

Authentic Leadership

Developing your self-awareness, identity and communication skills as a leader

Authentic Leadership is a three-day, overnight experience designed to help you lead teams courageously, transparently, and with awareness of your leadership identity and approach.

Using a thorough 360 assessment, you'll discover how your self-perception compares to how others perceive you. With a foundation on Emotional Intelligence, you'll gain skills to communicate effectively and authentically in a variety of difficult and complex situations. You'll learn from engaging, seasoned leaders as you explore real-life leadership challenges. Register now and discover for yourself why multiple companies use *Authentic Leadership* to develop their highest-potential leaders.

PROGRAM FEATURES:

- 360 Survey + 'true trait' assessment, with individual debriefing
- Emotional Intelligence (EQ) assessment, with individual debriefing
- Executive Case Study Session
- Intro to Leadership & Storytelling
- Essentials of Public Speaking
- Interpersonal Communication
- Conflict Management
- Team-Building exercises (note: ropes course is optional)
- 3 CE Credits awarded



PROGRAM OUTCOMES:

- Increase self-awareness of your leadership style, strengths and growth areas.
- Develop greater capacity to motivate and engage others through stories.
- Learn best practices in giving and receiving developmental feedback and managing difficult conversations.
- Refine skills in public speaking.
- Gain a broader perspective of leadership perspectives at the executive level.



Facilitated by **Joe Albert, PhD**, Associate Dean of Strategic Initiatives and External Relations, and **Rachelle Strawther, M.A.**, Director of Leadership Training and Development



A high-impact, 3-day leadership retreat held in a serene setting on the Spokane River.

"The days were filled with learning from start to finish. I was left with a number of tools to take away and apply in real-life situations."

- Heidi Gudgel

Delta Dental of Washington

Spots are limited!

2019 OPTIONS

May 21st - 23rd

September 18th - 20th

VENUE

Ross Point Conference Center
Post Falls, ID

PROGRAM FEE

\$2,900

Includes 3 CE credits & accommodations and meals

Note: Pre-work begins 1.5 months before the 3-day retreat

Register at
www.gonzaga.edu/leadforlife



TO LEARN MORE, PLEASE CONTACT:

Rachelle Strawther | strawther@gonzaga.edu | 509.313.3579

GONZAGA
UNIVERSITY