkacik@gonzaga.edu Website: www.gonzaga.edu/careers

Handshake



Handshake is Gonzaga University's job search and recruiting platform, you can find solutions to your career development needs, including: Connect with employers and organizations all over the country for job & internship opportunities, Schedule individual career advising appointment, Find information about upcoming Career & Professional Development career fairs, events and programming

Log in to Handshake with your Gonzaga email address and password.

Career & Professional Development Office Services

- Career acquisition process: career planning, networking, applying, and interviewing.
- Locating a job, internship, or volunteer service program
- Exploring careers related to majors and fields of study
- Reflecting on and articulating the market value of your academic pursuits and cocurricular activities
- Connecting you with a GAMP mentor
- Writing a resume and cover letter support
- Etiquette Dinners to learn proper etiquette for dining with employers
- Student Business Cards
- On-Campus Recruiting & Information Sessions
- Internship Opportunities
- Career Fairs
- Career Treks: Trips to Portland, Seattle, New York and London to visit select companies
- Personal Career Assessment Tools
- Resumenia: First Wednesday of each month enjoy a slice of pizza while receiving assistance on your resume
- Career Preparation Workshops

Applying for a job at Gonzaga University

Current Gonzaga students: There are many student positions that become available throughout the year. Work Study positions, Graduate Assistants, and regular part-time employment opportunities can be found advertised on the Morning Mail emails, the Gonzaga Bulletin newspaper, and through individual university departments.

 Any student interested in on and off campus employment opportunities can contact Student Financial Services at (509)313-6582 or visit http://www.gonzaga.edu/studentemployment **Faculty/Staff Employment opportunities:** Just as Gonzaga provides students with a quality education, we strive to provide employees with a quality benefits program. Our program includes many employer-paid benefits and some options for employee-paid benefits. Gonzaga offers a variety of options to allow you to choose the ones that are most important to you and your family. Competitive packages include medical, dental, vision, life insurance, disability insurance, flexible spending, retirement, tuition benefits, and other University provided benefits.

- If you have questions, contact Human Resources at (509)313-5996 or email humanresources@gonzaga.edu or visit www.gonzaga.edu/hr
- To view job postings and apply online visit https://gonzaga.peopleadmin.com/#
- Applicants must complete an online Application, Cover Letter, Resume, and read and
 acknowledge the Notice of Intent, for each position applying for to complete the
 application process. See full position announcements as additional application materials
 may be required. Applications must submit all of the requested application materials and
 meet all the required qualifications in order to be considered for a position
- Applicants with disabilities needing reasonable accommodations to complete the application or hiring process should contact Human Resources at (509)313-5996
- Gonzaga University is a committed EEO/AA employer and diversity candidates are encouraged to apply. All qualified applicants will receive consideration for employment without regard to their disability status, veteran status, gender, race or other protected category

Celebrating Military Holidays

Transfer, Veteran, and Returning Adult Services will honor and celebrate Military Holidays throughout the year.

*Note some Military Holidays will not be observed days off with the University.

- President's Day- Third Monday in February
- National Military Appreciation Month- Entire Month of May
- Memorial Day- Last Monday in May
- Independence Day- July 4
- Labor Day- First Monday in September
- Suicide awareness- Month of September
- Veterans Day- November 11

Physical Health

Currently enrolled Gonzaga students are eligible for services. Students must present their Gonzaga University Student Identification card prior to each visit. (Virtual Campus or On-Line students are not eligible to access Health and Counseling Services).

Health and Counseling Services

Location: 704 East Sharp Spokane, WA 99258

Front Desk: (509) 313-4052

Fax: (509) 313-5516

Email: <u>StudentHealth@gonzaga.edu</u>

Office Hours: Monday, Tuesday, Wednesday, Friday 8am-5pm

Thursday- 10am-5pm

The Mission of Gonzaga University Health & Counseling Services is to support, promote and improve the physical, mental, and emotional health and well-being of Gonzaga University students so they can grow as men and women for others.

Medical Services Provided:

- Evaluation and treatment of acute illnesses and minor injuries.
- Sports Physicals and general health screening for both women and men, including sexually transmitted infections (STI's)
- Immunizations
- Wellness Information, nutrition information, lab testing, minor surgical procedures
- Consultation by Registered Nurses, health education, referral to specialists
- Expired Medication Disposal

Cancelations must be made at least 2 hours before medical appointment and 1 business day before counseling appointment. Failure to cancel appointment in timely manner or failure to show will result in a fee between \$30 or \$40 on your student account.

Students with chronic conditions who require medication or supplies can have them delivered to Health & Counseling Services which will immediately pick up the medication and have it stored in a medication refrigerator.

Students can rent crutches and wheelchairs to assist them when they are injured. Crutches require a \$30 deposit and a \$5 non-refundable wear and tear fee. Wheelchairs require a \$100 deposit and a \$5 wear and tear fee. Deposits will be refunded when equipment is returned in good shape.

Counseling Services

Health and Counseling Services provides counseling sessions that are available on a short-term basis for all currently enrolled students who have concerns which may impede their academic

progress. There is no fee for the individual counseling services. No information is released to anyone without the student's written consent.

Health & Counseling Services: (509) 313-4052, please call to make an appointment.

Health & Counseling Services is an on-campus physician's office and counseling center that is available to all enrolled Gonzaga students. (Virtual Campus does not qualify)

Counseling Services Provided

- Anxiety / Depression
- Career / Vocational
- Difficulty Sleeping
- Discrimination / Harassment
- Eating Disorder / Body Image
- Drug or Alcohol Misuse
- Grief & Loss

Check Health & Counseling Services web page for a full list all services provided.

The same no-show fee as mentioned in above applies to counseling appointments.

Health & Counseling Services functions as your private physician's office and counseling center. The Health & Counseling Services staff have a strong focus on wellness and want you to fully benefit from Gonzaga's Jesuit education. Our Board-Certified Family Physicians, Psychiatrist, Psychologist, Nurse Practitioners, Registered Nurses and Counselors are here to give you our expertise and care in a confidential setting. Our clinicians are able to diagnose and treat illnesses, prescribe medications, provide psychological counseling, and support students with long-term health concerns.

Academic Advising

Getting Academic Advice and Registered for Classes

- 1. For your first semester of classes an academic advisor will register you for your first set of classes.
- 2. You are responsible for registering for proceeding semesters.
- 3. Every student is assigned an academic advisor who can provide guidance and advice.

How do I know who my academic advisor is?

- 1. Login to Zagweb
- 2. Select Student
- 3. Click the box that says "Student Records"
- 4. Click "View your Advisor"
- 5. Select the "Term" in the dropdown menu and press submit

Additional Resources aside from your Academic Advisor

College of Arts and Sciences Academic Advisors for Transfer Students:

- Academic Advising & Assistance (AAA) offers additional support to all student majors.
 AAA is located in the Foley Center Library, Suite 122, 509-313-4072 and advise@gonzaga.edu.
 - o Danielle Teague teague@gonzaga.edu

College of Business Academic Advisor for Transfer Students:

Jane Hession: Jepson Hall 011A, 509-313-3425 and hession@gonzaga.edu

College of Engineering Academic Advisor for Transfer Students:

• Joan Sarles: PC 216, 509-313-5757 and sarles@gonzaga.edu

College of Education Academic Advisor for Transfer Students:

• Rosauer - Luke Cairney, <u>cairney@gonzaga.edu</u> or 509-313-3821

College of Nursing

Marcy Coulter kennedy-coulter@gonzaga.edu

How to Register for Classes

Prior to registering for classes you will want to find out what day your registration period begins. In general, registration for Spring Classes opens the first week in November and registration for Fall Classes is the first week of April.

Check your registration date and check for holds

- 1. Login to zagweb.gonzaga.edu
- 2. Click "Student" and then "Registration"
- 3. Check your registration status to make sure there are no holds on your account, if there are, make sure to talk to financial aid or the certifying official to get rid of holds so you can register on time.

Look for classes to take and register for classes

- 1. Login to zagweb.gonzaga.edu
- 2. Click "Student" and then "Registration"
- 3. You can view "courses to add."
- 4. When you are ready to register, select, "Registration/Including Add/Drop"
- 5. Add the course "CRN" to the empty box under "add classes" and click submit.

Study Abroad on the GI Bill

Gonzaga offers a rich variety of study abroad opportunities. In fact, nearly 50% of GU students study abroad at some point in their college career. If you are interested in studying abroad, we encourage you to plan ahead.

Step 1: Meet with the staff at the Center for Global Engagement who can help explain the different opportunities. Most of the applications open in December for the following academic

year. Center for Global Engagement, <u>www.gonzaga.edu/studyabroad</u>, 509-313-3549 Hemmingson First Floor.

Step 2: Meet with your academic advisor to affirm the program fits into your academic plan.

Step 3: Meet with the University Certifying Official to make sure the study abroad plan will fit into GI Bill requirements.

General Information about the Study Abroad Program from the VA:

- Students must be enrolled in courses that apply to their program.
- The program at the "host" school in the foreign country school must be approved.
- VA cannot pay study abroad fees unless it is required as part of the student's program.

Academic Support Resources

Overview

Academic advising provides academic support to Gonzaga's undergraduate students

Disability Access in the Center for Student Academic Success

Where: Foley Center Library Room 208

Phone: (509) 313-4134

Website: www.gonzaga.edu/academics/academic-calendar-resources/center-for-student-academic-success/disability-access

E-mail: disability@gonzaga.edu

Disability Access (formerly DREAM) provides access services to Gonzaga University's programs, services, activities, and facilities for qualified students with disabilities in compliance with federal and state laws.

Disability Access may arrange or provide academic adjustments, accommodations, auxiliary aids, assistive technology and other types of assistance for students with disabilities. Applying for accommodation is a voluntary, self-identifying process - initiated by the student.

- Disability Access Brochure
- How to Secure Accommodations
- Request an Interpreter
- Report Access Barriers
- GU Conflict Resolution Procedure
- Report Harassment or Discrimination

Please check out the Disability Access website for policies, accommodations, or FAQ.

Writing Center

Where: Foley

Make an appointment at www.mywco.com/writingcenter - or- drop in to see who's available

Website: www.gonzaga.edu/academics/centers-institutes/writing-center

Schedule: Monday-Thursday: 10 a.m. to 8 p.m., Friday: 10 a.m. to 2 p.m., Saturday: Closed,

Sunday: 5 p.m. - 10 p.m.

What we provide: Trained, courteous staff committed to sustaining a safe space for dialogue and inquiry. Comfortable space where writers from all areas of the University community can write, work with tutors and peers, read, and pursue research. Focused learning environment for writers to focus on everything from initial brainstorming and drafting to final polishing and document design. Opportunity to schedule one-to-one tutoring sessions with tutors and, with advance notice, group sessions. Work space for writing, including tables, private rooms with big screens and white boards, and open seating.

Please Visit the Writing Center website for more information regarding resources, tutoring and FAQ.

On Campus Computer Labs

Computers are available to all enrolled student.

Location(s):

Foley Library: basement, first floor, and second floor.

Jepson: 007, 008, and 012.

Herak Center: CS General Purpose Lab

Gonzaga Learning Studio

Where: Foley 123

Make an appointment @ www.mywco.com/learningstudio -or- drop in to see who's available

Website: www.gonzaga.edu/learningstrategies

Academic Tutoring

Group Tutoring: The Center for Academic Success offers weekly tutoring sessions for all academic subjects. For a complete list tutoring times: Login into my.gonzaga.edu and search "Group Tutoring" in the search bar.

1:1 Tutoring: In addition to group sessions, AAA also offers 1:1 tutoring. The Learning Studio is available for drop in Sunday through Thursday, 3:00pm-9:00pm. Subjects are dependent on tutor and time. If you would like to schedule ahead of time, visit the scheduling website, register with your zagmail, and select the course you are looking for using the dropdown menu at the top of the page.

Request a Tutor: If you don't see a tutoring session for your class, you can always request a tutor, through the Tutor Request form.

Brush up on Study Skills: The Digital Learning Studio offers strategies and worksheets relating to organization, time management, study strategies, and more. This is the first stop for students who are feeling like they are not achieving the academic success that they want. Organization, Planning & Time Management: All forms listed can be found on their website!

VA Funded Tutoring

Tutorial Assistance is available to those using Chapters 30, 33, 35 and 1606. Tutorial Assistance is not authorized for Chapter 1607 as this time. Tutorial assistance helps the student pay for necessary tutoring and is a supplement to the student's regular education benefit. (See more information in the Academic Assistance portion of this manual)

Overview

- VA may pay tutorial assistance to a student receiving education benefits.
- The monthly rate may not exceed the cost of tutoring or \$100.
- Maximum amount payable is \$1,200 per students per benefit program.
- There is no entitlement charge for the first \$600 under Chapter 30 and 1606.
- There is no entitlement charge under Chapter 33 or 35.
- The student, tutor, and certifying official must complete an Application and Enrollment Certification for Individualized Tutorial Assistance (VA Form 22-1009t). The application may be submitted at the end of each month or combination of months. The application must be signed and dated on or after the date of the last tutoring session certified. VA can pay for tutorial assistance during the one-year period before the date VA receives the application.

Eligibility

- All the following criterion must be met for a student to be eligible for tutorial assistance.
- The student must be in a post-secondary program ½ time or more. For Chapter 33, rate of pursuit must be "at least 50%."
- The student must have a deficiency in a course that is part of his or her approved program.
- The student must be enrolled in the course during the quarter, semester or in which the tutoring is received for the course. Tutoring may not occur between quarters or semesters.

Graduate Application Process

For undergraduate students who are interested in pursuing a graduate degree, Gonzaga University has 26 masters and 4 doctorate programs for you to explore. Each school has its own Graduate Admissions office and website that provide detailed program information to those interested. Throughout the year they will also host information sessions that allow you to visit their buildings, learn about their program, the application requirements, and applying deadlines. Most programs will require official transcripts, GMAT or GRE exams, professional resume or Curriculum Vitae, 2 or more confidential recommendations, either a statement of purpose or short essay answers to posted questions, and a \$50 non-refundable application fee, which is waived for GU undergraduates, alumni, and those who attend an information meeting with the Prospective Student Advisor.

• For more information visit https://www.gonzaga.edu/academics/graduate

4+1 Pathway Gonzaga's Master's in Communication and Leadership Studies

4+1 Pathway: During the final year of undergraduate coursework, Gonzaga students can enroll in master's level courses in our Communication and Leadership Studies master's program, completing both undergraduate and graduate degrees in as little as five years.

This streamlined pathway is available to undergraduate majors in Communication Arts, International Studies and the Minor in Leadership Studies (CLP).

Contact: Kathryn Callaghan

• Call or Text: (509) 313-6235 or (866) 380-5323

• Email: callaghan@gonzaga.edu

Gonzaga Law

The Gonzaga law school strives to instill in our graduates the ethical values, substantive knowledge, and practical skills they need to become effective advocates and compassionate counselors. As a humanistic institution, we recognize the essential role of human creativity, intelligence, and initiative in the construction of society and culture. As a Jesuit institution, we are committed to educating the whole person to serve the public good, to engaging in a dialogue with all cultures and religious or ethical traditions, and to pursuing justice. As a Catholic institution, we believe that laws and legal institutions are subject to a moral order which transcends human whim and caprice. As a law school, we are committed to a healthy and respectful environment of free intellectual inquiry and exchange, and the protection of freedom of thought.

The Law School participates in the Yellow Ribbon program.

In 2018 the minimum GPA requirement was a 3.32 and the median LSAT score was a 154.

Contact us at:

https://www.gonzaga.edu/school-of-law/admissions@lawschool.gonzaga.edu
509-313-5532

Support with working with Faculty

Harassment and Discrimination Complaint Process Specific to Staff: Gonzaga is committed to resolving all complaints of harassment and discrimination, or reports of information, which create a reasonable belief that harassment or discrimination has occurred. Because of the sensitive nature of most incidents and the emotional and moral complexities involved, effort is made to resolve problems fairly and informally as they arise. Gonzaga retains complete discretion as to the terms and conditions upon which matters may be resolved by informal means.

- To report an incident to the Office of Community Standards, visit https://cm.maxient.com/reportingform.php?GonzagaUniv&layout_id=20# to complete an Incident Reporting Form
- To report a Title IX incident (sexual misconduct, intimae partner violence or gender-based harassment/discrimination) visit https://cm.maxient.com/reportingform.php?GonzagaUniv&layout_id=3 to initiate an outreach from the Office of Title IX

Getting Involved on Campus

One of the reasons you likely chose GU was the size and feel of the campus. We are fortunate to have a very involved student body, approximately 82% of our students are involved in at least one club, intramural sport or service program.

Student Organizations and Clubs

GU has over 100 student clubs ran by students open to all (everything from a Student Vets organization to and Accounting to the Harry Potter Club)

To peruse a club list visit www.gonzaga.edu/zagtivities and click "Find Organizations"

Intramural Sports

The Intramural Sports Program is one of the most popular attractions on campus with over 2,785 students participating annually. 55% of undergraduates participated during the 2017-2018 academic year. 30+ sports offered throughout the year. Every semester there are opportunities to join up with an intramural team, you can either form a team with friends, or join up with a team on your own.

- The "Competitive" leagues are intended to be for teams that are seeking the highest level
 of competition (former high school athletes, club players, former varsity athletes that
 recently had their eligibility expire)
- The "Recreational" leagues are intended to be very recreational and are for teams that have little or no experience playing that sport and want to play for purely for social and recreational reasons
- The "Intermediate" and "Rec-Intermediate" leagues are intended to be somewhere in between
- Visit www.gonzaga.edu/intramurals

Competitive Club Sports

Club sports are a level up from intramural sports and student run. Most of our club sports teams travel regionally on weekends to compete with other colleges.

- Tryouts in the Fall and Spring
- Most club sports have dues to cover equipment and travel
- To peruse a club list visit <u>www.gonzaga.edu/zagtivities</u> and click "Find Organizations"
- Men's and Women's soccer, rugby, volleyball, lacrosse, basketball and more

University Ministry Programs

Where: Hemmingson 104 Phone: (509) 313-4242

Website: www.gonzaga.edu/about/our-mission-jesuit-values/office-of-mission-ministry

The Mission and Ministry team supports the Gonzaga community in fulfilling our Jesuit, Catholic, humanistic mission. This is a mission of education that prepares our students to be intellectually competent, imaginative, committed to justice, and agents of faith, hope and love in their communities.

Mission and Ministry ways to get involved:

Sacraments and Worship

Retreats

- Small Groups
- Servant Leadership and Employment
- Interfaith

Gonzaga Outdoors

Where: Hemmingson 015 Phone: (509) 313-4189

Hours: Monday-Thursday 9 a.m. - 5 p.m., Friday 9 a.m. - 3:30 p.m.

Email: <u>outdoors@zagmail.gonzaga.edu</u>

Website: <u>www.gonzagaoutdoors.gonzaga.edu</u>

For the benefit of the Gonzaga community, Gonzaga Outdoors uses the transformative properties of outdoor adventures to foster friendship, instill confident outdoor skills, provide opportunities for leadership development and promote an ethic of conservation and stewardship. We do this because of the deeply rooted sense of respect and awe that we feel for the outdoors that we wish to share.

Gonzaga Outdoors offers many programs:

- Backpacking
- Climbing
- Biking
- Hiking
- Skiing
- Snowshoeing
- Kayaking & much more!

Check out their website to see all up-coming trips, bike shop, and rentals for your own adventure!

Lincoln LGBTQ + Resource Center (Lesbian, Gay, Bi, Transsexual and Questioning)

Where: Hemmingson 213 Phone :(509) 313-5760

Hours: Monday- Friday: 9 a.m. - 5 p.m.

Website: www.gonzaga.edu/student-life/student-services/lgbtq-resources

Our focus is to develop and sustain Gonzaga University as a safe and welcoming community for people of all sexual orientations, gender identities and expressions by engaging in education, advocacy, outreach, and programming.

Check Lincoln LGBTQ+ Resource Center's website for all upcoming events and ways to get involved!

Student Media

Where: Hemmingson 433 Phone: (313) 509-6875

www.gonzaga.edu/studentmedia

Student Media is home to a number of student created publications that feature student work including a weekly newspaper, yearbook and four literary journals. All publications are written, designed, and staffed by students under the guidance of a faculty or staff adviser. We welcome student writers, photographers and graphic artists.

Payne Center for Leadership Development

Where: Hemmingson 209 Phone: (313) 509-4156 www.gonzaga.edu/PCLD

The Payne Center for Leadership Development engages and supports all students seeking to develop their leadership potential and inspire positive change on campus and in their local and global communities.

The PCLD offers a variety of services including:

- Student Leadership Retreats and Conferences
- Leadership Workshops and Consulting
- Access to personal leadership inventories
- Guest speakers and professionals in the field
- Library of Leadership Resources

Sustainability Center

Where: Hemmingson 206 & 010

Phone: (313) 509-6824

Website: www.gonzaga.edu/about/sustainability

Gonzaga's practice of sustainability moves beyond knowledge and towards the application of social and environmental justice to issues on campus and in our broader community. We help facilitate critical conversations on campus regarding issues such as socially responsible investment and food insecurity.

• Caring for Creation: Caring for Creation is making sure our practices as a campus are respectful of the environment.

- Reflection: Sustainability gives us an opportunity to think critically about how we fit into this bigger picture and how we can be in balance with our world as a campus and a community.
- Experience: We seek to develop ways for the entire campus to play an active role in the creation of a culture of sustainability. We curate the Campus Sustainability Committee, which meets monthly, and offers students and employees an opportunity to share, discuss, and act on sustainability issues at Gonzaga. We support student sustainability related groups and clubs through the sustainability roundtable, and offer counsel and advice to students as requested
- Action: Gonzaga's practice of sustainability moves beyond knowledge and towards the
 application of social and environmental justice to issues on campus and in our broader
 community. We help facilitate critical conversations on campus regarding issues such as
 socially responsible investment and food insecurity. Currently happening on campus:
 - Climate Action Plan
 - Electric Vehicles
 - Zipcar
- The Cataldo Project: The Cataldo Project conducts workshops, seminars, and other programs to develop and augment the environmental knowledge and skills of higher education faculty, as well as to assist them in revising their courses to include sustainability concepts.
- Campus Garden: Located behind the Faber house, the garden promotes sustainable food practice and healthy living! Open to all students, faculty, staff and community members.

Check the Sustainability Center Website for all upcoming events!

Center for Community Engagement

Where: Hemmingson 206 & 010

Phone: (313) 509-6824

Website: www.gonzaga.edu/CCE

- CCE coordinates community and public service programs, including service-learning courses, community-based volunteer and outreach programs, and external volunteer projects.
- Volunteer opportunities: Campus Kitchens, Gonzaga University Specialized Recreation, Zag Volunteer Corps-Semester of Service, Campus Kids, Connections, Game, Smile, Sparks High School Mentoring, and Zag Study Buddies.
 - Volunteer application located on their website.
- Register for Mission: Possible! Mission: Possible is a weeklong service immersion program during spring break where Gonzaga students serve and learn alongside community partners across the country.
- Week Long Service Immersion: Mission Possible, Justice in January, and Reality Camp.
- Post Graduate Service: Visit CCE website for all opportunities

Unity Multicultural Education Center

Where: Hemmingson 215 Phone: (313) 509-5836

https://www.gonzaga.edu/UMEC

Unity Multicultural Education Center (UMEC), works to support the academic and co-curricular experiences of African, Latina/o, Asian, and Native American students at Gonzaga University. Additionally, UMEC continues to meet the needs of a fluid demographic and provide the Gonzaga community with educational and social opportunities to raise cultural awareness. UMEC welcomes all to participate in upcoming events and programs, to learn and actively promote social justice.

- Programs: Soup for the Soul, Lectures, Diversity Dialogues and More.
- Mentor Opportunities
- Intercultural Development: Social Justice Peer Educators and Intergroup Dialogue

Events & Initiatives

Gonzaga provides a wide range of on and off campus events that cater to students and their families including:

- Spike Days: Family Friendly Events for Student-parents
- Outdoor Trips & Adventures
- Veteran Graduation Celebration
- Student Veterans of America Gonzaga Chapter
- Spokane Transit Bus passes loaded on Student ID card

Rudolf Fitness Center

All undergraduate students receive a membership and have access to the secure facility throughout the academic year using their student ID (the fee is included in your tuition and fees Fee: Required \$95*/semester activity fee). (The fee is not included in tuition and fees for Graduate and Law Students, Fee: \$150*/semester Process: Must go to Student Accounts in the basement of Crosby *Prices do not include tax.)

Rudolf Fitness Center Hours:

- Monday Thursday 6am 11pm
- Friday 6am 10pm
- Saturday 9am 6pm
- Sunday 9am 10pm

Pool Hours:

- Monday Thursday 6 8am; 11 am 10pm
- Friday 6 8am; 11am 9pm
- Saturday 11am 5pm
- Sunday 11am 9pm

Non-Credit Fitness Class Membership

- Semester Unlimited Membership \$25
 - Any week, any class, any time

- One class Drop- In Fee- \$10
 - Can only be used for one class
 - o Includes 45-minute, 50-minute or 1-hour classes

Financial Crisis and Financial Resources

Whether you are a Gonzaga student using any type of VA benefit or cash funding your education, you may encounter a financial situation that you may need assistance with. For tuition and/or living expenses you are encouraged to complete a FAFSA by March 1 (Feb 1 for continuing Transfers) to ensure consideration for federal, state, and institutional need-based aid. Matriculated graduate students are eligible for the Federal Direct Unsubsidized Loan as part of the FAFSA process.

- Student Financial Aid Office can provide information on scholarships, grants, loans, student employment, special awards, financial aid for study abroad, and graduate/doctoral aid. Call (509)313-6583 or visit https://www.gonzaga.edu/admission/tuition-scholarships-aid/financial-aid/apply-for-aid for more information
- Washington Connection offers a fast and easy way for families and individuals to apply
 for a variety of services such as food, cash, child care, long-term care, and Medicare
 savings programs. Visit https://www.washingtonconnection.org/home/ for more
 information.
- Washington State Department of Social and Health Services provides cash assistance to those in need. Call (877)501-2233 or visit https://www.dshs.wa.gov/esa/community-services-offices/services-we-offer for more information.
- Washington 2-1-1 is an easy-to-remember phone number for people to call for health and human service information and referrals and other assistance to meet their needs. They maintain a statewide database of community resources. Call 211 or visit https://win211.org/ for more information.
- Food Assistance is available to those in need, visit http://spokanecares.org/free-meals.php for updated meal sites and services

Living Accommodations and Resources

Freshmen and sophomore students under the age of 21 are required to live on-campus for four semesters or until they turn 21. Living in community encourages development in all of our residence halls. All halls have kitchens, common area spaces, and free laundry on-site. Gonzaga has limited housing capacity and therefore cannot guarantee housing for students in their junior and senior years.

- For on-campus housing contact Housing and Residence Life at (509)313-4103 or visit https://www.gonzaga.edu/student-life/housing-dining/on-campus-housing for more information
- For Gonzaga University's off-campus properties, residency requirements or to obtain an application, contact the off-campus Residence Director at (509)313-4524 or visit https://www.gonzaga.edu/student-life/housing-dining/off-campus-housing for more information
- Additional off-campus housing resources:
 - o https://www.va.gov/HOMELESS/index.asp
 - o http://www.housingsearchnw.org/index.html
 - o http://www.slihc.org/
 - o https://www.hud.gov/states/washington
 - o https://www.apartmentguide.com/
 - o https://www.forrent.com/

Mental Health Resources

On Gonzaga's Campus



Health and Counseling Services: An on-campus physician's office and counseling center that is available to all enrolled Gonzaga students. Based on a confidential setting, clinicians are able to diagnose and treat illnesses, prescribe medications, provide psychological counseling, and support students with long-term concerns. Counseling services are free to currently enrolled undergraduates, law, and on-campus graduate students (on-line only or certificate students are not eligible). Medical, psychiatric and nutrition services have a minimal cost.

- Contact (509)313-4052, email studenthealth@gonzaga.edu or visit https://my.gonzaga.edu/student-life/health-wellness/health-counseling-services for more information.
- Located at 704 E. Sharp Spokane, WA 99258

Center for Cura Personalis (CCP): Maintains primary responsibility for students of concern. Offers full-time case managers to provide outreach, support and connection to resources for all students. Manages the online Refer form (www.gonzaga.edu/refer) in collaboration with Academic Advising & Assistance. Provides consultation, training and education for the campus community on students of concern.

- For current information visit: https://my.gonzaga.edu/student-life/healthwellness/center-for-cura-personalis/case-management-support-services
- Director: Nicola Mannetter
- Location: Crosby 216
- Contact info (remains): ccp@gonzaga.edu and x2227

Office of Health Promotion: Maintains primary responsibility for advancing campus-wide health promotion initiatives that engage students in positive, holistic well-being practices and reduce high-risk behaviors. Facilitates the Zags Help Zags bystander intervention program. Provides consultation, training and education for the campus community on: Mental and Emotional Well-Being, Healthy Relationships and Violence Prevention, Alcohol and Other Drugs, including OUR House—the campus collegiate recovery community.

- Contact info (new): ohp@gonzaga.edu and x5923
- For current information, resources, and programs visit: https://my.gonzaga.edu/student-life/health-wellness/center-for-cura-personalis/well-being-and-prevention-education

Director: Jenna ParisiLocation: Crosby 206

Resources in the Spokane Community



Spokane is home to a few military installations. The largest being Fairchild Air Force Base, home to the 92nd Air Refueling Wing, 141st Air Refueling Wing, 336th Training Group, and the WA Air National Guard. Located only 13 miles away from Gonzaga University. Fairchild hosts several annual events such as the Skyfest Airshow in July and a Food Truck Festival in August. For veterans who have base privileges, the base also offers a Commissary, an Exchange, an Auto Hobby shop, an Information Tickets & Travel center, Space A Travel, plus much more. Spokane also has a large Veteran and Retired Military population. There are several Veterans of Foreign War posts in the Spokane area, a VA hospital and a Veterans Home.

Mann-Grandstaff VA Medical Center Mental Health: If you qualify for VA health care, you can get high-quality mental health services as part of your benefits.

- Contact (509)434-7013 or (800)325-7940 to schedule an appointment
- 4815 N. Assembly St. Spokane, WA 99205 Building 40, 1st floor

Spokane Vet Center: Provides free readjustment counseling to veterans, service members, and their families to make a successful transition from military to civilian life (based on eligibility). Services include: individual and group counseling, family counseling, bereavement counseling, military sexual trauma counseling, substance abuse assessment and referral, employment assessment and referral, outreach and education, VA benefits explanation and referral, as well as screening and referral for medical issues including TBI, depression, etc.

- Contact (509)444-8387 or visit http://www.vetcenter.va.gov for more information
- Located at 13109 East Mirabeau Parkway, Spokane Valley, WA 99216

National Vet Center Call Center: An around the clock confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat Veterans from several eras as well as family members of combat Veterans.

• (877)WAR-VETS or (877)927-8387

Veterans Crisis Line: Specially trained responders ready to help 24 hours a day, 7 days a week, 365 days a year. This line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service.

- Dial 1-800-273-8255 and Press 1 to talk to someone.
- Send a text message to **838255** to connect with a VA responder.
- Start a confidential online chat session at VeteransCrisisLine.net/Chat.
- Take a self-check quiz at VeteransCrisisLine.net/Quiz to learn whether stress and depression might be affecting you.
- Find a VA facility near you.
- Visit MilitaryCrisisLine.net if you are an active duty Service member, Guardsman, or Reservist.
- Connect through chat, text, or TTY if you are deaf or hard of hearing.

24-Hour Regional Crisis Line: Provides services for and on behalf of individuals who are in crisis and may need an assessment by a mental health professional. Serves Spokane, Adams, Ferry, Lincoln, Pend Oreille and Stevens counties.

Call toll free (877)266-1818

Frontier Behavioral Health: A nonprofit organization serving the Spokane region that is dedicated to providing high quality behavioral health services to adults, youth, families, and elders, as well as crisis response and hospital diversion services. They accept most insurance and offer a full range of psychiatric and psychological services, including inpatient evaluations and treatment facilities.

• To access services call (509)838-4651 and for more information visit https://fbhwa.org/

National Suicide Prevention Lifeline: Provides 24/7 free and confidential emotional support for people in suicidal crisis or emotional distress, prevention and crisis resources for you or your loved ones, plus best practices for professionals.

Call (800)273-8255; en español (888)628-9454

Tricare/Health Insurance Questions

For students who are active duty or retired military (including staff or faculty), questions about your Tricare medical and dental benefits can be answered by contacting Tricare West at (844)866-9378 or visiting https://www.tricare.mil/.

For veterans who may qualify for VA medical services, apply in person at Mann-Grandstaff VA Medical Center 4815 N. Assembly St. Spokane, WA 99205 or visit https://www.va.gov/health-care/apply/application/introduction.

Date 12/19/18