GONZAGA HEALTH & COUNSELING SERVICES
PRESENTS

The Cinema Therapy Group

Fridays | Starting Feb. 8th | 1p - 3p
at Health & Counseling | 704 E. Sharp Ave
Duration: 7-10 weeks (depending on movie choices)
For *Eligible GU Students | No Cost | Join Anytime | Snacks Provided

For more information about this group, how to register and *eligibility, visit www.gonzaga.edu/healthandcounseling

About this Group...

This group, led by a licensed staff therapist, will explore how cinematic stories can help students connect with and understand relevant themes such as life transitions, family dynamics, dating, loss, and friendship through individual reflection and group discussion.