

KENNEDY FITNESS CENTER RULES

Gonzaga University Housing and Residence Life welcomes you to the Kennedy Apartments Fitness Center. Kennedy Fitness Center is intended for the explicit use by Kennedy residents. In an effort to insure a safe and enjoyable experience for all residents, your observance of the following, in addition to all posted Housing and Residence Life and Gonzaga University rules, regulations and policies is required to use the fitness center.

Use of this facility is ***AT YOUR OWN RISK***.

- 1) Use of this facility is not permitted until a waiver has been signed and turned into Housing & Residence Life. To receive a waiver, please contact your Resident Assistant.
- 2) Gonzaga University and the Housing and Residence Life department assumes no liability for personal property loss or personal injury resulting in the use of the Kennedy Fitness Center.
- 3) A valid Gonzaga student ID card is required for entrance into the facility.
- 4) Gonzaga ID cards are nontransferable. Using another person's Gonzaga ID card to gain entrance into the Kennedy fitness center will result in confiscation of the ID card and possible revocation or suspension of access to the facility.
- 5) Smoking or the use of chewing tobacco is strictly prohibited.
- 6) Water in re-sealable plastic containers is allowed. All other drinks, food, in addition to glass containers are not permitted in the fitness center.
- 7) Shirt, bottoms, and closed-toed athletic shoes must be worn at all times. No sandals/bare feet.
- 8) Inappropriate behavior (horseplay, harassment, etc.) will not be tolerated at any time. This behavior is grounds for immediate removal from the facility and temporary or permanent revocation of access to the facility.
- 9) Signs, fliers and posters may not be posted in the Kennedy Fitness Center without prior approval.
- 10) Anyone suspected to be under the influence of drugs or alcohol will be escorted from the facility and access to the Kennedy fitness center may be revoked or suspended.
- 11) Please be courteous of other fitness center users. Sanitize all equipment and place weights back after use.

To report any concerns, please contact your Resident Assistant or Housing & Residence Life at:
(509) 313-4103 or housing@gonzaga.edu

Kennedy Fitness Center Liability Form

Thank you for choosing to use the facilities, services, or programs of the Kennedy Fitness Center (KFC). We request your understanding and cooperation in maintaining both you're and our safety and health by reading the following informed consent agreement.

I intend to use some or all of the activities, facilities, programs, and services offered by the KFC and I understand that each person, (myself included), has a different capacity for participation in such activities, facilities, programs and services. I am aware that all activities, services, and programs offered are educational, recreational, or self-directed in nature. I assume full responsibility, during and after my participation, for my choices to use or apply, at my own risk, any portion of the information or instruction I receive. I understand that part of the risk involved in undertaking any activity or program is relative to my own state of fitness or health (physical, mental, or emotional) and to the awareness, care and skill with which I conduct myself in that activity or program. I acknowledge that my choice to participate in any activity, service, and program of the KFC brings with it my assumption of those risks or results stemming from this choice and the fitness, health, awareness, care, and skill that I possess and use.

I further understand that the activities, programs, and services offered by the KFC are sometimes conducted by personnel who may not be licensed, certified, or registered instructors or professionals. I accept the fact that the skills and competencies of some employees and / or volunteers will vary according to their training and experience and that no claim is made to offer assessment or treatment of any mental or physical disease or condition by those who are not duly licensed, certified, or registered and herein employed to provide such professional services. I recognize that by participating in the activities, programs, and services offered by the KFC, I may experience potential health risks such as transient light-headedness, fainting, abnormal blood pressure, chest discomfort, leg cramps, and nausea and that I assume willfully those risks. I acknowledge my obligation to immediately inform the nearest supervising employee of any pain, discomfort, fatigue, or any other symptoms that I may suffer during and immediately after my participation. I understand that I may stop or delay my participation in any activity or procedure if I so desire and that I may also be requested to stop and rest by a supervising employee who observes any symptoms of distress or abnormal response. I understand that I may ask any questions or request further explanation or information about the activities, facilities, programs, and services offered by the KFC at any time before, during, or after my participation.

Liability Waiver: It is expressly agreed that all users of the fitness facilities shall be used by you at your own risk. GU and the Housing and Residence Life department shall not be liable for any injuries or damage to you or your guest, or to your property or of any guest, or be subject to claim, demand, injury, or damages whatsoever, including without any limitations, those damages resulting from acts of active or passive negligence on the part of the fitness center, its officers, or employees. It is especially agreed that we shall not be responsible or liable for loss or damage to any other property of you or of your guests, including automobiles and contents. You agree that you are responsible for any damages caused by you to the facilities and equipment, and for any personal injury or property damage caused by you to any other member, guest or to the property of either. I will follow all the rules of the KFC, and understand that misbehavior is cause for dismissal. I declare that I have read, understood, and agree to the contents of this implied consent agreement in its entirety.

First Name

Last Name

Apartment #

Signature

Housing and Residence Life department reserves the right to modify the rules and regulations at any time.