## Gonzaga University Campus Resources Matrix

When you or a friend is struggling with a concern, it can be difficult to know where to go on campus. This tool helps you identify on campus resources that can assist you or your friend when you're in need. If you're still not sure where to go, we recommend starting with the Center for Cura Personalis. They can help connect you to the right office, based on your specific concern.

Campus Resources to Assist You Your Concern	Academic Advising <u>&amp;</u> <u>Assistance</u>	<u>Career &amp;</u> <u>Professional</u> <u>Development</u>	<u>Center for Cura</u> <u>Personalis</u>	Disability Access	Health & Counseling. <u>Services</u>	<u>Housing &amp;</u> Residence Life	Learning Strategies	Lincoln LGBTQ+ Resource Center	<u>Office for Equity and</u> Inclusion	<u>Student Financial</u> <u>Services</u>	Title IX in the Office for Equity and Inclusion	Transfer, Veteran, <u>&amp;</u> <u>Returning Adult</u> <u>Services</u>	Unity Multicultural Education Center (UMEC)	University Ministry (Umin)
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Academics														
Alcohol, Marijuana, & Drug Use			•		•									•
Anxiety			•		•									•
Career Guidance														
Choosing a Major	•	•												•
Course Schedules / Courseload	•						•							
Cultural Identity			•		•			•					•	
Dating & Relationship Violence			•		•			•			•			•
Depression and Suicide		İ	•		•									•
Disabilities or Accommodations														
Faith & Spirituality														•
Family Concerns			•		•							•	•	•
Finances										•				
First Generation			•		•							•	•	•
Harassment or Discrimination			•		•			•	•		•		•	
Helping a Friend			•		•	•		•			•	•	•	•
Illness or Injury					•									
Loneliness			•		•	•		•				•	•	•
Nutrition			•		•									
Relationships			•		•	•		•			•	•	•	•
Roommates			•		•	•								•
Sexual Misconduct / Sexual Assault			•		•			•			•			•
Sexual Orientation			•		•			•					•	•
Sleep			•		•									
Study Skills							•							
Test Anxiety							•							
Time Management			•				•							•
Transitions	•	•	•		•	•	•	•				•	•	•
Traumatic Experiences			•		•						•			•
Underrepresented Student Needs			•		•			•				•	•	•
Veteran's Issues												•		