

GONZAGA HEALTH & COUNSELING SERVICES  
PRESENTS

# *The Cinema Therapy Group*

Fridays | Starting Feb. 8th | 1p - 3p

at Health & Counseling | 704 E. Sharp Ave

Duration: 7-10 weeks (depending on movie choices)

**For \*Eligible GU Students | No Cost | Join Anytime | Snacks Provided**

For more information about this group,  
how to register and \*eligibility, visit  
[www.gonzaga.edu/healthandcounseling](http://www.gonzaga.edu/healthandcounseling)

## *About this Group...*

This group, led by a licensed staff therapist, will explore how cinematic stories can help students connect with and understand relevant themes such as life transitions, family dynamics, dating, loss, and friendship through individual reflection and group discussion.

