

# Authentic Leadership

*Developing your self-awareness, identity and communication skills as a leader*

**Authentic Leadership** is a three-day, overnight experience designed to help you lead teams courageously, transparently, and with awareness of your leadership identity and approach.

Using a thorough 360 assessment, you'll discover how your self-perception compares to how others perceive you. With a foundation on Emotional Intelligence, you'll gain skills to communicate effectively and authentically in a variety of difficult and complex situations. You'll learn from engaging, seasoned leaders as you explore real-life leadership challenges and discover for yourself why multiple companies use *Authentic Leadership* to develop their highest-potential leaders.

## PROGRAM FEATURES:

- 360 Survey + 'true trait' assessment, with individual debriefing
- Emotional Intelligence (EQ) assessment, with individual debriefing
- Executive Case Study Session
- Intro to Leadership & Storytelling
- Essentials of Public Speaking
- Interpersonal Communication
- Conflict Management
- Team-Building exercises
- 3 CE Credits



## PROGRAM OUTCOMES:

- Increase self-awareness of your leadership style, strengths and growth areas.
- Develop greater capacity to motivate and engage others through stories.
- Learn best practices in giving and receiving developmental feedback and managing difficult conversations.
- Refine skills in public speaking.
- Gain a broader perspective of leadership perspectives at the executive level.



Facilitated by **Joe Albert, PhD**,  
Associate Dean of Strategic  
Initiatives and External Relations,  
and **Rachelle Strawther, M.A.**,  
Asst. Director of Leadership  
Training and Development



*A high-impact, 3-day leadership retreat held in a serene setting on the Spokane River.*

"The days were filled with learning from start to finish. I was left with a number of tools to take away and apply in real-life situations."

- Heidi Gudgel

*Delta Dental of Washington*

**Spots are limited!**

## 2018 OPTIONS

May 22nd - 24th

September 19th - 21st

## VENUE

Ross Point Conference Center

Post

Falls, ID

## PROGRAM FEE

\$2,500

*Includes 3 CE credits & overnight lodging and meals at Ross Point*

Register at

[www.gonzaga.edu/leadforlife](http://www.gonzaga.edu/leadforlife)



TO LEARN MORE, PLEASE CONTACT:

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