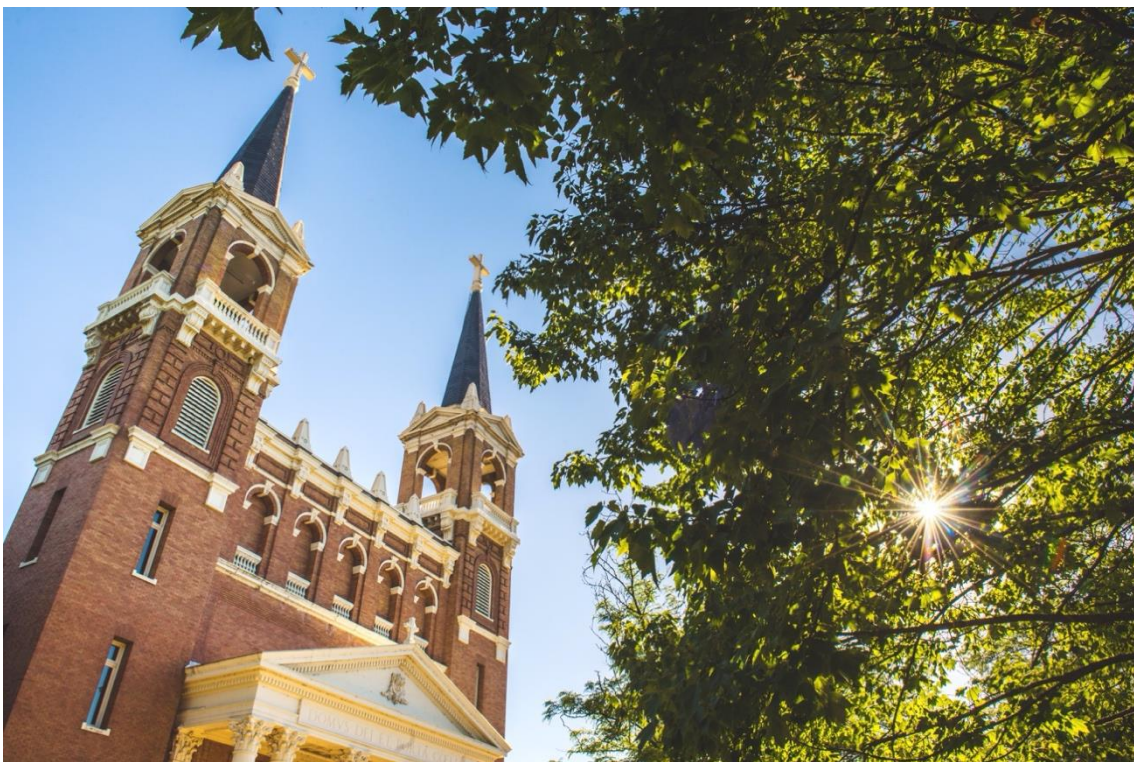






Gonzaga University School of Leadership Studies **COACHING BUREAU**





Thank you for your interest in engaging a coach from our bureau! Coaching is partnership between the coach and the client in a thought-provoking and creative process that inspires the client to maximize personal and professional potential. It is designed to facilitate the creation/development of personal, professional or business goals and to develop and carry out a plan for achieving those goals.


In the following pages, you'll find descriptions of the coaches that are available to you through our office. Once you have identified 2-3 potential coaches that you are interested in working with, please communicate your interest to the Director of Leadership Training and Development, Dr. Rachelle Strawther. You will have the opportunity to have a 30-minute complimentary phone or Zoom call to learn more about their approach and to determine which coach is the right fit for you.


Coach #1	J.A.
Gender	Male
ICF-Certified?	No (certification in process)
Bio	 <p>For over 25 years, J.A. has been faculty member in leadership studies at Gonzaga University. During this time, he served as department chair, associate dean and acting-dean of his school. J.A. has provided leadership consulting, training and coaching to leaders, organizations, and communities. With specialties in leadership development, strategic planning, storytelling, emotional intelligence and leadership talent development, his skills rest in customizing his work to the specific needs of the group or individual with whom he is working. J.A. has spoken nationally as a conference keynote, workshop presenter, and retreat facilitator in the private, public and nonprofit sectors. J.A. officially retired from Gonzaga University in May 2019, and continues to work with the School of Leadership Studies as an adjunct professor, coach and consultant. He is a certified practitioner of the LIA Emotional Intelligence (EQ) Profile.</p>
Specialty	J.A. specializes in coaching employees who are proven contributors and are in the process of moving into management; additionally, he supports supervisors/managers who are struggling with issues related to emotional intelligence and interpersonal communication.
Testimonials	<i>“Joe is incredible at holding space for others. He shares a wealth of knowledge and experience in a way that is equal, supportive, and completely personalized. Joe is someone I will continue to turn to in matters both personal and professional!” – Kelsey</i>


Coach #2	A.B.
Gender	Male
ICF Certified?	No
Bio	 <p>My role is to serve as your organization's primary care provider: I diagnose organizations, and I help them find the path to healthier dynamics and growth-oriented models. I see people, systems, and organizations for what they could be rather than focusing on where they are currently stuck. Combining experiences with best practices and a lot of studying, I have designed a unique consulting approach that focuses on vision and execution, while coaching clients along the way. I never drop knowledge and leave. I walk the path with our clients and train them and their teams to become execution experts. The three things I am best at: 1) Diagnosing organizations and creating a path for success; 2) Shifting paradigms and managing change; 3) Identifying untapped potential in people, systems, & organizations.</p>
Specialty	A.B. specializes in the following: Growth strategies / Mission, vision, values / strategic planning / roadmaps and execution / change design and management / organizational development / systems and processes / branding and messaging / leadership and team development / conflict management / efficiency and profitability.
Testimonials	<p><i>"I was lucky enough to be in a small group of entrepreneurs when I heard A.B. speak. In an instant, I saw that I needed what he could help bring to my life and my business. What I did not know was how the work we did together would be more potent than high power counseling."</i> - Kelli P., Doctor & Owner (healthcare field)</p> <p><i>"We certainly could not have gotten here without A.B.'s expert guidance. While my leadership team was initially resistant to any change, once A.B. and I had a chance to demonstrate exactly where we, as a company, were headed, they all became enthusiastic adopters. We are now into the rollout of the strategic plan to the next layer of management and the excitement from the upper management team is palpable and the adoption is going much smoother. Working with A.B. was exactly the catalyst we needed to create a cohesive strategic vision for my company."</i> - Melanie, CEO (service industry)</p>


Coach #3	K.B.
Gender	Female
ICF-Certified?	No
Bio	 <p>K.B. is a Gallup trained StrengthsFinder Coach and leadership development consultant whose aim is to initiate and activate solutions. K.B. holds her B.S. in Counseling and has led over 4000 hours of leadership and personal development trainings. She has worked with clients in higher education institutions, federal agencies, non-profits, and public schools. In addition to her work as a StrengthsFinder Coach, Kirsten is a Program Coordinator at Gonzaga University in the Payne Center for Leadership Development. Her favorite thing about coaching is supporting clients as they engage and direct their natural talents to meet their goals in work and in life.</p>
Specialty	K.B. specializes in strengths-based executive and life coaching rooted in Gallup's StrengthsFinder personal inventory.
Testimonials	<i>"I had the privilege of learning about StrengthsFinder from trainer extraordinaire K.B.. Through her engaging, hands-on presentation, I was able to understand the philosophy and operation of StrengthsFinder and discover how my talents and fit within the defined domains. K.B. was a joy to work with."</i> – Mike

Coach #4	C.E.
Gender	Female
ICF-Certified?	No
Bio	 <p>C.E. is a professional life coach, speaker and author of the program “12 Weeks To Transformation”. C.E. knows how to overcome and how to thrive. She overcame 15 years of childhood sexual abuse and later metastasized breast cancer. In the past, she struggled with anger, depression and suicide. She knows what it is like to pretend everything is fine while barely holding it together. C.E.’s journey has led her to participate in many different therapies, trainings and coaching where she learned to use powerful tools to help not only herself but also to help others. She received her Coaching Certification through the Life Coach School. With her help, her clients find their truth, self-worth and confidence. They find their voice and live empowered lives. They thrive! C.E. lives by the motto: “You’ve only got three choices in life: Give up, Give in, or Give it all you’ve got.”</p>
Specialty	C.E. specializes in coaching that helps individuals and teams eliminate drama from their workplace and personal lives. She helps individuals and teams navigate the line between their work and personal lives and specializes in working with individuals that are experiencing dissatisfaction anywhere in their life and working with relationship issues, past trauma and past abuse issues. Her typical clients are females aged 35-60.
Testimonials	<p><i>“I knew I needed change. I was my own worst critic. I wanted different results in my life and to live differently than I had been living for the last 33 years. I got a lot more from working with C.E. than I ever expected – an understanding of myself, clarification on thoughts versus emotions, and tools to use in my daily life. I feel different from when we started. There is a huge sense of accomplishment, pride and confidence. I have a voice. You would be silly not to give this a try.” -Ashley</i></p> <p><i>“I think one of the greatest gifts you can receive, or give yourself, is that of mindfulness and living an authentic life. C.E. has helped me be brutally honest with myself and face what’s holding me back through inquiry. It’s been quite a journey but so rewarding and as a result, I am more centered, loving, more at peace, and see things very differently. So many light bulbs have went off due to this introspectiveness and amazing things are happening in my life. This work has also helped me to have the most remarkable conversations with my seven year old daughter and I could not be more thrilled about helping her become the best version of herself. Like the quote (Wayne Dyer) says, “When you change the way you look at things, the things you look at change.” As a result of doing this work, I’m able to breakthrough and truly live my best life, the way I want to. Thank you a million times over C.E..” -Emily</i></p>

Coach #5	T.E.
Gender	Female
ICF-Certified?	Yes, in 2017
Bio	 <p>T.E. is an international Executive Coach, Leadership Consultant, facilitator, speaker, and writer. She is a Professional Certified Coach (PCC) credentialed by the International Coach Federation (ICF) of which she is also a Global member and President of the ICF Georgia Chapter. T.E. is a faculty member of the Institute for Professional Excellence in Coaching (iPEC), one of the premier coach training programs in the world. She is also an Executive/Leadership Coach for the TED Fellows Coaching and Mentoring Initiative. Currently pursuing a master's degree in Organizational Leadership at Gonzaga University, Tonya is a summa cum laude graduate of the University of Tennessee in Business Administration and a Certified Public Accountant. She also has 25 years of experience in corporate management, business operations, digital/traditional media, technology, finance, coaching, and leadership development working with a number of organizations including the American Management Association.</p> <p>Tonya applies her diverse professional background including her skills in areas like design thinking and agile to connect with her clients by drawing on her own real-world experience of successfully leading large teams and addressing a variety of management challenges through. She helps her clients move forward to find actionable solutions that will allow them to accomplish their goals and become impactful, transformational leaders. Tonya is also certified in multiple behavioral and attitudinal assessments including Hogan, Learning Agility, and the Herrmann Brain Dominance Instrument which she employs to help clients identify strengths, development opportunities and create a clear strategy for reaching their leadership goals. With her diverse background, Tonya holds a unique perspective that allows her to create powerful and impactful coaching partnerships with leaders across a variety of industries internationally.</p>
Specialty	Design thinking, leading large teams, addressing management challenges, accomplishing goals, behavioral and attitudinal transformation of leaders, and helps clients identify strengths.
Testimonials	<i>"I highly recommend T.E. as a coach for professional and personal growth. T.E.'s coaching skills are among the best. She quickly identifies your strengths and then helps you to realize/reconfirm what you are great at. She works with you to move in the right direction, a direction that supports your goals and passions in life. She forced me out of my comfort zone with thought provoking questions and helped me find the true answers. She has enabled me to see a clear vision of where I want to be in life, that incorporates both professional and personal aspects. You can tell she really wants you to succeed and enjoys helping you realize your goals."</i>


Coach #6	T.G.
Gender	Female
ICF-Certified?	Yes
Bio	 <p>T.G. works with motivated individuals, leaders, and teams interested in taking themselves to the next level of development and who want to be able to navigate and lead change more effectively. Whether it's navigating life transitions or complexity, building habits that support them, or creating better work-life integration, her clients are able to clarify what's most important to them, understand their strengths, gain new perspectives, and apply their learning in ways that can transform their lives and work as a result of coaching work with her. She has 30 years of experience teaching and facilitating learning in experiential and higher education and 25 years of workshop design and facilitation experience. T.G. is an adjunct faculty member at Gonzaga University in the School of Leadership Studies, teaching and offering workshops on topics of mindfulness and mindful and embodied leadership. She is also a retired Human Physiology Professor from the university and was a NC Outward Bound Field Instructor and Course Director. Additionally, she is a Registered Yoga Teacher.</p> <p>Her education includes a Ph.D. in Kinesiology, Specialization: Physical Development & Aging. She is an ICF-Associate Certified Coach (ACC), Certified Presence Based Coach®, and ICF Registered Mentor Coach. T.G. Along with that, she is certified to administer and debrief ProfileXT/Select™ and Checkpoint 360 assessments.</p>
Specialty	<p>She specializes in developmental and embodied (somatic) coaching. Her ideal clients are individuals, leaders, and teams interested in developing greater awareness, considering new perspectives, and bringing their whole and best selves to their lives and work; people who want to navigate transitions and the challenging work of transforming themselves and/or situations more mindfully, skillfully, and with more enjoyment. Her coaching and workshop and retreat design incorporate evidence-based practices and are customized to meet the clients' needs and aligned with what is most important to them.</p>
Testimonials	<p><i>"[T.G.'s] ability to listen is exceptional, and her questioning deep yet gentle. [T.G.'s] ability to integrate guidance and compassion in the same inquiry is outstanding, and I especially appreciate her gift for integrating somatic practices into her work, even by phone. I leave our calls with a clear direction and plan for the next step forward. [She] has a real gift for facilitating transformational work. Thank you, [T.G.]!" -Pamela</i></p> <p><i>"Coaching is part art, part science...and no one understands how to blend both the personal touch with methods and strategies that work like [T.G.]. The best part of working with a great coach is how she helps ease out the clarity of a situation or problem and helps the client flush out doable solutions. Grounded, reliable, and focused, I've found every session with [T.G.] over the last two years to be extremely valuable and insightful. And she ALWAYS over delivers, providing written feedback post-session with real world next steps...to move forward." -Phil</i></p>


Coach #7	D. H.
Gender	Male
ICF Certified?	No (Certification in progress)
Bio	 <p>Originally from Soldotna, Alaska, D.H. earned a Bachelor of Science (B.S.) in Psychology from Pacific Lutheran University (Tacoma, Washington) and a Master of Arts (M.A.) and Doctor of Philosophy (Ph.D.) in Leadership from Gonzaga University (Spokane, Washington). Over the past 16 years, he has conducted leadership coaching, consulting, and education for people working in numerous sectors including business, non-profit, education (K-12 and higher education) healthcare, public/government, churches/clergy, law enforcement, the military, and collegiate and professional athletes and coaches. D.H. has been trained by the Co-Active Training Institute, considered widely to be the “gold standard” and most rigorous professional coach training and certification program in the industry, and is one of the first in the world accredited by the International Coach Federation (ICF). He is the father of three children and has been to 28 countries and hopes to explore many more. He is excited about the opportunity to serve you as your coach to help you achieve your goals and help you find deeper purpose and fulfillment in your work and life.</p>
Specialty	D.H specializes in leadership coaching, executive coaching, life coaching, and working with those in higher education.
Testimonials	<p><i>“D.H. is an excellent coach! As an expert within the field of leadership, D.H. is very approachable and easy to talk with, insightful, creative, inspiring, and funny. D.H. truly cares about me as a whole person and is an incredible source of support during a critical time. I really appreciate his curiosity, empathy, positivity, expertise, and deep listening. I highly recommend D.H. as a coach for anyone who wants to grow and develop as a leader!”</i> – Shelley</p> <p><i>“D.H. cultivated an impactful coaching environment that empowered me and served as a catalyst in my professional career and personal development. I recommend D.H.’s coaching services to anyone who is looking for the right tools to grow as both a leader and an individual.”</i> - Brody</p>


Coach #8	J.H.
Gender	Male
ICF-Certified?	No (certification in process)
Bio	 <p>J.H. is a proprietor of J.D. Hall and Associates, LLC., where he has provided strategic consulting and coaching since 2013. He also serves as the Director of the East Metro STEAM Partnership in Oregon. He graduated from Oregon State University with an undergrad in Business and completed his MBA from Willamette University. J.H. has served as an Associate Professor of Technology & Entrepreneurship at Concordia University and has taught courses for Portland State University, Warner Pacific University, Eastern Oregon University, and Portland Community College while also serving as a Business Advisor/Instructor at the Small Business Development Center at PCC. J.H. has been increasingly active in the advocacy community including spending time consulting for small businesses. Jarvez also serves on the board of two non-profit organizations, Tender Loving Care - Think 'N Try and Sickle Cell Anemia Foundation of Oregon. He is also on the Board of Directors for the Greater Portland Economic Development District, representing the East Metro region.</p>
Specialty	J.H. specializes with startups and new entities while at the Small Business Development Center at PCC. He also specializes in organizations in transition especially those whom have had long-time leaders depart.
Testimonials	<p><i>“ J.H. has been great at helping us understand what we want to get accomplished. We doing the same thing but J.H. helped us think about what we wanted to get accomplished and developing paths to meet those objectives. He was great to work with” - Ken</i></p> <p><i>“J.H. was great at challenging me to do some of the hard things, the things I did not want to or face things I didn't want to face. Even though I resisted initially, he was right and I have been a better leader because of him.” - Avery</i></p>


Coach #9	J.K.
Gender	Female
ICF-Certified?	Yes
Bio	<p>J.K. is a Certified Professional Coach (CPC), COR.E Leadership Dynamics Specialistä, and COR.E Performance Dynamics Specialistä who earned these designations through the Institute for Professional Excellence in Coaching (iPEC). She is a member of the International Coach Federation (ICF). She also holds the iPEC proprietary certification as an Energy Leadership™ Index Master Practitioner (ELI-MP). Prior to beginning her coaching career, J.K. spent 18 years at Merrill Lynch in a variety of senior positions including Service Manager and Wealth Management Advisor.</p> <p>J.K. is an insightful coach with a knack for <i>strong connections</i> and <i>real conversations</i>. She is deeply committed to helping high-achieving professionals unlock their true leadership potential. J.K. helps clients evolve their leadership approach; building upon what’s working, modifying what’s less effective, and eliminating the elements that no longer serve them.</p>
Specialty	Whether seasoned or emerging leaders, J.K.’s ideal clients are successful, driven, high-achieving professionals in pursuit of personal and professional development. Her clients may be feeling the effects of stress and time demands, being on auto-pilot or feeling stuck-in-a-rut and they are looking for inspirational ways to re-engage. They are interested in motivating themselves and others to reach their full potential.
Testimonials	<p><i>“[J.K.] provided me with invaluable guidance and coaching. The exercises I completed along with her insight and care have helped me make noticeable improvements as a professional. My confidence has increased and I have grown as an individual. I would recommend her coaching services to anyone who would like to connect to their core values and create energy and satisfaction with both work and self.” – Jennifer</i></p> <p><i>“[J.K.’s] professionalism is truly unparalleled, and she goes the extra mile for her clients in creating a committed and very comfortable coaching environment. The entire coaching process felt very natural from start to finish. I highly recommend [J.K.] to anyone who is seeking change in their life and looking for the right tools to optimize their personal and professional potential.” – Ryan</i></p>





Coach #10	E.L.
Gender	Female
ICF-Certified?	No
Bio	 <p>E.L. is a certified leadership coach and a DISC consultant trained under leadership expert John Maxwell. Born in the Philippines, her family immigrated to the U.S. when she was a young girl. She earned her Doctor of Pharmacy degree in 1999 but transitioned into training and teaching in 2007 when she and her husband moved to China where they lived for 12 years.</p> <p>E.L. discovered the transforming power of coaching while in China and it enlarged her passion for healthy leadership and culture, both at work and in the home. Homeschooling her two daughters, teaching university students and training English teachers only fueled her passion for coaching and leadership. Her family moved back to the U.S. in 2019 and she again changed careers to pursue her dream of community transformation through leadership coaching. With her international experience, medical background, and career shifts, Esther understands cultures and transitions. A Strengths Finder Developer, she recognizes and calls out in others their potential, possibilities, and opportunities.</p>
Specialty	<p>I specialize in leadership transformation coaching, particularly those in transition and in need of clarity. I help others break through fears and limiting beliefs preventing them from living in their fullest potential and purpose both in their personal and professional life.</p> <p>Her ideal clients include: The self-saboteur - operating as their own enemy with fears and limiting beliefs holding them captive; The unfulfilled - everything may be fine externally but internally they know they were meant for more; The stuck, lost or floundering - knowing they have a purpose but haven't quite discovered it yet; The overwhelmed and burnt out - desperately needing to recalibrate, re-focus and re-prioritize.</p>
Testimonials	<p><i>"E.L.'s coaching and insights have made a significant impact on my life and business. She takes the time to listen deeper to what is not verbalized. When she responds, it is with careful and thought-provoking words. E.L. also has an incredible gift for asking great questions. Her questions are well thought out and they inspire deep introspection. They challenge you to take personal responsibility followed by appropriate action. E.L.'s influence on my life is invaluable. She is a trusted and competent professional I would recommend to anyone."</i> -Brian</p> <p><i>"Coaching with E.L. has been such an amazing and eye opening experience for me. I struggled with the best way to communicate with my clients, understanding that it was okay to not be "perfect" and having a true vision of who I am and what I want to convey to them. E.L. has helped me gain clarity, vision and has helped me see myself in such a different light. I truly appreciate her tough questions, her encouraging words, and her true desire to help me grow. Growth is the only option and the best option."</i> -Pam</p>

Coach #11	P.L.
Gender	Female
ICF-Certified?	No
 <p>Bio</p>	<p>As a CEO for a large non-profit, P.L. has extensive experience in membership growth, community partnerships, volunteer management, and capacity-building. She has been tasked with merging Girl Scout regional councils encompassing two states and 30 counties in Washington and Idaho. Prior to her role as a CEO, she worked with the Washington State Workforce and Training and Education Board as the Associate Director representing the Governor in workforce and education policy within the state and nationally. P.L. has worked under 4 governors in three states. P.L. has always been an entrepreneur, having owned her own consulting business for over 25 years. Today, she consults with Boards, CEO's and C-Suite staff on a variety of big picture changes.</p> <p>Her education includes a Bachelors of Science along with a Secondary Teaching Credential. P.L. has volunteered as a mentor with Gonzaga University's Certificate in Foundational Leadership (formerly Emerging Leaders Program) since 2007. She has worked with at least ten mentees during that time and now serves on the Advisory Board.</p>
Specialty	P.L. specializes in coaching CEO's, Executive Directors, and nonprofit Board Chairs. She is not an ICF-certified coach, but has extensive experience coaching and mentoring rising executives.
Testimonials	<p><i>"YP.L. will always be an inspirational and influential woman in my life." -Victoria</i></p> <p><i>"It has truly been a pleasure to work alongside a leader who is so enthusiastic and so deeply dedicated to the mission. Because of P.L. and her fearless leadership, girls will have an opportunity to do great things in their lives." -Sylvia</i></p>

Coach #12	D.M.
Gender	Male
ICF-Certified?	No
Bio	 <p>D.M. is a seasoned executive with over 30 years of experience in the semiconductor and solid-state storage industries. From 2002 through 2011, D.M. was the CEO of a multinational semiconductor company, in which he led the transformation of the business from a commodity memory business to a successful proprietary microcontroller business. From 2012 through 2015, D.M. was the CEO of a startup company based in the Bay Area, and since 2019, D.M. has been a CEO/Owner Peer Group Chair with CEO Focus in Spokane.</p> <p>In addition to his executive career, D.M. has served since 2011 as an advisory board member and then as a director of ALVA, a company based in Berkeley, California. Since 2014 he has also been a member of the Advisory Board of Gonzaga University's School of Leadership Studies and has been a speaker in Gonzaga University's Certificate in Foundational Leadership (formerly Emerging Leaders Program). He is also an Adjunct Professor, executive coach, and advisory board member for Whitworth University. Since 2007, D.M. has been actively involved in a Christian ministry to the incarcerated that has also been shown to significantly reduce recidivism. As a former officer in the U.S. Army and Washington National Guard, he is member of the United States Military Academy Association of Graduates.</p>
Specialty	<p>D.M. specializes in developing the leadership potential of each person he works with, considering both the demands of their current environment and responsibilities, and their long-term career aspirations. His approach stresses the identification of one's current leadership strengths and weaknesses, establishing prioritized development goals and supporting tactics, and measuring progress towards these goals. It emphasizes helping them become developers of leaders themselves and multipliers of the capacity of everyone within their sphere of influence. His coaching always considers the alignment of organizations in support of the overarching vision and goals. His ideal client is a senior or emerging leader in an organization that is receptive to innovation and supportive of continuous improvement in both people and processes. The client should want to be coached, believing they have room and reason to improve themselves, and not be someone pressured into a coaching process. The client should be willing to commit to the co-generation and execution of an individual development plan based on 360 feedback, and to be held accountable for their execution of this plan, as well as its ongoing refinement as appropriate.</p>
Testimonials	<p><i>"When it comes to mentoring, coaching and executive leadership, [D.M.] might just be Spokane's best kept secret. I am grateful and forever indebted to [D.M.] for the impact he has had on my life, personal leadership style and career aspirations." -Michael</i></p> <p><i>"Over the past two years I have had the pleasure of utilizing [D.M.] as a coach where he was an integral part of my development as Vice President of a large organization. His coaching has helped me become a more effective leader in driving strategic planning, alignment and leadership cultural change in our organization." -Scott</i></p>

Coach #13	V.O.
Gender	Female
ICF-Certified?	No
Bio	 <p>V.O. is a leadership development coach, teacher and consultant. For over 25 years, she has been involved in organizational and leadership development, counseling, training, HR consulting, and coaching across industry. She has had the privilege to study with some of the top thinkers in the world in the fields of adult development, generative leadership, somatic psychology, conversational capacity, promise management, and ego and spiritual development — all informing her interdisciplinary approach to coaching, consulting and teaching. At the core of her work is her deep commitment to provide experiences that bring her clients closer to understanding their growth edge and an expanded way of seeing their world. She helps them engage in their world and their leadership in a bigger more courageous way... for the sake what of what matters deeply to them. She is known for her deep listening, her ability to move fluidly between a variety of coaching and learning methodologies and the design of individualized safe to fail experiments that open new possibilities for her clients.</p>
Specialty	V.O. specializes in developmental leadership coaching – helping leaders navigate their growth edges and complexity.
Testimonials	<p><i>“I needed V.O.’s help to get out of my habitual thinking around a behavior change I wanted to make. Trying to do it myself over several years had not worked. I’m a successful Executive Coach myself, so I know the power of hiring a coach that can fearlessly challenge a paradigm — V.O. called me on beliefs and fears that represented the “sea” in which I habitually swim. Her ability to move me from “perfectionist thinking” to “agile with messy stuff” has been uncomfortable but impactful. V.O.’s impact created an expansion of joy and wellbeing, far beyond the original goals we set. She helped me “flip” to a new, fresher paradigm that is naturally moving me to more calm, ease and joy in my decision-making.” - Jan</i></p> <p><i>“I engaged V.O. to help me through some challenging leadership times. We reflected together on elements of my leadership that are relational, creative, and less-than authentic. V.O. brings an uncanny ability to listen deeply to the whole person—seeing the layers of professional, personal, and political work. V.O.’s listening, use of data, and close observations have allowed me to test some of the assumptions that have controlled how I show up as a leader. I highly recommend V.O. for her professionalism, compassion, and commitment to continuous improvement.” - Justin</i></p>

Coach #14	T.W.
Gender	Female
ICF-Certified?	No
Bio	 <p>As a speaker, trainer and coach, T.W. equips business leaders with the skills and mindset to communicate and connect effectively in order to strengthen their teams. She helps leaders create a culture of trust and respect by providing interpersonal skills training and coaching in self-awareness, clear communication and building strong relationships, amongst others. Her education includes a Masters in Applied Behavioral Science (Leadership, Communication), in which coaching was a focus. She has a Bachelor of Science in Psychology (Minor: Sociology).</p>
Specialty	T.W specializes in leadership development with an emphasis in communication and interpersonal dynamics. Her ideal clients are current business leaders as well as those on that track and those determined to grow personally and professionally.
Testimonials	<p><i>"[T.W.] has provided exceptional value to Washington Trust Bank. We initially utilized her from some ad hoc presentation skill-building workshops, but have now incorporated her coaching into several ongoing leadership programs as a consistent part of our curriculum. The feedback from trainees is outstanding. She always delivers and never disappoints!" -Katy</i></p> <p><i>"[T.W.] was recommended by a trusted colleague, to evaluate my presentation skills, and help me with pre-presentation jitters. Little did I know that the coaching and tools she provided would impact virtually every interaction I have. I wish I had reached out sooner because, from one-on-one conversations to leading large group meetings to formal presentations, her coaching helped change how I "show up" in a powerful way." -Valita</i></p>

Coach #15	J.Y.
Gender	Female
ICF-Certified?	Yes
Bio	 <p>J.Y. is the founder of Momentum Coaching & Consulting LLC, focused on strengths-based transformation in people and organizations. She is an Associate Certified Coach (ACC) by the International Coaching Federation, a Certified Professional Co-Active Coach (CPCC) by the Co-Active Training Institute, and a certified Appreciative Inquiry Practitioner through the Cooperrider Center at Champlain College. She holds a master's degree in Organizational Leadership from Gonzaga University and a bachelor's degree in Communications from St. Norbert College. She worked in higher education for fifteen years, leading innovative departments and initiatives, prior to starting her own business. She has coached leaders in a variety of industries including manufacturing, information technology, higher education, business, healthcare, non-profits, real estate, human resources, non-profits and more.</p>
Specialty	<p>J.Y. specializes in drawing out clients' unique strengths, empowering them to overcome self-limiting beliefs, and supporting them in creating inspired, tangible actions toward new possibilities. Her ideal clients are those who feel the yearning to unleash something amazing in their personal or professional lives and are ready for a transformation through new ways of thinking, being, and doing. She has a special love of working with woman at all places, stages, and seasons to help them get more in touch with their most authentic and power-full selves; most especially, she loves supporting mom's in rediscovering their (mom)entum.</p>
Testimonials	<p><i>"[J.Y.] is an amazing coach. She helped me grow in my strengths and help me to see what sparks joy for me. She is willing to push her clients where they need to grow. I can't say enough good things!" –Whitney</i></p> <p><i>"[J.Y.] does an amazing job of asking probing questions that help you truly look inward and uncover ways to make your job and your life more productive, fulfilling, and peaceful. She is a genuine, kind and loving soul. I am very grateful for the time we spent in coaching."- Mary</i></p>