

GONZAGA



A LASTING PARTNERSHIP
Catholic Charities

CARE OF OUR COMMON HOME
Sustainability in Action

GUIDED BY GOD
The Path of Discernment



SENIOR NIGHT IN THE KENNEL – FOR THE MEN'S AND WOMEN'S TEAMS – WAS A REMARKABLE EXPERIENCE. HERE, FANS CELEBRATE JOSH PERKINS AND FELLOW SENIORS

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There is no doubt about the impact Catholic Charities has on Spokane. The connection with GU students – in the classroom and in service learning – secures that impact for the future.

BY MADDIE HUESKE ('19)

CARE OF OUR COMMON HOME 18

Whether you refer to it as climate change or creation care or simply being “green,” there is much to appreciate about how Gonzaga is working for a healthier home for us all.

BY MADDIE HUESKE ('19)

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A trusted Jesuit practice, discernment helps us as individuals and as organizations to seek the will of God.

BY JEFF BUNCH ('92)

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Zags leave footprints of kindness all over the world. Here, we see the impact of Rich Janssen ('07) and husband and wife team Kelsey Devereux ('10) and Jordan Williams ('10).

ON THE COVER:

“CARE OF OUR COMMON HOME”
ILLUSTRATION BY TRACY MARTIN

Does Gonzaga exist?

The 2019 March Madness season will be remembered by the ongoing schtick of late-night comedian Jimmy Kimmel!

for highlights **34-35**



[PHOTO BY CRAIG GOODWIN]

“It’s about holding your hands open – physically and spiritually – and putting yourself in those open hands and saying, ‘Where is God in this?’”

KYLE BAKER **28**

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FOLLOW YOUR ZAGS





LIFTING THE LAMP ON IMMIGRATION

I want to thank you for including Dr. Cunningham's column, "The Concerned Historian," in the immigration feature. Believing that a university should be a crucible for free speech, I was pleased that you provided voice to this balanced perspective. I was a bit surprised by the inclusion of Dr. Cunningham's perspective in light of the recent decision to disallow Ben Shapiro's attendance* on campus. The university's role should be to teach students the value of civil discourse, which includes the willingness to engage with divergent points of view ... to instruct students how to extend dignity to and be tolerant of those with whom they disagree.

- Carl Green ('05)
Spokane

*Editor's Note: This decision was later reversed.

I always look forward to receiving Gonzaga Magazine. However, I was disappointed by some of the perspectives offered in the article "Lifting the Lamp."

On the one hand, Fr. Pete Neeley's take on the migrant situation along our southern border was informative and inspirational. Fr. Pete is an extraordinary human being who has long walked the talk of the kind of

humanism that should inform our viewpoints and guide our actions. Unfortunately, his pleas to avoid simplification of the issues and to humanize the debate seemed to have been lost on Professor Eric Cunningham's piece, in which he analogizes the plight of migrants fleeing for their lives and seeking asylum in the U.S. with car thieves trying to break into our locked cars.

The article goes on to offer perspectives from students who met with Border Patrol. One reports that an agent said he assumed the role of "guardian of the border" because hard drugs and illegal workers taking cheap wages had devastated his small Texas town. Was this really one of the main takeaways from the interview? Is this indicative of the motivation that drives people to join the Border Patrol?

While I applaud anyone who participates in the Justice in January journey and encourage all members of the GU community to support the Kino Border Initiative, Gonzaga Magazine falls short in this article of presenting perspectives that truly "humanize" the debate and that fairly and intelligently "complicate" a situation that defies simplistic understandings.

- Timothy Maciel ('71)
Brattleboro, Vermont

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Gonzaga Magazine is an opportunity for alumni, parents and friends to stay connected to one another and to the University's Mission. We are dedicated to building community with our readers through authentic storytelling and beautiful images. This publication is our gift to you. If you would like to help offset the costs, please consider a donation to the Fund for Gonzaga at gonzaga.edu/give.

The opinions expressed do not always represent the views of the administration, but are intended to foster open dialogue and lifelong learning in the Jesuit tradition.

We welcome your feedback. Email editor@gonzaga.edu.

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CRISIS (NOT) IN CONFIDENCE

I am so appreciative of President Thayne McCulloh writing about his feelings on the Catholic Church and the sex abuse scandal ("Crisis in Confidence"). This is exactly what we need to hear and see more of from the church and other leadership. For years, the church has ignored the facts and protected those who have committed these crimes. Now the tide is turning, and open communication is the best way to shine the light on this problem.

- Sanjiv More ('83)
Danville, Calif.

I very much appreciated the article by Thayne. In the midst of another revelation of Catholic abuse, I found it valuable to read his rhetoric around it all. I particularly liked his fourth point about encouraging conversation within our community.

- Kristen Linsmeier ('14)
Salt Lake City

PICKING A FAVORITE

Per usual, I enjoyed the latest issue of Gonzaga. But asking me to pick a favorite article is like asking me to pick a favorite child or book – impossible! Possibilities are the articles on immigration (a balanced study giving ALL sides) and the one on The Way (Camino de Santiago). My husband especially enjoyed the article on Dan Brajcich as he had him for class. Anyhow, we really enjoyed the issue and look forward to the next one.

- Jackie and Carl Ruckwardt ('63)
Cottage Grove, Ore.

MORE ABOUT ST. AL

I found the "Finding God Amid Disease" article to be fascinating. I had never heard the full story of Aloysius Gonzaga, and it's cool to have a better understanding of this saint as an alum. I also appreciated the struggles he faced with decisions, as it felt informative and personal.

- Paxton Richardson ('15)
Little Rock, Ark.

FINDING HOME

I really enjoyed the article about Joanne Shiosaki. It reminded me of everything that was so special about my time at Gonzaga. Thank you for highlighting people who often aren't in the daily spotlight but make the experience so wonderful for students.

- Stacie Davis ('00)
Mead, Wash.



As a Midwesterner, I grew up on St. Louis Cardinals baseball, and while I later supported my kid in Little League, that's as far as my sports interests have ever gone. To dedicate a column to *anything* related to athletic events is certainly unprecedented, but I'm compelled to regale the 2019 men's basketball team's senior night in the Kennel.

Remember a couple of the senior night games of years past when McCarthy fell silent as the Zags lost on our own court? It was on our minds this year when the men's team faced off against BYU. Everyone wanted this win perhaps more than any other.

The players dominated with speed and frenzy, dunks and alley oops, teamwork and pure fun. The seniors – along with the rest of the crew – simply had a great time. And so did the crowd. The Kennel, packed with 6,000 people – ages 2 to 92 in matching red and blue – was bursting with a collective energy that even fans watching at home said they could grasp through the TV.

Senior night for the women's team was a similar demonstration of undying fan support and athletic tenacity to claim victory over foes.

The palpable excitement is created by a whole pack of Bulldogs – not just the athletes on the court, but the cheerleaders and the pep band, and of course a student section that could unnerve even the steeliest opponents.

Gonzaga is an exciting place to be ... but not just because of the boundless fervor inside McCarthy Athletic Center, even with a big win on senior night. What can't truly be captured by the photos or videos or even by being in a crowd of stomping, shouting fans is the amazing potential of students, faculty and staff members who embody the University.

This is a place where people of all ages keep growing – in perspective, in potential, in sureness of purpose. We discern God's will, learn to serve others, tend to the Earth, care for those on the margins. And we shout our victory song with unmatched enthusiasm to reinforce that we do these things *together*.

That's what you'll see inside this issue. Read on. And shout with me, "Go Zags!"

Yours,

Kate Vanskike-Bunch
Editor



Woldson Scholars are pictured with President Thayne McCulloh (front, left) and Mark (back, second from right) and Monty (front, right) Danner, personal representatives of Miss Myrtle Woldson

First Class

Members of the first class of Myrtle Woldson Scholars are first class. They enrolled at Gonzaga in fall 2018, and they come with some enviable common themes: They all have a penchant to serve others, each has distinct and rigorous educational aspirations, and all possess immense gratitude for the opportunity Miss Myrtle Woldson provided them through her bequest to Gonzaga University.

Congrats to the inaugural Woldson Scholars: Miranda Abunimeh, political science and French (Oak Harbor, Wash.); Jalen Dove, sports management (Altadena, Calif.); Eduardo Escalera, human physiology (Manson, Wash.); Mya Gillingham, political science (Vancouver, Wash.); Savannah Gitchel, mechanical engineering (Spanaway, Wash.); Mark Hegbloom, civil engineering (Hesperia, Calif.); Jae Hugs, business (Billings, Mont.); Andrew Jimenez, biology (San Diego); Francisco Jimenez, civil engineering (College Place, Wash.); Morgan McCurdy, undecided (Shoreline, Wash.); Lilia Perez, nursing (Monroe, Wash.); Grace Portch, nursing (Richland, Wash.); Jamal Shateri, computer engineering (Spokane); Lauryn Wasill, sociology and criminal justice (Seattle); and Anastacia Whitaker, environmental studies (Phoenix).



Ethnicity, Race and Indigenous Peoples Conference (ERIP)

Gonzaga University | September 11-14, 2019

Ethnicity, Race and Indigenous Peoples offers scholarly collaboration and exchange of ideas with respect to the study of issues in Latin America and the Caribbean. The conference is organized by the Latin American Studies Association, which includes scholars in anthropology, history, sociology, political science, linguistics, geography, literature and law. Gonzaga is proud to host the sixth annual conference, titled "Bridges and Walls Across the Americas."

For details, visit gonzaga.edu and search "ERIP."

#1

**in Teaching
among the
West's Regional
Universities**

*U.S. News & World
Report, 2019

See what sets us apart!
Stories, videos and
more at [gonzaga.edu/
ExcellenceinTeaching](http://gonzaga.edu/ExcellenceinTeaching)



Film in Focus

BY KRISTY MONTOYA ('21)

In the age of visuals and media, the art of photography and filmmaking is appealing to a broader audience than ever before. And here's some good news: Now, with the expertise of new addition **Matt McCormick** as assistant professor of integrated media and art at Gonzaga, any student who's all about film or the power of visuals has the opportunity to take up a new visual literacy minor.

The idea for this program existed before McCormick joined GU from Portland State in fall 2018, but his 25 years' experience in filmmaking and photography is propelling it forward in collaboration with Susan English of the integrated media department and Shalon Parker of the art department. McCormick has been behind notable films including "Some Days Are Better Than Others" (2010) and "Buzz One Four" (2017), which utilize stunning cinematography and storytelling that will keep viewers engrossed and emotionally invested, as good films should.

McCormick had three films screened at the Sundance Film Festival and won awards such as Best Short Film at the San Francisco International Film Festival and Best Experimental Film at the Chicago and New York Underground film festivals. He founded the PDX Film Festival in 2001 and served as its executive director until 2008.

Memes, Hobbits, Ads & Global Economics

BY ALYSSA CINK ('20)

One of the most engaging and innovative aspects of the revised core curriculum adopted in 2016 was the introduction of first-year seminars. These provide freshmen and transfer students a unique look at academics at Gonzaga, studying unusual topics in a fresh format and from the perspectives of multiple disciplines. Students and faculty alike love that the seminars feature the freedom to be as creative as possible. Here's a look at four examples from the fall 2018 semester.

The Semiotics of Advertising

In an age when advertising takes a front-seat role in crafting the consumer experience, **Tony Osborne**, professor of communication studies, taught students to analyze ads as artifacts of American culture.

Students selected an advertisement and explored what messages the artifacts communicated (and how), and what they tell us about consumers. Two common terms emerged during the presentations: lifestyle and values.

Junior nursing major **Sam Singh ('20)** presented an ad for the weight-loss pill Zantrex. She said the slogan, "One size down, two to go," signifies a transformation, and the image of a woman looking at the ad signifies that the woman is the "wrong" size. Singh argued that it also overturns the American value of industriousness: Rather than encouraging healthy habits, it encourages consuming a pill. Her ad selection also spurred questions around what it means to have a healthy body or to look beautiful in America.



"Storm in/Storm out" originates from a web comic posted to Twitter in May 2017 by British artist Dan Martin.

Osborne says what he enjoyed about teaching a first-year seminar was the "radical idea of being able to improvise ... to make the experience as meaningful as possible for the students."

Tolkien and the Philosophy of Language

Dan Bradley, associate professor of philosophy, found in his first-year seminar an opportunity to blend philosophy, theology, language studies and the literature of J.R.R. Tolkien. Class discussions, led by alternating students, explored the ways "The Lord of the Rings" series challenges contemporary ideas about friendship, corruption and mechanistic views of nature.

Rather than diving into "The Fellowship of the Ring" from the beginning, students first developed a contextual understanding of Tolkien's theory. And in addition to reading the author's own philosophy, the class also studied sacramental theology. Although God does not make a direct appearance in "The Lord of the Rings," Bradley says, Tolkien's goal was to make God present in the natural world. Whereas American theology tends to disconnect the spirit from the body, Tolkien's stories emulate "breathing and spirit intertwined."

Bradley says the seminar provided an "explicit chance to talk about the Jesuit tradition, thematically, with a focus on building an intellectual life."

Find more details about these first-year seminars and student reactions to them at gonzaga.edu/magazine.



This variation of the “Decision Button” or “Daily Struggle” meme readapts an original web comic published to Tumblr by animator Jake Clark in October 2014.

Global Economic Inequality

Gonzaga aspires to be a place where students who want to influence sustainable global economic growth can gain the understanding and skills to do so. **Ryan Herzog**, associate professor of economics, views that as a challenge. First, he says, “We have to recognize inequality, and the costs of economic inequality, and where we see it in the world around us.”

And that was the basis for a first-year seminar that combined economics, sociology and international studies to define and explore concepts such as income inequality, income distribution, economic growth, inequality of opportunity, and social mobility. Herzog wanted students to become curious about the income and social mobility inequality that many people are aware of, but often don’t understand.

One assignment focused on the relationship between one’s ZIP code and the opportunities for social mobility. During a unit about defining the middle class, Herzog asked students to interview faculty, staff and other GU students about their perceptions of what it means to be middle class. Many participants perceived middle class income as being much higher than it actually is.

“It was great to be able to let conversations unfold organically without having to force them,” Herzog says. “When they had lively discussions, they could tie technical terms into what we’re experiencing today, and sometimes those discussions lasted an entire class period.”

Academic creativity is just one reason GU’s peers named us #1 in Teaching in a 2019 ranking published by U.S. News & World Report.

Find more extraordinary examples at gonzaga.edu/ExcellenceinTeaching.

Internet Memes and Digital Cultures

In the last 20 years, internet users have seen, heard and used the word “meme” with growing popularity. A meme is a picture, video, icon or text shared among people, with the purpose of conveying some aspect of a culture. In his first-year seminar, **Chase Bollig**, assistant professor of English, taught students to analyze meme creation and circulation as a cultural phenomenon, art form and expression of personal identity.

“I think taking an academic approach to something like internet memes offers an opportunity to be more self-aware of our culture, and more introspective,” Bollig says. “Some of it is to help give students and myself a lens to understand the culture that we’re steeped in. ‘Why did this happen?’ is a powerful question, and memes are part of what’s happening.”

At the end of the semester, students created several memes, often reflecting their own experiences at Gonzaga. **Cameron Weaver (’21)** crafted two memes based on two lighthearted but real experiences. Using the “Storm in / Storm out” meme, she expresses her anticipation for a grilled cheese sandwich – a traditional Monday selection in the COG, and how she felt when the classic fare was not available.

Weaver’s second selection, the “Decision-Button” meme, was ideal for expressing the dilemma of classwork over tenting to get the best seats to a men’s basketball game. “Part of GU’s culture is being very involved, especially when it comes to basketball season,” says Weaver. “On one hand, you want to avoid stress and get your homework done. On the other hand, you want to be included in the hype and make fun memories.”



INNOVATE AND INTEGRATE

BY DALE GOODWIN ('86)

Law school enrollments are declining across the country. But Gonzaga's new law school dean is not lacking for ideas on how to fortify his school's importance to this region.

Jacob Rooksby began his tenure as dean in June 2018. Since that time, this energetic and visionary 37-year-old leader has made fast work connecting with people on campus and in the community.

"Gonzaga has such positive brand recognition, which provides us with a wonderful opportunity to build our programming and infrastructure," says Rooksby, who previously served as associate dean and professor at Duquesne University School of Law in Pittsburgh.

He began by building strong relationships with his faculty and staff, and the campus and community at large. He recognized opportunities, and is developing programs to answer those. One is a wine-focused certificate program with the School of Business Administration.

"We have a number of alumni involved in the wine industry," Rooksby says. "We are creating an institute to address legal and business aspects of the wine industry. This will be of

particular interest to those working in the wine industry or looking to start a winery."

Offered through Gonzaga's online graduate program, it will allow students to complete a niche program focusing on specific interests and include a field experience at a winery.

Gonzaga's connections with prominent Florence winemakers, the Antinori family, in particular, have given rise to an alumni and lifelong learning program for those who want to learn more about the wine industry and have access to the experts, Rooksby says. The program launches this summer, June 1-9. Enrollment is open.

Rooksby also has initiated an agreement with Eastern Washington University to create a "3+3" program. Once finalized, Eastern students will be able to complete their undergraduate degree through EWU and their law degree through Gonzaga in six years. In addition, the Law School and EWU will work to establish new joint degree programs, adding options for students beyond the already successful J.D./Master's of Social Work joint program.

And there are opportunities for EWU students to be involved in Gonzaga Law's new Center for Civil and Human Rights, and for the two universities to share resources in attracting speakers on important law topics, Rooksby says.

"Eastern is in our backyard, and is a natural feeder school for us. They have the most diverse student body in our area, and we must be more intentional in our effort to recruit students who will bring diversity to our law school and the legal profession," Rooksby says. He is in the process of creating similar connections with Washington State University.

Gonzaga's law and business schools have a combined J.D./M.B.A. program, and Rooksby would like to develop more collaborative efforts across campus. The Center for Law, Commerce and Ethics will launch this summer. "This will provide a robust educational experience for students and enhance our brand nationally in the work we do," the dean says. "It's a natural extension of our Jesuit identity. We'll be training students to fight the good fight, some through classically defined roles within the law, others representing companies in an ethical way. We will add new coursework, bring in key speakers, and create internship and externship experiences to support this program."

Rooksby's mandate from President Thayne McCulloh is to innovate and integrate. Rooksby sees as part of that task attracting the community onto campus and into the Law School building.

Starting in March, visitors were greeted with new art in the building. Artist-in-residence Ben Joyce will display 10 works. The Law School lobby will open up for Spokane's First Friday, displaying works by other local artists as well. "We want to make the building inviting. The Center for Civil and Human Rights is conducting a social justice-themed art contest, and the winner's work will be on display. I see this adding value to the student experience. We're selling a three-year experience in our building, so it's important the building reflects our values and tells our story," Rooksby says.

Another recent improvement to the 19-year-old building is two gender-neutral restrooms, both accessible to people with disabilities.

Rooksby adds, "We have a great opportunity to tell our story and solidify our future."

And he's capitalizing.

New Provost Takes a Wider View

There's a significant level of energy and excitement across campus for the June 1 arrival of **Deena González**, Gonzaga's first permanent provost/senior vice president. But she's wasting no time getting to know this place, making periodic trips to campus this spring semester, sitting in on interviews for four dean positions and learning as much about Gonzaga, its students and community as possible.

This new provost model offers Gonzaga a means to provide a more fully integrated student experience between academics and student life. She will work closely with the academic deans, as well as with Vice President for Student Development Judi Biggs Garbuio, to create new opportunities for collaborations and program design.

Jesuit education is nothing new to González, who served Loyola Marymount University in L.A. for the past 18 years, first as chair of Chicana/o studies, then director of faculty development, and associate provost for faculty affairs. She served an American Council on Education Fellowship in 2010-11, and was named one of the 50 most important living women historians in the U.S. by the Sophia Radcliffe/Harvard Project.

Stay tuned to learn more of her vision for GU's academic future.



Come Spring

Maggie Helde ('19)

Come spring, plant the sage in rows
when the moon is high in the sky at night.
Don't forget to feed the crows.

Collect the petals that fall from the rose
with the stars as your only light.

Come spring, plant the sage in rows.
Water the garden with the hose
starting from left to right.
Don't forget to feed the crows.

From the tree of life, everything flows
the fruit of knowledge at its highest height.
Come spring, plant the sage in rows.

Always make sure to know thy foes,
never let them see your plight.
Don't forget to feed the crows.

Just two drops of poppy to help you doze.
Calmly chant to take flight.
Come spring, plant the sage in rows
And don't forget to feed the crows.

Pastoral

Grace Nakahara ('19)

Here, in the quiet of

Walmart parking lots, truck stops, boondocks
my phone finally stopped working and yours is too old to do anything but call.

I hate bugs. You hate the dark. But here,
in the miles on our meter,

on the upgraded mattress you bought at Camping World,
where the dog sleeps in the front seat and behind windows we see cities,
parks shaped like strange birthmarks,
trees that swallow us whole.

Between roads that stretch into mountains,
grass greener than our backyards ever were
paint the picturesque landscape we've stuck to like burrs on our sleeves.

Coastlines collect the sand on our ankles —
pulling us back home.

Poems selected by Dan Butterworth, professor of English.

Illustration by Tommie Tucker

Online, find additional pieces on love and graveyards, coffee
and even the Martian rover. gonzaga.edu/magazine



Moving Forward

As I write this message, our men's and women's basketball teams are marching forward in the madness that is NCAA tournament time. Gatherings of students, alumni and friends in Las Vegas, Salt Lake City and Anaheim, these tournaments become impromptu reunions and opportunities to reconnect with one another, all capitalizing upon the success of our amazing student-athletes, their coaches, staff and the faculty who teach and work with them.

Following the reveling in athletic achievement, we will hold yet more celebrations here on campus as contractors hand over the keys to the new Myrtle Woldson Performing Arts Center – a place where musicians, actors and dancers will develop and showcase their talents, both individually and symbiotically. The incredible generosity of Miss Woldson has enabled us to parlay the amazing potential of her commercial properties on the Seattle waterfront into this facility, as well as development opportunities that promise strong endowment and student scholarship support well into the future. For this we will always be grateful.

Within our leadership team, there is great excitement in bringing to life a new administrative structure, including a provost model intended to bring academic programs and student development initiatives into closer alignment. I'm proud to welcome Dr. Deena González to this new post (read more about her on page 9) and am grateful for the wealth of knowledge and experience she brings. This summer we welcome four new academic deans who will bring expertise and new perspectives to the work of our colleagues in Education, Engineering and Applied Science, Leadership Studies, and Nursing and Human Physiology.

Another exciting announcement this year has involved word that U.S. News and World Report lists Gonzaga as No. 1 in Teaching (West Region) in its latest ranking of colleges and universities. We're surrounded by colleges and universities that do a great

job educating students for the future, so what sets us apart? Undoubtedly our faculty members' focus on students, a high degree of personal interaction, and smaller class sizes create more impactful teaching and learning opportunities. As just one example, when our Career and Professional Development office developed a program to train professors how to be career mentors for students, 16 faculty members heeded the call in the first cohort alone, and more continue to join the cause. That's the kind of personal investment that makes our professors No. 1.

This has been a year with some significant challenges, too. From concerns about openness to diversity of thought and free speech to issues related to the sexual abuse crisis in the Catholic Church, we made national news headlines that caused feelings of frustration and anger among many in our community. As we wrestled to make decisions and provide information, we heard from hundreds of alumni and benefactors, and amid some very emotional conversations, what came through clearly was that Gonzaga matters deeply to you, that you care about our future and the continued success of this University. Your reactions were based in care and concern, and I am sincerely grateful for that.

Thank you for the many ways you show your support for Gonzaga and our students. As we move through Lent and this prayerful attentiveness to the will of God, I pray that you are blessed abundantly by the Holy Spirit.

Sincerely,

Thayne M. McCulloh, D.Phil
President

A Lasting PARTNERSHIP

STORY BY MADELINE HUESKE ('19)

PHOTOS BY ZACK BERLAT ('11)

When **Rob McCann** ('95, '05) joined Gonzaga as a resident director at DeSmet Hall – one of the rowdier men's dorms – he embraced his role with an aptitude for alternatives to the typical punishments for breaking rules. After catching students with beer, or with girls in their rooms after hours, he would take them to volunteer at the House of Charity shelter in downtown Spokane instead of writing them up.

"The funny thing is that this didn't stop students from misbehaving," says McCann. "What happened is the guys started to like doing the service – even when they weren't in trouble."

Today, McCann is CEO of Catholic Charities. His assistant director of development and communication is another two-time Zag grad, **Sarah Yerden** ('08, '11). For both, service has always been a part of their lives. McCann attended Fairfield University, a Jesuit school in Connecticut that embraced Jesuit ideals through community engagement the way Gonzaga does. Yerden participated in the Center for Community Engagement's Smile program at Gonzaga. "Volunteering at Gonzaga gave me that heart for service. It's really allowed me to live my faith, which is a beautiful thing," she says.

Work with Catholic Charities helps Gonzaga students to live out the mission beyond campus.

Catholic Charities programs are some of the first places Gonzaga students should go, says McCann, to interact with vulnerable populations. "That's where they're going to see the face of Christ."

"A freshman student who leaves the House of Charity a little shaken up will be a senior who leaves saying, 'I've got this,' " he says. Those students will become faithful voters, better parents and civically involved community members.

The partnership between Gonzaga and Catholic Charities started nearly 100 years ago, and ties have only grown stronger since. McCann and Gonzaga President Thayne McCulloh ('89) worked in Residence Life together in the mid-1990s and often volunteered together. The two, and their organizations, have been collaborating for 15 years already, and, as McCann says, "The great value of this partnership is that it'll go on long after any of us."

The relationship between GU and Catholic Charities is mutually beneficial, providing services to vulnerable populations and rich experiences for students.

"The beauty of Gonzaga is that students start volunteering because they have to, and their experiences are so powerful they keep volunteering for years," says Yerden.

And that in turn, she believes, impacts them for a lifetime.

Above: Sarah Yerden and Rob McCann are both two-time GU grads who put their Jesuit education to work for the poor and vulnerable through Catholic Charities.

Below: Students spend a Saturday morning serving guests of the House of Charity.



READ ON FOR EXAMPLES OF
SERVICE AND LEARNING THROUGH
CATHOLIC CHARITIES.



SERVICE LEARNING



Systematic EDUCATION



Center for Community Engagement Director **Molly Ayers** watches Gonzaga students transform through their work with Catholic Charities. “These spaces allow students to learn how to engage with people who are different than them,” says Ayers. “We want our students to not only get a surface-level understanding of what’s going on, but to think more systemically about issues like homelessness and isolation.”

Those experiences influence career choices, passions and worldviews. “There is a great opportunity for vocational discernment,” Ayers says. For example, a business student may learn that he is really passionate about working with children, and that may help him decide what sort of career path to pursue.

“Experiences in the community – whether or not there is a direct application of service work to classwork – helps students to understand the complexity and connectedness of the world,” says Ayers.

Gonzaga offers around 100 service-learning classes every year, including one taught by Sima Thorpe, who founded CCE (then-CCASL) in 1994. Her service and leadership course is unique because students serve dinner at House of Charity on Thursday evenings, then immediately have class on-site. They explore leadership theories and focus on exploring their civic identities.

“It’s hard to tell where the theory ends and the service experience begins,” Thorpe says. “Students feed a couple hundred people and can see the difference they are making, at least in that day. But even more so, they are providing positive human interaction for people who may not have much of that.”

One student was well-known for offering haircuts to his peers in his residence hall, so Thorpe asked if he would bring his services to House of Charity one Thursday. One of his clients appeared not to have had a haircut in a while but “that student treated the client as if he could’ve been anyone, and gave him a beautiful haircut,” says Thorpe.

It was one example of the opportunities students have to look introspectively and ask how service to others will manifest in their lives.

Seeing the impact of programs up close also helps students use their voices to help when programs are threatened by changes in logistics. In 2017, they wrote letters to the Spokane City Council to express concern over reduced funds for the House of Charity. It was action inspired by seeing the root causes of injustice and the faces of those impacted most. The letters helped to garner community support for 24-hour funding in 2018.

When students serve at the House of Charity, as shown here, they “learn how to engage with people who are different than them,” says Molly Ayers, director of GU’s Center for Community Engagement.

KEEP ON READING





Service SNAPSHOTS

Multiple service-learning courses combine education with tangible service opportunities. **Kelen Ahearn ('19)** has completed four of them, and is also an active member of Gonzaga University Specialized Recreation, which connects students with adults who have developmental disabilities. "There's something really important to me about being engaged in the community," she says.

Ahearn loves the various roles students play at the House of Charity, including serving food and drinks and interacting with clients, as well as the classroom portion of the course that invites contemplation and conversation, often with guest speakers.

She remembers a conversation with a client named Bear during a personally challenging part of her life. He didn't have much, but always used what he had to help people. "He started crying, and reminded me that we all have to just keep taking on challenges in life," says Ahearn. She claims this conversation helped her in healing and reinvigorated her service work.

Collecting leftover food from the COG, McCarthy Athletic Center, 2nd Harvest and local grocery stores, Campus Kitchens feeds 50 patrons at House of Charity and 25 meals to seniors at O'Malley Apartments every week. Program Manager **Emily Banick** says student volunteers often stay after serving the food to talk with clients, forming friendships that keep students coming back week after week.

At the O'Malley Apartments, lunches are served in the recreation room every other Tuesday in an effort to bring residents out of their rooms. Banick says everyone is excited to share news and happenings around the building with the volunteers. She believes in the power of food in bringing people together. "Food really becomes secondary to building community," she says. "It acts as the conduit."

During his freshman year, **Ivan Jimenez ('19)** began volunteering with ZESST, a program that took students to the O'Malley Apartments for game nights with the residents. "At first, I wasn't really doing service for the right reasons," he says. "I had a sort of savior complex, where I thought that by giving up my time, I was really helping them."

One conversation changed that. A resident shared with Jimenez that his dog had passed away, which led to a deeper conversation about life, relationships and similar struggles. "Whether you're a 20-year-old in college or 80 years old, there are some things that never change," he says. "After that, my time at O'Malley really changed, because I went in every time with an open heart."

Now a senior, Jimenez has taken a leadership role in the Zag Volunteer Corps' Semester-of-Service program and continues to assist at O'Malley. He started a project last year that brought residents from O'Malley to campus for a night of bingo. For the first night of the program in fall 2017, Jimenez expected 35 attendees, including student volunteers and CCE



Through games and conversation with senior residents of the O'Malley Apartments, students form lasting relationships and foster open hearts.



staff. Fifty-five participants showed up, motivating Jimenez to expand the event. The second event in spring 2018 attracted more than 100 participants, including residents from Maplewood Gardens Assisted Living Facility, and the event filled the Cataldo Globe Room.

Even moving home at the end of the school year has provided a connection to Catholic Charities. For years, donation bins placed around campus during move-out made it easy for students to donate the items that couldn't be stuffed back into their cars. Though the bins are gone, students are still encouraged to drop off unwanted items at the Catholic Charities Family Services Center to benefit clients transitioning into permanent housing.

McCann's decision to choose service over scrutiny for campus misdeeds during his days at DeSmet not only impacted students during his time on campus, it left a legacy that continues to improve the lives of many impoverished in our city.

See more about service learning:
gonzaga.edu, **Center for Community Engagement**

You can support service learning and life-changing moments: gonzaga.edu/ReadersCare.





CARE FOR OUR COMMON HOME

STORY BY MADELINE HUESKE ('19)

ILLUSTRATIONS BY TRACY MARTIN

Cape Kiwanda – a rugged, windswept peninsula on the Oregon Coast – is the reason I’m an environmental studies major. A few years ago, tourists there destroyed a sandstone pillar that had been a symbol of peace to me since my childhood days watching waves crash into rocks. At once I knew my purpose: to protect the places I hold so dear.

That, in essence, is really what sustainability is about.

Learn how Gonzaga seeks to improve the care of our common home, and the ways students, faculty and alumni are helping to protect the special places where we live, work and play.

CAMPUS UPDATES

ALL A-BUZZ

When the sun comes out, students flock to the outdoor patio on the second floor of the Hemmingson Center to enjoy the weather. Herb and tomato beds surround the patio, and bees buzz to and from the apiaries on the corner. Opposite them is a 1,000-square-foot hydroponic greenhouse. It uses just 10 percent of the water that traditional agriculture uses, and yields more than 120 heads of lettuce a week, along with herbs, peppers and tomatoes – all used in Sodexo locations around campus, allowing students to enjoy truly local produce.

WHAT \$5 CAN DO

A “green fund” approved by the Gonzaga Student Body Association is a \$5 fee per student, per semester, that gives resources to a student-run group responsible for selecting sustainable efforts on campus. Previous projects have included the purchase of recycling receptacles and native plants earlier this academic year. The green fund, overseen this year by GSBA Sustainability Chair **Soleil Rain ('21)**, allocated \$3,370 to three projects: reusable dishware for the communications department; an anaerobic digestion tank (to be housed in the COG greenhouse) to help reduce food waste and generate renewable energy; and Trafxxx, which promotes a “smart” traffic grid to increase commuting efficiency.





TWO-WHEELING AROUND

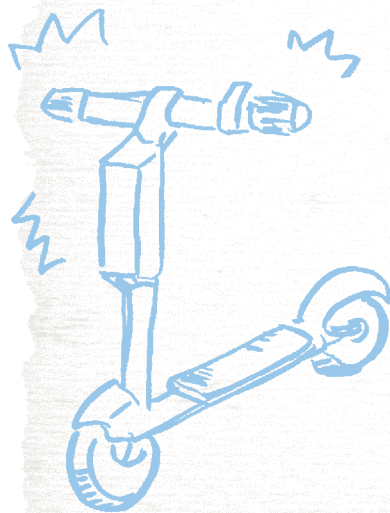
The trendy, bright-green bikes and electric scooters that dotted campus and downtown Spokane last year likely will return for this summer, following further vendor exploration by the city.

It was clear from the initial experiment that scooter fandom was closely tied to entertainment, while the practicality of saving on gas-powered transportation was secondary. Still, trekking around on a scooter has positive impact, namely: less single-occupant car use for errands.

Gonzaga will likely partner with the city's selected vendor to provide them on campus again.

REAL FOOD

Since 2014, Real Food Gonzaga has collaborated with ZagDining by Sodexo to work toward the goal of having 20 percent of food products offered at on-campus dining facilities be ecologically sound, locally sourced, humane and organic. Special focus is placed on humanely sourced meat and local produce, such as apples and carrots. A partnership with LINC Foods makes it easy for faculty, staff and students to take home locally produced fruits, vegetables, grains, legumes, meats, cheeses and eggs – all of which are delivered to campus once a week for ultimate convenience.



LET'S CREATE

Jim Simon, director of the Office of Sustainability, unveiled a new committee this year called CREATE – Creation, Reflection, Experience, Action, Teaching and Engagement. This group of students, staff and faculty work together to support continuous improvement and the stewardship of the university's resources. James Angelosante, vice president for administration, says it's "an excellent opportunity for our campus to practice its values and create a more environmentally-just community."



AMERICORPS TO THE RESCUE

In 2018-19, three full-time AmeriCorps volunteers supported Gonzaga's Office of Sustainability. **Carrie Herrman ('17)** led the Employee Sustainability Ambassadors program to educate faculty and staff, plus a new community group to foster connections with neighborhood residents and businesses who share an interest in environmental stewardship.

Chris Ultican ('18) amplified the Commute Trip Reduction program and GU connections with Spokane Transit Authority to encourage alternatives to driving alone. **Alex Thomas** has focused on communications to help educate the campus and community about waste-reduction strategies.

POWERED BY SUN, WIND & WATER

"All of our electricity sources are now green," says **Ken Sammons**, director of GU's plant and construction services. "Avista Utilities is 48 percent hydro, 2 percent bio-mass (Kettle Falls wood-fired plant), 6 percent wind (Rosalia wind farm), and now 5 percent of our power comes from a solar farm outside Lind, Washington. We also purchase renewable energy credits (wind) that offset the remaining percentage of our electricity consumption."

The first building on campus to sport solar panels is the Office of Sustainability. Gonzaga Renewables Investment Group raised more than \$7,000 with the help of donors to 2018's Zags Give Day.

STUDENT SUSTAINABILITY LEADERSHIP PROGRAM

Here, students develop their leadership skills through the lens of sustainability. Participants are learning effective leadership techniques for leading small groups, completing individual projects, and advocating for change within larger organizations. Students increase their knowledge of a variety of topics, including waste management, water conservation and renewable energy.

KEEPING EMISSIONS ON TRACK

A team of environmental studies and engineering students has found an engaging client for senior design projects: the city of Spokane. **Alex Maxwell ('09)**, assistant professor of civil engineering, oversees the work of seven students conducting a greenhouse gas (GHG) emissions inventory for the city.

Two projects track municipal operations and community-scale emissions, covering everything from transportation and agriculture to industry. The students take different types of emissions measurements and convert them into carbon dioxide equivalents (CO²e), which combine the different types of emissions from each source and convert them into CO²e, making them easy to compare and contrast.

Maxwell believes the inventory is great real-world work for students. They use industry standards to calculate GHG emissions and present information to city

representatives. "Beyond the practical aspect, they are learning how to be engaged citizens and what it's like to work with a local municipality," Maxwell says.

Local ordinances require the city to calculate and publish GHG emissions created by activities from within the city boundary to help achieve GHG emissions reduction goals.

Cadie Olsen, environmental and sustainability manager for the city, says: "There is a huge benefit in partnering with Gonzaga students. They provide external objectivity and peer-reviewed science, and we can provide them with the deep benefit of working on an experiential project."

Plus, she says, doing the emissions inventory helps the city to know "we're using energy resources as efficiently as possible for our citizens," says Olsen.

IN THE NEWS

"From Enron to Engie"

Christine Uri, Aram Lecture in Business Ethics:

"Sustainability today is not just about being a good person, it is also an imperative for business success and business ethics."

Princeton Review "Green School"

Gonzaga once again has been named among the nation's most environmentally responsible colleges.



"From Scraps to Scholarships"

Action Jackson, benefactor:

"Our goal is to reduce scrap metal waste and provide opportunities for youth in the Northwest."

"Pining for Spokane"

Ryan Herzog, economics professor:

"[Planting more pines] was a no-brainer for the city. We can return the area to its natural beauty without a lot of extraneous cost."

ALUMNI AMBASSADORS

Many alumni work quietly behind the scenes to bolster environmental sustainability in various ways. Here are just two examples:

James McCarthy ('66) is a Harvard professor honored for his contributions to fighting climate change.

Alexis Bonogofsky ('02) works with Montana ranchers and conservationists to advocate for sustainable agriculture and citizen participation.

See these stories and more at gonzaga.edu/magazine.



JOSHUA SCHULTZ, ENGINEERING

ON Joshua Schultz's desk sits a rectangular slab of wood, about two feet long. It doesn't look like much, but it's actually the basis for Schultz's primary research: cross-laminated timber (CLT). These 2x6 pieces of dried wood, glued together in alternating layers to create giant panels, can be used as walls, floors or any other part of a building.

An assistant professor of civil engineering at Gonzaga, Schultz says wood is a perfect material for eco-friendly construction because it is a carbon sink, keeping CO₂ from being released into the atmosphere. Using young trees at the peak of their life cycle allows for the maximum amount of carbon to be sequestered, making it an attractive option for promoting sustainability. Combined with other building innovations, CLT can also be incredibly strong – a cross-laminated timber parking garage has been constructed in Portland.

Schultz grew up building treehouses in rural Wisconsin, which led him to want to be an architect, and later, an engineer. After receiving a degree from another Jesuit institution – Marquette University – he worked on the Timber Tower Project for an engineering firm in Chicago,

translating his treehouse expertise to real-world construction projects.

While working on the Timber Tower, Schultz began rethinking how wood can be used in construction. A typical high-density, multistory building involves a lot of steel and concrete, which produce significant CO₂ emissions. Cement used to make concrete accounts for 5-8 percent of global emissions, so turning to wood has huge sustainability benefits.

Schultz says he's excited by new technology that makes wood products a viable replacement for nonsustainable materials. "We're rediscovering a very old material and amping it up," he says. "Wood is something most everyone appreciates."

He adds: "Spokane and the Pacific Northwest are uniquely poised in the middle of all this timber. So the challenge is using that to be a positive impact on the environment."



MAJORING IN ENVIRONMENTAL STUDIES

BY THE NUMBERS

106 STUDENTS MAJORING IN “ENVS”
(fall 2018, up from just 27 in 2009)

33 ENVS MINORS

12 CLUBS AND ORGANIZATIONS
Promote sustainability
and environmental education

13 STUDY ABROAD PROGRAMS
offer environmental studies courses
(including several sponsored programs through
School of Field Studies, Gonzaga-in-Delft, and
Gonzaga in the Wilderness)

9 FACULTY MEMBERS
teach courses in
environmental studies

31 SUSTAINABLE
BUSINESS MINORS

THE QUESTION OF DIVESTMENT

During the 2016-17 academic year, the student-run Gonzaga Environmental Organization (GEO) held a number of forums to address issues of financial investment as they relate to a commitment to sustainability. The Gonzaga Student Body Association voted to support GEO's recommendation that the University divest (pull its investment funding) from holdings in fossil fuel companies, and several faculty members signaled their support. The Board of Trustees and Board of Regents created a task force to work with its investment committee to evaluate Gonzaga's endowment. To gather additional input from alumni and friends, the January 2018 issue of Gonzaga Magazine solicited feedback from readers.



In December 2018, the task force recommended – and the Board of Trustees agreed – that an intentional commitment to invest in companies that are implementing ways to reduce carbon emissions and have sustainable business practices is more impactful and financially responsible than blanket divestment from fossil fuel companies and funds.

To learn the details of Gonzaga's socially responsible investment strategies, please visit gonzaga.edu/sustainability.

LET'S TALK

Sustainability, climate change and global warming are all terms that can be politically charged. How do we have meaningful conversation about a topic that swirls around us?

"We usually have way more things in common than things that separate us, but our passion about big issues – like climate change – prevents us from seeing the similarities we might share."

That's what **Juliane Mora**, assistant professor of Communication Studies, had to say about why it's so hard to discuss tough topics with people of opposing views.

The challenge is made more complicated because "Too often, we think about communication in terms of what we are going to say," she suggests. "The really important piece is listening. If you start from a position of trying to listen to understand a new perspective, people are going to tell you a lot more about themselves than they realize. They might start by talking about their stance on an issue, but when they tell you why an issue is important or who they believe is doing a good job advocating for that issue, you begin to understand their belief system, what motivates them, or what they're scared of. They might be saying one thing, but underneath is a fear or concern that can be a powerful motivator."

During a campus lecture in fall 2018, former Republican congressman **Bob Inglis** (South Carolina) shared his personal experience with the political polarization of climate change conversation. He used to think global warming – and the notion of human causation – was a scam. After a trip to Antarctica changed his mind and inspired him to introduce a bill for a revenue-neutral carbon tax, he was unseated in the GOP primary runoff in 2010.

Read more of the presentation by Bob Inglis and a Q&A with Juliane Mora at gonzaga.edu/magazine.

"It's an identity issue," says Inglis. "(As if) saying climate change is real is somehow going to make you into a liberal or make it so you're a Benedict Arnold to your tribe."

Mora says a better way to frame the climate change issue so it's less contentious is to choose storytelling over science.

"Scientists are not trained to be storytellers. They can look at the data and say unequivocally that polar ice caps are melting and sea levels are rising, but that's not the narrative that's going to reach the greater population," says Mora. "We can't plan for our own generation, let alone for our children's, if we don't explain natural resources, fossil fuels, and the byproducts of our highly technological society through stories about conservation and community."

She continues: "It's important to get folks from all sides of the political spectrum on board. This includes listening to people from multiple perspectives. We have to be nonjudgmental and learn from a variety of sources. Hopefully all of this, combined with a true willingness to listen to each other, will help."

That's exactly what Inglis hopes for in the nonprofit RepublicEn.org, which he founded to provide context for conservative voters who have struggled with proposed solutions to climate change. He continues to promote carbon taxes while focusing on the bigger win: achieving a nonpartisan discussion of climate change and collaboration among Republicans and Democrats to support the health of our planet.



JESUIT, CATHOLIC VIEWS ON CARE OF THE EARTH

BY FATHER TOM COLGAN, S.J.

Fr. Colgan is a Jesuit priest working among those who serve at Gonzaga University, G-Prep, Saint Aloysius Parish and SEEL (Spiritual Exercises in Everyday Life). Here, he shares the intent of the Society of Jesus to support the goal of building a sustainable planetary lifestyle.

Pope Francis' 2015 environmental encyclical, "Laudato Si: On Care for our Common Home," has energized and redefined what it means to be Catholic: How essential it is to work for sustainability. Several Jesuit universities have been recognized by the Princeton Review for their related work, including Gonzaga University, and in a recent address to the Council On Foreign Relations, Mary Evelyn Tucker, co-founder of the Forum on Religion and Ecology at Yale, singled out Jesuit educational institutions for their extraordinary contributions.

The Catholic response to climate change places care for creation and the poor as a top priority. U.S. Catholic bishops wrote in their pastoral statement, "Global Climate Change: A Plea for Dialogue Prudence and the Common Good": "Action to mitigate global climate change must be built upon a foundation of social and economic justice."

Jesuits advocate an action-focused care for creation by reducing greenhouse gases and harmful pollution. With Pope Francis and so many others, we need to pressure global leaders and institutions around the world to address climate change and protect our common home for current and future generations. We all have families and love our nieces and nephews and do not want to look back on our lives and see that our silence deprived them of the beautiful world we enjoy.

Besides calling others to a sustainable lifestyle, I have discovered from younger people ways I need to change my personal habits around eating, driving and my use of energy. What we do speaks much louder than what we say. The energy conversion and conservation we promote requires our individual change.

Many of us are saddened by the loud and uninformed statements of those who deny the current damage to our air, water and land. This damage has been clearly detailed by climatologists. You have probably read the UN's recent startling report on climate change (December 2018), warning of devastating and extreme weather, food and water scarcity, air pollution and coastal flooding.

There is a lot of political and cultural complexity and conflict around this. All Catholics and Jesuit institutions are called to move forward, even when we disagree among ourselves. Let us not withdraw in despair about necessary changes when we see the daily news of increasing worldwide damage to our Earth with its carbon, plastic particles and extinction of so many species.

The Jesuit "Principle and Foundation" requires us to protect all gifts, especially relationships with God, others and our planet. Our "Way of Proceeding" requires forgiveness and maintaining relationships with others. We can work together to save our planet and its non-human animals. But loving the Earth and everybody on it, and not just the few, is a primary criterion of our way of proceeding. Let us continue to fall in love and move into action with God and all creation.

KEEP LEARNING

Visit news.gonzaga.edu and filter by "sustainability" to read more about Gonzaga people and programs working for a sustainable future.

SUPPORT THE CAUSE

Every student pitches in \$5 per semester to fund "green" projects on campus. Your gift could be the boost they need to do something big.

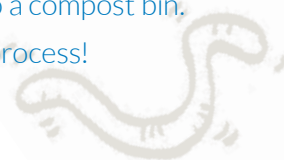
Give online: gonzaga.edu/ReadersCare

SEE MAGAZINE PRODUCTION IN MOTION

How do we print a magazine with sustainability in mind? It starts with compostable paper, printed by a facility with rooftop solar panels, and — depending on the reader — returns to a compost bin.

Watch a video to see the process!

gonzaga.edu/magazine



12 WAYS TO MAKE A DIFFERENCE



Eat less meat.

Animal agriculture is responsible for about 15 percent of annual global emissions and contributes to contaminated waterways and deforestation. Try a new recipe on Meatless Monday!



Consider investing in sustainable companies.

Look at the environmental, social, corporate and governance section of your investments. Returns are good, and you're supporting socially responsible organizations.



Talk to local leadership.

This could be government or nonprofit. Learn about their stances on issues you care about and how you can help them in their work. Attend a meeting and make your voice heard.



Grow your own herbs.

The herbs you likely use for cooking are easy to start and maintain, and you save money and reduce waste by not buying containers at the grocery store.



Visit a local park or natural area.

Learn about the native flora and fauna, and see what efforts are being made to conserve wild spaces in your community.



Visit your local farmers market and chat with the vendors

Where is the produce grown?
What is local to your area?



Borrow, don't buy.

If it's a tool or appliance you'll rarely use, consider borrowing from a friend before running to the store to buy your own.



Volunteer at your local community garden.

Or, if you don't have one, plant a garden yourself!



Bring reusable utensils.

A fork, spoon, knife and straw won't take up a lot of room in your car or bag, but they'll save a ton of plastic in the long run.



Engage in sharing economy.

Companies like ZipCar (which services the GU campus) reduce traffic on the road, making use of a vehicle convenient without the burden of a car payment.



Buy your clothes secondhand.

Thrift stores have inexpensive choices, and if you're looking for something a little nicer, consignment shops will do the trick. If you have clothes you're trying to get rid of, donate them.



Get outside.

Spending time in the outdoors is known to reduce stress and boost happiness. You'll feel more connected to your community, too.

A night landscape photograph featuring a starry sky with a vibrant aurora borealis (northern lights) display in shades of green and yellow. Below the sky, a dark, silhouetted mountain range stretches across the horizon. In the foreground, a body of water, likely a lake, is visible on the right side, reflecting some light. The overall scene is serene and majestic.

Discernment noun

dis-cern-ment | \di-'sərn-mənt, -'zərn-\

1 : the quality of being able to grasp and comprehend what is obscure : skill in discerning

2 : an act of perceiving or discerning something



listening to the 'motions of the soul'

Photograph by Craig Goodwin

The Aurora Borealis hovers over the Columbia
River and Keller Ferry in Eastern Washington.
Read Goodwin's own career-discernment
process at gonzaga.edu/magazine.

“Discernment involves pausing before we act.
Stepping out of the busyness of our culture.
Reflecting on where God is working in our lives.
And, ultimately, trusting and going into the unknown.”
Father Stephen Hess, S.J.

Guided by God

Listening to the ‘motions of the soul’

By Jeff Bunch ('92)

Where should I be serving? What should I be doing? Why am I no longer satisfied by something I once loved? Where does God want me to be?

Those questions, for some of us, are an endless challenge. The process of discernment, or even just searching for a sense of direction, can be one of mystery – sometimes profound and satisfying, sometimes painstaking and confusing.

Saint Ignatius of Loyola referred to these elusive musings as the “motions of the soul.” They are the reason he developed the Spiritual Exercises and Examen centuries ago. The set of principles behind them, particularly the skills needed to focus the mind and soul in times of

discernment, are timeless. Some would say they are even more vital today in our distracted world.

We make decisions large and small throughout our lives, knowing each one of them may change our path in an unforeseen way. The anguish and the beauty of these moments is we can't always divine the outcome. We make the best decisions in the moment, hoping for the best. In that sense, discernment is something we all do, oftentimes in an unconscious way.

To explore this more, we reached out to members of the extended Gonzaga Mission & Ministry community for their points of view and experiences. These testimonies aren't a comprehensive primer on Ignatian discernment, but unique journeys of personal discovery and inspiration.



Father Stephen Hess, S.J.



Kyle Baker, S.J.



Hailey Maher ('19)



Michelle Wheatley ('07, '12 M.A.)

A Spiritual Foundation

At the core of discernment is the goal of trying to determine where God is at work in our lives.

“There are different facets to discernment,” says **Father Stephen Hess, S.J.**, Gonzaga’s alumni chaplain. “In one sense, it’s a way we go about making decisions or leading our lives. It’s more of a process, something that we continually do, to make choices in a way that we normally wouldn’t.”

Even Ignatius recommended the common approach of compiling a list of pros and cons as one way to navigate complicated decisions. But what became known as Ignatian discernment has touchstones with the principles of reflection, consolation (closeness to God), desolation (distance from God), and confirmation that compel us to listen to God in a variety of ways.

“It involves paying attention to our inner feelings, to our experiences, praying, and talking with other people, and then bringing that all together as a way to inform a decision,” says Fr. Hess.

Ultimately, he says, discernment is paying attention to those things and asking, “Where is God leading me? What brings me closer to God? Where is God at work in my life?”

“The answers may be unexpected,” says Fr. Hess. “That’s why it’s so important to be reflective and be open to the Spirit. We learn things about ourselves or our lives that we may not have seen before.”

Ignatian discernment also assumes an ongoing conversation. One can’t jump in and out of the process. Fr. Hess works with many Gonzaga alums through all phases of life and sees a hunger to be discerning about their lives. He has seen myriad examples of paths altering in unexpected but satisfying ways where discernment of God’s will was at the center.

Jesuit in Formation

Kyle Baker, S.J., was a star student-athlete during high school in north Idaho. His talents took him to nearby Carroll College in Helena, Montana, a small but mighty Catholic institution where he continued to excel. Baker appeared to be on the fast track of higher education success as he rose from Hall of Fame athlete to staff member in Carroll’s administration after graduation.

That’s when another plan started revealing itself to Baker, who felt called to become a Jesuit in a world where that choice is more challenging than ever. As a Jesuit Novice, he spent a year working at Gonzaga with students in the Mission & Ministry office – a provincial assignment he found rewarding and impactful.

Baker continues to discern God’s will, even while making lifetime commitments to the order and completing missions that wouldn’t normally be his preference. As an example, his current assignment as a Jesuit Scholastic to study philosophy at Fordham University in New York City is a challenging season in his journey. Yet while the details of his future may be uncertain, his regular practice of discernment affirms his calling.

“I’m ready to say I want to commit to this life,” Baker said on a return visit to Gonzaga. “It’s about holding your hands open, physically and spiritually. The stillness and silence needs to be there. It’s putting yourself in those open hands and saying, ‘Where is God in this?’”

His example left a mark on those he walked with at Gonzaga, a constant reminder that, as he says, “God really loves you, tenderly and lovingly. You need to recognize that and walk deeper into that love.”

Ignatian Discernment

Ignatius Loyola summarized his approach to discernment in two sets of interpretation:

- the states of consolation (joy, peace, gratitude)
- the states of desolation (depression, anxiety, fear)

These are included in the Spiritual Exercises, intended to be used with an experienced spiritual director.

Searching For More

Learn about the contemporary adaptation of the Spiritual Exercises and the Examen authored by Sister Elizabeth Liebert (’75), SJNM, and Sister Mary Garvin, SJNM (long-time Gonzaga religious studies professor).

Also, discover the outcomes of the University’s mission priority examen, and find personal reflections on discernment experiences.

Want to support this kind of Mission & Ministry work at Gonzaga?

For all these opportunities, visit gonzaga.edu/ReadersCare.

A Student's Perspective

Hailey Maher ('19) attended a Jesuit high school in Western Washington. Yet the dynamic Mission & Ministry student leader thought she would attend a "big name" college in the East. She visited those schools before arriving at the last consideration on her list – Gonzaga – where all her favorite high school teachers attended.

"I feel like maybe that journey was a discernment process that I didn't realize," said Maher. "When I was at other schools, I just didn't feel peaceful. I felt anxious. When I came here, I felt peace about it. I wanted to be in a place that fostered people to become who they are meant to be."

That "gut feeling" is a hallmark of Ignatian discernment.

Maier listened to it. She has thrived at Gonzaga over her

four years, where colleagues describe her as having "the soul of a Jesuit." Maher deflects the compliment, although she studied Ignatius and led a session on discernment in the "Jesu-What" series on campus last fall.

Maier finds herself again seeking direction as post-graduation decisions loom. She plans to attend graduate school, but has many options, so relies on the Jesuit concept of leaning into and embracing the tension.

"Giving myself the time and space to (discern) – that's been hugely helpful," says Maher, who hopes other seniors who are struggling with plotting their futures will similarly find their way. "Listening to something inside of us, that's what God calls us to do, is really a gift."

"The real questions at the core of a discernment are, who is God and what is God doing here? Discernment is about trying to listen and respond to God's word. That word isn't necessarily an answer. Maybe that word is actually a question. Maybe that word is an instinct or a sense of a direction we're supposed to go."

Michelle Wheatley, D.Min.

For the University

Michelle Wheatley ('07, '12) was a gifted student leader – an RA who helped plan student events one month and orchestrated spiritual retreats the next. Today, she is acting vice president for Mission & Ministry, a post she assumed in 2018 during a challenging time in the University's life.

Wheatley has a deft command of Ignatian discernment as a Doctor of Ministry and used those skills to lead Gonzaga through a two-year organizational Examen process in which the University reflected upon its ongoing foundational commitment to Catholic and Jesuit identity and values.

It's an example of how discernment principles apply to modern organizational leadership in much the same way as they do to individuals. The Examen process has posed fundamental questions to the Gonzaga community:

- What is our purpose?
- What do we value and how do those values become expressed in our decisions?
- How do our decisions help us achieve our purpose?

"It's the idea of naming purpose and then aligning decision-making with it," says Wheatley, whose role as facilitator of the effort provides her with a unique point of view.

The University has encouraged broad-based input from stakeholders in the discernment process. Wheatley says it takes courage and trust for those in an organization to be vulnerable and open for the betterment of the whole. The outcome often creates a serendipitous connection between individuals' personal and professional lives.

"In an organizational space, we want to know about your interior life; it actually has an impact on bottom-line decisions we're going to make," says Wheatley. "It's a massive integration, which is a hallmark of the Ignatian way, of the spiritual and the secular."

Wheatley says the essence of discernment is rooted in loving relationship with God. "The real question at the core of a discernment is, 'Who is God and what is God doing here?' It's very central to the Jesuit understanding that God is moving and doing things, especially to heal the world – and how can we join that?"



Rising to the Top

The men defeated Duke in the Maui Classic championship game and rose to No. 1 in the nation. After 20 straight wins and a record of 30-3 at the time, the NCAA Tournament seeding kings made the Zags No. 1 in the West. GU defeated Fairleigh Dickinson, Baylor and Florida State before falling to Texas Tech in the Elite Eight, capping one of the most memorable seasons in school history. As emotions ran very high in the locker room after the loss, Coach Few explained this wouldn't be the case if there wasn't an incredible amount of love in the program.

- » Compiled a 33-4 season record
- » Head Coach Mark Few: WCC and finalist for Naismith Coach of the Year
- » WCC awards included Rui Hachimura, Player of the Year; Brandon Clarke, Defender and Newcomer of the Year; Josh Perkins and Zack Norvell Jr., first-team all-conference. Perkins became Gonzaga's career leader in assists.
- » Team GPA 3.26; part of a cadre of Zag student-athletes with an NCAA Annual Progress Rate multiyear average score of 998 on the 1,000-point APR scale, tied for No. 1 in the nation
- » GU student-athletes ranked second in the nation in the latest Graduation Success Rate rankings at 99%
- » Men's Basketball in the last five years: five Sweet Sixteens, three Elite Eights, one Final Four and an appearance in the 2017 National Championship game

Does #GonzagaExist?

For a while in March, it was hard to tell what had more public attention: the Gonzaga men's journey through the NCAA Tournament or the hubbub created by late night talk show host Jimmy Kimmel, who asked if Gonzaga really exists or if it was a hoax to throw off basketball brackets.

Responses came from alums who promised their four years here were real, and from parents who joked that if Gonzaga's a fake, it's time to stop sending tuition payments. President Thayne McCulloh joined the fun, as did Spokane Mayor David Condon and Washington State Attorney General Bob Ferguson (who flew to Spokane, in fact, to swear on the Bible with students from the School of Law that they are real).

Kimmel's monologues fanned the flames even further when he sent his sidekick Guillermo Rodriguez, disguised as Sherlock Holmes, to the Zags' locker room in Anaheim to interview players regarding Gonzaga's authenticity.





Triumph & Tragedy

In the second overtime of the West Coast Conference Tournament semifinal game, senior Zykeria Rice made a buzzer-beating layup to propel the Zags into the championship game, before losing to BYU. A highest-ever No. 5 seed in the NCAA tourney followed, and GU beat Arkansas-Little Rock before losing to host Oregon State.

The season ended with heartbreak. Senior Laura Stockton and junior Jill Townsend sustained season-ending injuries that sidelined them for the big dance. Coach Lisa Fortier lost her brother Hayden during the post-season run.

The team continued to practice what was always most important: Being family to one another.

- » Captured fourth WCC regular-season title in five years
- » Head Coach Lisa Fortier named WCC Coach of the Year for the fourth time
- » Named All-WCC First Team: seniors Zykeria Rice, Laura Stockton and Chandler Smith
- » Ranked No. 11 by USA Today/No. 12 by AP, highest in program history
- » Home games averaged 5,625 fans in the 6,000-seat McCarthy Athletic Center, second in the nation by percent of capacity at 93.74



During the week of March 20-28, Jimmy Kimmel Live segments included 27 minutes of airtime joking about Gonzaga's existence and the lengths Zag fans took to prove it. In that same week, whether due to the comedian's show or the natural interest of basketball fans across the nation during the NCAA – or a combination of both – GU enjoyed impressive response to its online reality:

- » The page reach of GU's main Facebook page increased by 823,000 and post engagements were up 214%.
- » Gonzaga.edu experienced a record-breaking number of visits: nearly 100,000 page views in one day (Sweet Sixteen game day), and visits to online stories rose 216% over the aforementioned seven-day period.

*So, is Gonzaga real?
More so every day.*

Telling Stories

In his new book, "Austin in the Great War," '66 **Robert Johnson** gives a voice to his father's experiences as a WWI soldier in the 12th Balloon Company.

'06 **Jenni Opalinski** is curator of the Historic Waco Foundation. She previously worked at the Museum of the Southwest in Midland, Texas, where she oversaw development of the Turner Legacy Galleries. At the 2017 Mountain-Plains Museum Association awards, this exhibition received first place for exhibition technology and Opalinski won first place for a book she co-authored: "Museum of the Southwest: Selections from the Permanent Collection."



Robert Johnson



Jenni Opalinski

'11 **Carol Lopez** recently published her first book, "Muck Off: The Starting Point to Your Happily Ever After." This book helps readers become leaders and transform their lives by clearing out the "muck" – self-doubt and inner conflict – and solidifying their compassion, confidence, discipline and values.

Taking the Lead

'74 **Gail Heck-Sweeney** received the Society of Women Engineers 2018 Global Leadership Award for worldwide service, leadership, mentorship and innovation in engineering and business. Heck-Sweeney, who served HP, Agilent and Keysight for 40 years, has pursued several development, management and manufacturing roles in the U.S., Europe and Asia.

'74 **Carolyn Kelly**, former president and COO of the Seattle Times, was elected chair of AAA Washington's board of trustees. Kelly and fellow businesswomen form half of the trustees representing AAA Washington.

'03 **Todd MacManus** has been named president and CEO of First Bank in Alaska

Law & Order

'92 (J.D.) **Daniel Keppler** was promoted to principal at the Garvey Schubert Barer, P.C. office in Portland.

'98 (J.D.) **David Thorn** was elected to Division III of Cochise County Superior Court in Southeastern Arizona.

'04 (J.D.) **Julian Aguon**, who founded his own law firm at 28, was appointed by Barack Obama to a team of 21 leaders from 16 Asia-Pacific countries and territories to address pressing issues and create positive change in those regions. At an Obama Foundation workshop, the former president recognized Aguon for his defense of indigenous rights in Guam.

'07 (J.D.) **Donald Richter** was appointed to Pacific and Wahkiakum County Superior Court in December, after working as the Pacific County chief deputy prosecutor.

'13 (J.D.) **Paige Gleason** is a founding attorney at Colorado Legal Group, a new divorce and family law firm in Denver.

Idaho Gov.-elect Brad Little has hired several Gonzaga alumni to his staff: '08 **Sam Eaton** as director of policy and counsel focusing on natural resource policy; '08 **Greg Wilson** as an education-focused senior policy adviser; and '14 **Marissa Morrison** as press secretary.

Young Movers & Shakers

'15 **Uriah Mitchell** is providing speech language pathology services in Wasilla, Alaska.

'16 **Maria Fernanda Gomez Gonzalez** serves the Western Association for College Admission Counseling as a member of the Inter-Association Committee.

'17 **Brady Meltzer (M.A.)** joined Submittable – a Bozeman, Mont., technology startup – as vice president of sales. With a second office in New York, Submittable is a submission management platform serving clients like Nike, AT&T and National Geographic.



Austin Brownfield (right)

'18 **Austin Brownfield** graduated at age 20 and was recognized in November as the youngest Marine Corps officer currently in service.

Reaching New Heights

'09 **Marissa Clark** cheered for GU while rappelling down the face of Table Mountain, which overlooks Cape Town, South Africa, and is the highest commercial abseiling point in the world.



Science, Service and Spirits

'06 **Colin Terry** earned his Ph.D. from Michigan State in Educational Psychology and Educational Technology. Terry researched ways media-distracted behaviors affect education inside and outside the classroom. He celebrates this life step with his wife, '06 **Meagan (Brncick)**. Terry is associate dean of students at the Colorado School of Mines.

'08 **Joseph Lynch** and his research team have discovered the role of a transporter protein in pushing scent molecules from flower cells across the plasma membrane. These findings were published in 2017, in *Science Magazine* and *Science News*.

'10 **Lori Albsmeier** was hired as program director for Big Brothers Big Sisters, Sheboygan County, Wisconsin. Albsmeier first joined the program as a Lunch Buddy volunteer. She is excited to support her community's youth by helping to design and implement the mentoring program's goals.

'13 **Christopher Chapman** graduated from Oregon Health and Science University with a degree in medicine and is embarking on his Emergency Medicine residency at Dartmouth University.

'13 **Scott Stallman** and his parents are brewing local, artisan spirits at Mutiny Bay Distillery on Whidbey Island, Wash.



Lori Albsmeier

Forging a better life for many in Montana

BY IAN DAVIS-LEONARD ('19)

Rich Janssen ('07 M.B.A.) is using his education to create a better future for his son, Jake, diagnosed with autism at age 2 in 1998, when far less was known about the developmental disorder.

"I found empathy for people who can't speak for themselves and need advocates," Janssen says.

As Jake reached his early 20s, Janssen and his wife, Julie, made the unbelievably difficult decision to find an adult living-place for their son. They were unable to locate a facility for him; no homes specific for adults with autism were available.

With little guidance from the state, the Janssens sprouted a plan to build a group home of their own. Located on 11.5 acres in Ronan, Montana, their Proactive Living Facility will house 16 adults with developmental disorders in four homes.

"When I was at Gonzaga, I never thought that here I would be, 11 years later, using my M.B.A. to develop a business plan, a marketing plan and a model for a living facility for adults with autism," Janssen says.



He definitely didn't know it would spark the development of a 501(c)3 nonprofit and a vision to have a Proactive Living Facility in every major city in Montana.

"[My Gonzaga education] has allowed me to look at the big picture," Janssen said. "It really gave me the tools to look at why Proactive Living Facility is needed."

Janssen takes great pride in his time as a Zag and has a Gonzaga Bulldog tattoo as well as an English bulldog as a pet to show it.

"When I was there, Gonzaga's model was educating people the world needs most and I still believe that's true today," Janssen said. "That's what my role is."

'Just a poor kid' making his mark

BY DAVID LANDONI ('19)

Every great achievement comes with a story of the people who made it happen. And if **Mark O'Donnell ('65)** is telling the story, it's going to be good.

Recently, Northwest Pilot Project honored O'Donnell for his service to the organization, which provides affordable housing to seniors in Multnomah County (Portland, Oregon). O'Donnell began working with the project in 2015 after reading about the number of seniors the organization had to turn away. His sponsorship has prevented 450 low-income seniors from becoming homeless.

He grew up poor in Portland and started working multiple jobs in the sixth grade to help support himself along with his mother and three brothers. He left home at 17, working at a candy company and as



a volunteer firefighter to save money. After hearing about Gonzaga from his high school basketball coach, O'Donnell took the train to Spokane with all his possessions in a single steamer trunk. Though his grades were good, he didn't have enough to cover the first semester's down payment. Without a guardian to sign his application

Out for a ROMP

BY MADELINE HUESKE ('19)

Walking 500 miles in the Colorado wilderness sounds like a scene out of an action movie more than anything, but it's a trip **Kelsey Devereaux ('10)** and her husband **Jordan Williams ('10)** looked forward to for years. They spent months preparing gear, planning their itinerary and raising money for the Range of Motion Project (ROMP), a nonprofit that provides prosthetics to people suffering from immobility. Their goal was to raise \$3,000, enough for three prosthetics, one from Devereaux, one from Williams, and one from their blue heeler, Aska.

Devereaux is a physical therapist, so helping people regain mobility is close to her heart.

"Disability isn't caused by broken bones, it's caused by broken tools or broken health care systems," she says. Her former soccer teammate, **L.P. Panasewicz ('09)** is the ROMP director of events; the two worked together on the project as a great way to live out the Gonzaga mission.

In preparation for the trail, Devereaux and Williams created an Instagram account for Aska, where they posted updates on fundraising efforts. They approached local businesses that had previously donated money to ROMP to ask for donations, and they set up a CrowdRise campaign for their friends and family.

paperwork, Father John Hammond Taylor provided his signature instead and promised a scholarship for good performance. Though GU set the foundation for O'Donnell's financial success, he considers his moral education and the University's emphasis on service even more valuable. His mentors from Gonzaga include professor Dan Brajcich, Father Timothy O'Leary and Father Richard Twohy. To say that Gonzaga made an impact on O'Donnell's work would be an understatement.

"I was just a poor kid with no business being there. Gonzaga changed my life."

In addition to giving back to the community he came from, Mark also donates generously to Gonzaga scholarship funds for students. He says it's a response to the resources God gave him. Referencing St. Ignatius, he notes, "A pivotal point in our spiritual journey is when we come face to face with the emptiness in our own heart that can only be fulfilled by God's love."



The hike itself was another kind of mission, a six-week ordeal through beautiful and strenuous terrain. Devereaux and Williams covered 15 to 20 miles a day, starting when Aska woke them in the morning and finishing when everyone's feet were too tired to continue. Their water filter broke twice, forcing them to use backups before a friend delivered a new cartridge. Devereaux developed blisters and Williams struggled with a stiff ankle. Significant distance between towns meant carrying several days' of food supplies at a time.

Despite the challenges, the trio experienced an incredible outpouring of community support for their journey. They finished their trek in September and raised \$2,236 – enough to cover the cost of two prosthetics. They still hope to reach \$3,000 to cover a final device for a person in need.

Follow Aska's Instagram account for updates on his efforts with Devereaux and Williams: [**@thehikingheeler**](#)



Graduation Day, 1978

(Front to back) Kevin Malone, Tim Hennessy, Kevin Sweeny, Terry Flume, Pete Craven, Greg Jones

Being There

BY DALE GOODWIN ('86)

There isn't a special formula or criteria for forming strong bonds. Simply put, you learn to love by loving one another.

Certainly that is true for many Zag friends who come together through their Gonzaga connection and nurture binding friendships long after they flipped their tassels, tossed their caps and tipped their last glass at Jack and Dan's.

Six GU friends from the Class of 1978 are examples of that hard-to-define definition of what it means to be a Zag, yet you all know it when you see it, feel it, experience it in your lives.

These six came together for Reunion 2018 in Spokane – **Kevin Sweeny, Kevin Malone and Greg Jones**, Spokane; **Terry Flume**, Boise; and **Tim Hennessy and Peter Craven**, Portland. While flattered I wanted to tell their story, these guys were clear: "We're not atypical. Many groups of Gonzaga grads have maintained strong and lasting friendships over the years."

"I'm grateful for these friendships. When someone needs something, we reach out, say I love you, and do what we can to help each other," Sweeny said.

For example, when Malone got word last June that Hennessy was in the hospital about to undergo open-heart surgery, he rallied the other four and they all got to Portland by the time Hennessy awoke after surgery.

"I woke up about 3 in the afternoon, and it meant a lot to me to see these five incredibly handsome men there in my room," Hennessy said, with a smile.

However, Malone added, "After two days, Tim said, 'I love you guys but it's time to get out of here and go home.'"

Sweeny knows what it means to be there for his friends. They were there for him during the loss of two sons, four years apart.

"I don't think my wife (Donna) and I would have survived had it not been for the love and support of these guys," Sweeny said. "They've been there for us through our journey. And often, they didn't need to say a word. Just being there spoke volumes."

"We've been in each other's wedding, God-parents to the others' kids, and around for a lot of major events in our lives," said Malone, who may be the glue that keeps this bond among the six strong.

Throughout the past 40 years, the boys of '78 have traveled the West Coast, in 2017 to the Final Four in Phoenix, and on annual golf expeditions, from Palm Desert, Las Vegas and Scottsdale to the Oregon Coast and even Ireland several years back, where they overcame gale-force winds



Wedding Follies

The crew gathers for Hennessy's wedding (1982).

and rain, with the help of a few beers, to make it perhaps their most memorable adventure together. Now Malone is planning a return trip for the group, but this time to tour the churches of the green isle.

"He (Malone) calls it a Church Crawl," Hennessy said with a chuckle. "I hope we get back there sooner than later as we're moving toward our final chapters."

But it doesn't look like these guys, in their early 60s, are slowing down.

They still enjoy reliving their youth – time spent in the basement of Madonna or at the bar in the Bulldog swapping stories. "Obviously, we need to keep some of our college events under wraps . . . not bad stuff, but good fun," Hennessy said.

"Gonzaga formed the foundation of our friendships and who we are today," Malone said. "All of us have been married for more than 30 years. We've all had professional success and raised good kids."

Sweeny and Jones are retired doctors, Hennessy retired as president of De La Salle North Catholic High School for inner city children after a long career in technology, Flume recently sold his successful printing business, Craven has been a successful finance officer, and Malone a health care executive.

Three of the wives are GU alumni: **Katie (Sutton) Hennessy** ('80), **Vicki (Dieffenbach) Flume** ('78), and **Anne Claire Buckley Jones** ('78).

"We don't want to be bragging blowhards," Sweeny said. "Like so many other Zags, you just can't put a value on the friendships that our group, and many others, have gained through our Gonzaga experience."



Together Again

The guys gather for a reunion in 2018.



Your Lasting Friendship

Tell us the tale of your lifelong Zag friendships.
Email editor@gonzaga.edu.

Wedding Bells



'15 Lindsey Kranz and **Ricardo Ramirez** first met during the Gonzaga-in-Florence program, and walked down the aisle at Mission Santa Clara.

"Sugar, Sugar"

The Archies' classic love hit was No. 1 in the summer of love, 1969. Reminisce with us: What were the best love songs played or sung at weddings when you got married?

Congrats to all these lovebirds! Send us your wedding story at gonzaga.edu/alumninews



'12 Alex Williams and **'13 Kaitlin Pursley** were wed in Denver, surrounded by a host of Zags, including eight in the wedding party, the bride's father ('69), and her uncle ('99), who officiated the wedding.



'93 Brian Witty and **Kerstin McInnis** tied the knot 29 years after they first met.

'14 Brian Sinclair and **Emily O'Neill** met in their last month at GU. They celebrated with a Maui honeymoon while cheering for the Zags during the Maui Invitational.



Visit gonzaga.edu/magazine to see photos of all the new couples and babies. Plus, share YOUR news: gonzaga.edu/alumninews.

Wedding Bells (continued)

'07 **Jennifer Norman** and Tyson Cooper said "I do" in a cherry tree orchard in Dayton, Ore. Jennifer has become a stepmom to 10-year-old Cayden.

'09 **Kate Little** and '09 **Marcus Mosley** joined in marriage after meeting through their Gonzaga-in-Florence program, and after a 10-year friendship that blossomed into love.

'10 **Angie Tarabochia** and '10 **John McDonagh** married in Seattle in October. The best man and one of the bridesmaids were also GU alumni.

'10 **Daniel Ellis** and '11 **Mandi Stillwell** were married with eight other Zags in attendance.

'11 **Rachel Schlosser** and '11 **Alexander Baumgartner** tied the knot in Bristol, R.I., this August after meeting at GU and dating for nine years.

'12 **Jake Johnson** and '14 **Katherine Crha** celebrated their wedding in the company of eight other Zags.

'13 **Benjamin Sexton** and '14 **Caitlin LeBrun** flew from South Korea to Seattle over the Chuseok holiday to celebrate their wedding with loved ones.

'13 **Kathleen King** and Adam Duncan became wife and husband in an October wedding with six other '13 alumni in attendance.

'13 **Kevin Stratton** married Anna Groven with seven fellow Zags in attendance.

'13 **Sarah Katz** and '13 **Nicholas Hardin** began married life last October with a St. Al's wedding ceremony, and forward to cheering on the Zags together.

'13 **Tori Sander** and '14 **Andrew Asper**, who met during their freshman year at GU and married in Greenbluff, just celebrated their one-year anniversary.

'14 **Bre Jaspersen** and '14 **Nick Pangares** met in their first-year orientation group, and met the nine Zags in their wedding party while living in CM their freshman year. The bride's brother ('12) officiated the wedding and the groom's sister ('11) recited the reading.

'14 **Sydney Marcotte** and '14 **Scott Davis** married with four other Zags in their wedding party.

'16 **Sarah Marr** and '17 **Michael Barclay** celebrated their wedding and GU love story in Spokane, where the big day kicked off with a special sign on the Bing Crosby Theater reader board.



'08, '13 **Amy (Martinez)** and '09 **Peter Cangany** recently welcomed their daughter, Noelle Emilia, into the world.

Best wishes to all these baby Zags!

Oh, Baby!

'13 **Kayla (Davison)** and '13 **Jordan Lehrman's** daughter, Abigail, was born in March 2018, and she shares a birthday with her father.

'03 **Hayley Matteson** and Charles Lawson are sharing the love with their new baby boy, Arlo.

'06, '09 **Melissa Warburton** and '09 **Dan Gividen** brought their new son, Alexander, into the world in December. Parents say Alex is eagerly waiting to see a Zag championship basketball game.

'09 **Christine Yee (Talamantes)**, '09 **Daniel Yee** and their son added their newest family member, Gianna, to the family in May 2018.

'08, '09 **Andre** and '09 **Trish (Billingsley) Gallant** are sharing their Zag pride with their two children, including newborn daughter Colette.

'09 **Addison** and '12 **Cara (Paganini) Proszek** are celebrating the birth of their son, Grayson Mark, who is already sporting his Gonzaga gear.

'12 **Erin (Simpson)** and Jeff Quinn welcomed Jason "JJ" Joseph to their family in December.

'13 **Allison Raszler** and Dane Janz brought home their baby girl, Rosella Louise, last fall.

'15 **Meghan Harris** and '15 **Ryan Bunn** announced the arrival of their son, Owen James Henry.



GONZAGA UNIVERSITY ARCHIVES

Who's this Zag?

Respected internationally for her scholarship, and one of Gonzaga's most revered professors, she was a firm advocate for the liberal arts and their impact on each student's education. She often said, "I have immense gratitude for my own Jesuit, Catholic education," and she gave back blessings to her students. On one sabbatical, she worked in Lesotho, Africa, and participated in the U.N.'s Commission on Women. In addition to teaching, she served as associate director of GU's Credo Program. Oh, and she was an ardent Bulldog sports fan.

If you know this mystery Zag, share a favorite memory. Email editor@gonzaga.edu, or write to Editor, Gonzaga Magazine, Gonzaga University, 502 E. Boone Ave., Spokane, WA 99258-0070.



Steve DeLong

Athletic Trainer

From 1978-2017, DeLong served thousands of student-athletes with care for their aches and injuries, fitness and rehabilitation. He could fix anything with athletic tape, including the old yellow school bus used to transport athletes to competitions. He was feared by some new athletes, but loved by most by the time they completed their education.

Steve was an innovator, and brought many positive changes to the sports medicine program. On Jan. 4, the training room in Martin Centre was dedicated the Diedrick & DeLong Training Center, in honor of Steve and his mentor, Bill Diedrick Sr.

READER REFLECTIONS

During my junior year, our trainer, "Papa D" (Bill Diedrick), retired. The new guy was kinda fancy. He brought "e-stim," contrast baths and an ultrasound device that could be used on almost every musculoskeletal injury. My first impression of Steve DeLong

had me wondering why "rub a little dirt on it" wasn't included in his treatment plan for my chronic arm problems as it was for his predecessor. Steve was serious about his work and his responsibilities to the student athletes. But don't think for one second that Steve did not have a humorous side. More than once, my friends Robert Thomas, Mary Hutula and I were caught in his web of practical jokes. There are not enough superlatives to describe what Steve did for the Gonzaga community as an educator and sports medicine professional, and what he did for me personally. He was my first mentor. He willingly gave me direction when I was lost, encouragement when I was down, and vision to see a future in a similar profession. But most all, Steve DeLong is my friend.

Corbin Tudor '80
Bellevue, Wash.

Steve-O! Rockin' the stache! As a GU student-athlete, Steve-O was our dad in the training room. His no-nonsense but TLC demeanor was reassuring to those of us who needed our ankles taped daily or the ritual ice-bath after games. As a freshman, he terrified me, but in the final three years he was more like a protective big brother. After graduating, my husband and

I enjoyed seeing him on the GU men's basketball bench. He was an equal opportunity trainer. Thanks, Steve-O, for the smiles, guidance and for watching over us like our own personal rough-and-tough guardian angel.

Jenny Withers Miller '99
Beaverton, Ore.

I played baseball for GU (1997-98). I came in as a walk-on with recent ulnar nerve transposition on my pitching arm. I developed a great relationship with Steve since I was in the training room frequently. He was always friendly, had a dry sense of humor, and was extremely professional. My last year playing baseball with Gonzaga was the darkest time of my life. I threw everything I had into baseball until early spring of my junior year at GU when my shoulder gave out. Turned out to be a torn biceps tendon, a torn rotator cuff, and two large bone spurs. Steve (and assistant trainer Heidi Peterson) worked to get me through the pain, both physical and emotional. It was a horrible thing to have to stop playing a sport and give up on your dreams because your body gives out on you. He even tried some technique to release scar tissue. But soon thereafter, I had to give up baseball. Steve and Heidi were definitely shepherds to me during this

time. They let me know that it was OK to fall apart. It happens. It's not a personal failing. Steve was like a mom, a dad, and a big brother. He enriched my time at GU and was truly an asset to the university. I got the sense that he wanted the best out of all the athletes, no matter if you were the star pitcher, or the person sitting at the end of the bench.

Jason Sazama '99
Elk Grove, Calif.

That's Steve DeLong (Doctor Death). He was my fencing professor, and my son Clay's fencing instructor, as well. He was able to convey a lot with just a few sentences. We all have a different, but special, place in our hearts for Steve.

Jil Fraley Scollard '89
Lake Forest Park, Wash.

Steve was my boss in the training room, 1990-1995. What a compassionate man who made me feel more competent and sure of myself as I worked with athletes as a trainer. He was one of the major influences for my life as a Zag and one of my best memories. He invited us student-trainers into his home and made us all feel like family.

Daniel Beseau '95
Gresham, Ore.



Zags Behind the Wheel

The Bay Area Chapter hosts its first Gonzaga Grand Prix

In October 2018, 15 cars and one motorcycle set out for a picturesque Saturday drive from San Francisco to Modesto, Calif., to raise money for the Bay Area Alumni Chapter's scholarship fund. Organizer **Stephen Girlich ('12)** says they relied on an old-school route book (no GPS or Google Maps allowed) to venture down less-traveled back roads. The destination was '75 Jeff Reed's Carseum, a phenomenal collection of vintage, classic and modern sports cars.

"I loved organizing the first annual Gonzaga Grand Prix, and especially enjoyed seeing a wide range of emotions throughout the event," says Girlich. "The 'GGP' was definitely challenging at times, but everyone was able to let loose and enjoy the open California roads, fall foliage on full display."



Read a full account of this new tradition in the works at gonzaga.edu/magazine.

Your Don't-Miss Alumni Events



Summer of '69

Congrats to the graduates of 1969 who grabbed their degrees and went dancing straight into "the summer of love." These alumni will celebrate 50 years since graduation, with a sock hop featuring a band full of classmates, plus plenty of reminiscing and storytelling. **June 21-23, on campus.**



Take Me Out to the Ballgame

June 1 is Zag Night with the Mariners! Be part of the largest college game day Seattle hosts, with fellow Zags at Seattle's T-Mobile Field.



Supporting Today's Students: 35 Years and Counting

You remember how much scholarships helped you ... now you can pass on the gift to one of today's Zags. **June 1** in Spokane is a fun gathering to support the Alumni Scholarship Fund.

This year, the 35th anniversary of this event will take place on campus. Be a part of a legacy that has, so far, provided more than \$2.5 million to nearly 2,000 students.



Save the Date: Fall Reunions

Don't miss fall on campus – and the chance to reconnect with friends, revisit your favorite Spokane spots, and take in some campus activities. Mark your calendar for **October 11-13** when we'll toast the classes of 1979, 1989, 1994, 1999, 2009 and 2014.

For details on all these events and more, visit gonzaga.edu/alumni or call (509) 313-5999.

'50 J.D. Richard "Dick" Ennis, Dec. 24, Spokane. Judge, pilot, pianist and ham radio fan. Before receiving his law degree from GU, he flew 46 missions and was captured and sent to a German prisoner-of-war camp in WWII while serving in the Air Force.

'51 John "Jack" O'Reilly, Dec. 5, Spokane. Graduated from GU after serving in the Navy as an aviation radioman. Met his wife of 69 years at St. Anthony's Church in Spokane.

'51 Joseph Abhold, Dec. 10, Burlington, Wash. Used his chemical engineering degree to manage chemical plants and oversee plant start-ups. Lifelong learner who valued family above all.

'52 Conrad Hendricks, Oct. 30, Spokane. Will be missed by the loved ones he left behind, especially Jeffrey, his son and best friend.

'52 Richard "Dick" Bennett, Dec. 21, Great Falls, Mont. Ambitious salesman who owned and managed the Bennett Motors dealership with his father and daughter for 40 years.

'53 J.D. Keith Bergman, Aug. 1, Spokane. Managed his own law practice for over 55 years. Also an artist who enjoyed pottery and gourmet cooking.

'53 Victor Carnell, Oct. 11, Spokane. Served GU's ROTC and the military for 13 years, practiced dentistry for 60 years, and loved gardening, community service and GU sports.

'53, '58, '59 Donald "Don" Connell, Jan. 10, Framingham, Mass. Army veteran and mechanical engineer who worked at Seattle Boeing, Needham GTE, and Natick H&R Block.

'53 Joseph Retzel, S.J., Nov. 27, Los Gatos, Calif. Ordained in Spokane. A priest with an enduring love for social justice.

'54 David Stafford, Dec. 29, Millwood, Wash. Former physics professor at GU who enjoyed classical music composers.

'55 Robert Schlim, S.J., Oct. 3, Los Gatos, Calif. Served as a Jesuit priest for 56 years and dedicated his career to educating Spokane's youth and adults.

'56 John "Jack" Murphy, Dec. 29, Spokane. After more than a decade of schooling and three years of Army service, he worked as a radiologist at Radiology Associates and Inland Imaging until his retirement.

'57, '61, '66 Father George Haspedis, Nov. 3, Spokane. Priest, Latin teacher, chaplain, pastor and rector remembered for his passionate service in the community and hospitality in his home.

'57 John "Bob" Durgan, Spokane. Advanced from teller to VP at Fidelity Mutual Savings Bank and installed the first Washington State ATM. Married his high school sweetheart and attended St. Thomas More Church since 1965.

'57 Patricia (Lyons) Ahern, Oct. 22, Chico, Calif. Talented piano player, her greatest happiness was spending time with her eight children, 11 grandchildren and other loved ones.

'58 Raymond Henderson, Nov. 5, Austin, Texas. Earned his BS in mechanical engineering at GU while working parttime and met the love of his life in Spokane.

'58 Robert Sutcliffe, Sept. 7, Cranbrook, B.C. Traveled the world through his career in the telephone industry and volunteering in his retirement.

'59 Donald Materne, Oct. 12, Spokane. Left behind a legacy as co-owner of Materne Bros. Construction and 1970s president of the Inland Northwest AGC.

'60 J.D. Thomas Merryman, Oct. 2, Spokane. First in his graduating law class, he served a distinguished career as judge in Spokane.

'62 J.D. Larry Axtell, Oct. 17, Spokane. He served 42 years as a practicing attorney. Celebrated life with his wife of 62 years.

'62 Mary Jo (McKinnon) Tucci, Oct. 29, Tacoma, Wash. Caring mother and grandmother who enjoyed reading, gardening, genealogy, traveling and hiking.

'62 J.D. Phelps Gose, Nov. 12, Maui, Hawaii. Korean War vet who helped establish a Washington statewide legal aid office and the Federal Defenders of Eastern Washington and Idaho.

'60, '64 Donald "Roy" Sherwood, Nov. 30, Colbert, Wash. Hunter, fisherman, and car enthusiast who dedicated his life to the Army and as an educator in Spokane.

'64, '69 Kay (Grant) Powers, Jan. 4, Seattle. Teacher, feminist, Cascade High student newspaper adviser, and world traveler who fought for scholarship, art and political resistance.

'65 James Harkins, Oct. 19, Martin City, Mont. Former teacher, counselor, family store manager, and real estate agent. Remembered for his honesty, humor and compassion.

'65 Robert "Buzz" Powers Jr., Nov. 18, Portland, Ore. Army veteran who managed several hotels in Portland.

'66 William "Bill" Boyle, Dec. 6, Durango, Colo. When he could not pursue his dream of becoming a Jesuit priest, he became a regular volunteer for the Missionaries of Charity in Gallup, N.M.

'69 Doris (Manorgan) Cunningham, Sept. 13, Cody, Wyo. Met her husband while volunteering in Korea and later worked in counseling. Loved the outdoors. Remembered for her faith, compassion and leadership.

'70 J.D. Patrick Acres, Nov. 20, Moses Lake, Wash. A respected attorney in the Columbia Basin who served in private practice for over 40 years.

'73 Walter Russell Van Camp, Oct. 25, Spokane. Co-opened the Van Camp and Bennion law offices.

'74 Charles Thronson, Dec. 7, Dayton, Wash. Served as Columbia County District Court Judge before returning to private practice for his last eight years of law service.

'75 James Nagahiro, Oct. 23, Peterborough, N.H. After 30 years in the Air Force, he attended his grandchildren's school and sporting events, gardened, and gathered family for home-cooked meals.

'76 Robert McIver, Oct. 11, Olympia, Wash. Served the Tumwater School District for 34 years as a teacher, counselor and coach. Patient and attentive, he impacted thousands of lives.

'76 Monte Scaggs, Dec. 10, Peyton, Colo. After practicing law in Washington and Colorado for 30 years, he retired and became a substitute teacher. Remembered for his love of teaching and storytelling.

'77 John Rogers Marts, Dec. 15, Edmonds, Wash. Navy vet, law practitioner of almost 40 years, mountaineer, lifelong adventurer and camp leader to his 14 grandchildren.

'79, '85 Sheila (Cornish) Bell, Oct. 20, Spokane. Taught special education in the Central Valley schools, and was named Washington State Teacher of the Year in 1979. Served GU as a faculty adjunct.

'81 Barbara Ann (Meador) Walker, Oct. 12, San Antonio, Texas. Former English professor, piano-player and bookworm loved by family and friends.

'82 John Sickel, Nov. 21, Canton, Texas. Former district attorney of Van Zandt Co. and JAG officer of the Texas State Guard who loved telling stories and believed in second chances.

'84 Steven Bunnell, Oct. 8, West Valley City, Utah. Family man and creative storyteller who worked with behavioral health organizations and raised eight children in Spokane.

'84 Matthew Hunton, Sept. 7, Spokane. His BS from GU and MS from Cal State Northridge took him around the world, working for engineering companies like Hughes Aircraft.

'84 J.D. John Tessner, Nov. 27, DeForest, Wis. Teacher, tutor and librarian who studied law at GU.

'87 Ph.D. Elizabeth (Simonson) Keeler, Nov. 24, Spokane. A lifelong learner, she was recognized as YWCA Spokane's 1997 Woman of Achievement in Community Service.

'88 Doris Liebert, Dec. 30, Spokane. Taught educators departing for Guatemala, Hawaii and

Kenya, led a Kenya teaching and ministry trip, and received the 2000 Washington State Award for Excellence in Teacher Preparation.

'89 Viola "Vi" (Pfeifer) Courmyer, Oct. 14, Colville, Wash. Taught elementary school and volunteered at Immaculate Conception Catholic Church and the Mount Carmel Hospital Auxiliary.

'89 J.D. Lance Hendrix, Sept. 24, Warrenton, Ga. Navy Vietnam vet.

'89 J.D. James Triplet, Oct. 23, Spokane. Developed a respected private law practice, later became a Spokane County Court Commissioner. Named 2010 Professional of the Year by the WSBA Family Law Section.

'90 Gregory "Gregg" Harris, Nov. 16, Issaquah, Wash. Worked at Microsoft for 20 years and later for T-Mobile. Loved the outdoors, riding his motorcycle and coaching his children in their sports.

'90 Mark Doran, Dec. 3, Butte, Mont. Businessman of sales and real estate development fondly remembered for his good-humored nature as a neighbor, father and coach.

'90 Teresa Caterinichio, Nov. 4, Anchorage, Alaska. Served the medical field for 30 years and enjoyed exploring Italy with her family. Loved cooking, wine and swim meets.

'93 Dale Schwartz, Dec. 30, Spokane Valley. Taught expatriate children in Suriname, South America and Sichuan, China. His love for teaching, golf and overseas travel persevered after he successfully battled cancer.

'93 Kathryn (Turner) Sharp, Oct. 13, Spokane. Advocate for mental health awareness for 40 years. Her career started in the space program, and she pioneered women in management at ASC Machine Tools.

'98 J.D. Shane Hernandez, Nov. 27, Santa Maria, Calif. Real estate broker, entrepreneur and practitioner of criminal and family law with a passion for service.

'00 Barbara (Krieg) Giem, Oct. 11, Spokane. Spokane local who studied at GU while working for 13 years as the Health Center's administrative assistant.

'00 June (Russell) Davis, Dec. 29, Ione, Wash. Enjoyed a career in the respiratory field and retirement with her life partner and visits from her beloved grandson, Scotty.

'02 Herbert Robinson III, Jan. 11, Spokane Valley. Marine vet, teacher, psychotherapist and director at Tapio Counseling, helping clients struggling with domestic violence.

'06 Patricia Moss, Sept. 13, Victoria, B.C. Teacher, nurse, world traveler and beloved mother who is remembered for her unceasing spirit, energy and humor.

Calendar of Events

Arts

Spring Dance Concert

May 4 | Myrtle Woldson Performing Arts Center

Choral Collage & Wind Ensemble Concerts

May 5 | Myrtle Woldson Performing Arts Center

Art Department Faculty Exhibit

Through May 11 | Jundt Art Museum

Drawn to the Wall VII Exhibition

Summer | Jundt Art Museum

Connections

Commencement Weekend

May 10-12

Undergraduate, Graduate and Law ceremonies, plus ROTC Commissioning, Nurses Pinning, and missioning of those leaving for volunteer service.

School of Business Administration's Engaged Community Partners

May 16 | Jepson Center

An opportunity to find innovative ways to engage members of the business school with the local business community and its leaders.

Women Lead: Seattle

May 17 | Museum of Flight

Join the School of Leadership Studies to educate and empower women, forge new alliances and move the needle on workplace equality.

Foreign Languages Summer Seminar

May 22-25 | Davenport Grand Hotel

Co-sponsored by Gonzaga College of Arts & Sciences/Modern Languages, Whitworth University, Washington State University, Gonzaga Preparatory and Spokane Falls Community College.

Details on these and more at gonzaga.edu/events

RESILIENCY: Making it to Round 10

BY RICK CLARK ('19)

The following is a speech written for and presented in a communications class. Clark, who began his college journey at age 45, shared this note on Facebook days before his speech: "I ain't scared. These are the moments I live for. My speech is on resilience. If you are in a rut, if you are struggling, dig deep and find a reason to stand up one last time. Go as hard as you can and savor the moments that lead you out of the struggle. You got this."

Good morning, class. I am honored to be here today speaking in front of you. I don't mind going first – I am the oldest and have the least amount of time left on this Earth so I should probably go first. I want to talk about what it means to be resilient today, and how some people seem to be able to "overcome" obstacles and challenges quicker or better than others. There is actual science behind this and I will be discussing some pretty cool stuff. Then I would like to share one of the greatest examples of willpower and resiliency that I have ever seen. It was during a professional boxing matchup between James Buster Douglas and Iron Mike Tyson in 1990.

Let's start with the science of resilience. The American Psychological Association defines resilience as "the process of adapting well in the face of adversity, trauma, tragedy, and/or threats." People have asked "Is someone born resilient or is it something you can learn?" and science has proven that it can, in fact, be learned and you can train yourself to be more resilient. Stress and adversity are never going away, and we need to learn how to become more resilient to life's challenges. When you feel threatened, your nervous system responds by releasing a flood of stress hormones, including adrenaline and cortisol, which rouse the body for emergency action. Your heart pounds faster, muscles tighten, blood pressure rises, breath quickens, and your senses become sharper.

People who learn not only how to bounce back but also learn to bounce "forward" are living healthier, happier lives. By using setbacks or challenges as learning opportunities instead of things to weigh you down, over time you will build up resilience.

One of the best examples of resilience that will go down in history, is the fight between Douglas and Tyson. Let me set the scene:

It's February of 1990 and there is to be a fight in Tokyo for the heavyweight title. Tyson is set to fight Douglas on his way to Evander Holyfield. Douglas was thrown into this fight after

another fighter "canceled." Now, you have to understand how terrifying Mike Tyson was in 1990 and you will understand why fighters often "canceled" or got knocked out in under a minute. Tyson was a beast of a man and came from a very tough New York neighborhood as a misguided youth. His professional record was 37-0 when this fight took place, with 34 of those being knockouts. Tyson struck terror in the eyes of his competitors.

I remember gathering with friends as a 19-year-old to watch his fights on Pay-Per-View, knowing that his fights may last 14 seconds. Most of Tyson's fights ended within the first round or two. Only one casino would hold odds on the fight, the Mirage, and it made Douglas a 42-to-1 underdog! The only bets allowed were on what round Douglas would lose in. Weeks leading up to the big fight, Douglas' mother was going around town telling people, "My son is going to beat Mike Tyson!" He begged her to stop. Sadly, two weeks before the fight, Douglas' mom passed away after having a stroke. This journeyman boxer – who just lost his mom, had no contact with his father, his wife recently left him AND the mother of his child was struggling for her life in a hospital – stepped into the ring with the heavyweight champion of the world.

The fight started and, round after round, Douglas kept fighting. In round eight, Tyson landed an uppercut that knocked Douglas to the canvas. The world erupted and knew the end was near. Douglas had trouble getting back on his feet, and he finally stood up as the ref counted out "nine" and then at 10, they squared up again. We all held our breath knowing what was coming next. Tyson charged him like a starving lion locking eyes on a steak. Just as Tyson got to the center of the ring where Douglas was wobbling, the bell rang. Douglas was saved by the bell. Round nine started and Tyson unleashed a fury of punches to close the deal as he had done his entire career, except this time his opponent would not go down. In round 10, the world was rocked when Douglas knocked Tyson out. I remember the crowd of thousands all taking a gasping breath at the same time on national television. The unthinkable happened.

Douglas took his struggles and used them to build a foundation to stand on. He never gave up on himself, even when the entire world did.

As I stand before you today, I myself have had a Buster Douglas moment. My mother passed away eight years ago, before my big fight. My big fight was going to college after being a high



A few months before graduating with a degree from Gonzaga, Rick Clark would officially launch a nonprofit organization, Giving Back Packs. What started with giving back packs to those in need has become a budding program with dozens of volunteers.

school dropout for 28 years. My mother would also brag to friends and tell me that I was going to do something big in my life, I was going to be someone special. And like Douglas, I would tell my mom to stop saying things like that. I struggled with homelessness, a failed marriage and dead-end jobs. I have been in round eight and been knocked down. But I have also used those struggles to stand back up and continue to throw punches. In May, I will be at Gonzaga's graduation ceremonies and I will walk across that stage and grab that degree. This May, Tyson gets knocked out.

In your life you will experience bad days. It may be when you are 20 or it may be when you are 40, but you will find yourself in your darkest hour and you will need to ask yourself, "Have I done enough to stand up one last time and fight?"

You will need to lean on all of those times that you used adversity to build on, to grow. And when you do face those moments, be like Buster Douglas.



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Both Things are True

Oil and graphite on canvas

By Laura Truitt

Assistant professor of painting & drawing

“Much of my work has to do with perspective. Linear perspective, surely, but also our emotional and collective perspective of landscape and personal space. The underlying conflict in my work is generated by climate change, land abuse and over-consumption of all kinds, my own included.”