



Gaming Group: RPGS for Personal Growth and Empowerment

This fall, Gonzaga Health & Counseling will be hosting TWO therapeutic groups based around tabletop gaming, primarily Dungeons & Dragons.

Come roll the dice and have fun as you practice intentional gaming and find out how the skills you use in gaming can extend into your everyday life!

**Informational Meetings: Wednesday,
September 11 at noon and 3:30 pm
Health & Counseling Services | 704 E. Sharp
Snacks Provided
For *Eligible GU Students | No Cost**

*Gaming is
for everyone!*



Group Facilitator: Jen Lott, MS, LMHC

For more info email studenthealth@gonzaga.edu