

CURRICULUM VITAE

Laura Y. Anaya
Department of Psychology
Gonzaga University
502 E. Boone Ave
Spokane, WA 99258
anaya@gonzaga.edu

EDUCATION

- Ph.D., Human Development and Family Studies 2018
Purdue University
Dissertation: Interparental Conflict as a Context for Early Child-Parent Attachment Relationships
Committee: German Posada, Ph.D. (chair), Sara Schmitt, Ph.D., Kristine Marceau, Ph.D., & Steve Wilson, Ph.D.
- M.S., Human Development and Family Studies 2015
Purdue University
Thesis: Marital Conflict and Child-Mother Attachment Relationships
Committee: German Posada, Ph.D. (chair), Zoe Taylor, Ph.D., & Shawn Whiteman, Ph.D.
- B.A., Human Development, Minor in Psychology 2012
Washington State University
McNair Research Project: Stress and Adjustment in First-Generation Latino College Freshmen
Faculty Mentor: Thomas Power, Ph.D.

EMPLOYMENT HISTORY

Academic Positions

- Full-Time Lecturer, Gonzaga University 2018 – Present
- Graduate Instructor, Purdue University 2016 – 2018
- Graduate Research Assistant, Purdue University 2012 – 2018

PEER-REVIEWED PUBLICATIONS (IN PRINT, IN PRESS, OR ACCEPTED)

- Purpura, D. J., Schmitt, S. A., Napoli, A. R., Dobbs-Oates, J., King, Y. A., Byrd Hornburg, C., Westerberg, L., Borriello, G. A., Bryant, L., **Anaya, L. Y.**, Kung, M., Litkowski, E., Lin, J., Rolan, E. (2021). Engaging caregivers and children in picture books: A family-implemented mathematical language intervention. *Journal of Educational Psychology*. doi: 10.1037/edu0000662

Posada, G., Vaughn, B. E., Veríssimo, M., Lu, T., Nichols, O.I., El-Sheikh, M., Trumbell, J.M., **Anaya, L.**, & Kaloustian, G. (2019). Preschoolers' secure base script representations predict teachers' ratings of social competence in two independent samples. *Attachment & Human Development*. doi:10.1080/14616734.2019.1575547

Lu, T., Posada, G., Trumbell, J. M., & **Anaya, L.** (2018). Maternal sensitivity and co-construction skills: Concurrent and longitudinal associations with preschoolers' secure base behavior. *Monographs for the Society for Research on Child Development*.

Taylor, Z. E., Jones, B. L., **Anaya, L. Y.**, & Evich, C. D. (2018). Effortful control as a mediator between contextual stressors and adjustment in Midwestern Latino youth. *Journal of Latina/o Psychology*, 6, 248-257. doi:10.1037/lat0000091

Kwak, Y. Taylor, Z. E., **Anaya, L. Y.**, Feng, Y., Evich, C. D., & Jones, B. L. (2017). Cumulative family stress and diurnal cortisol responses in Midwest Latino families. *Hispanic Journal of Behavioral Sciences*, 39, 82-97. doi: 10.1177/0739986316684130

MANUSCRIPTS SUBMITTED

Trumbell, J., Posada, G., & **Anaya, L. Y.** (under review). Developmental trajectories of maternal sensitivity across early childhood: The role of inter-parental conflict.

MANUSCRIPTS IN PREPARATION

Anaya, L.Y., Trumbell, J. M., Posada, G. Child involvement as a mediator in the relations between interparental conflict and children's attachment security.

BOOK CHAPTERS

Purpura, D. J., Gonzalez, J., **Anaya, L. Y.**, Usero-Gonzalez, F., Kung, M. (2018). The importance of mathematical language in early numeracy development: Implications for dual language learners. In D. Luft Baker, D. Lee Basaraba, & C. Richards-Tutor (Eds.), *Second language acquisition: Methods, perspectives, and challenges* (pp. 153-170). New York, NY: Nova Science Publishers.

Posada, G., & **Anaya, L. Y.** (2018). Emotional ties in parent-child relationships across life: The fundamental role of the early years. In E. Dulcey-Ruiz, C.J. Parales-Quenza, & R. Posada-Gilède (Eds.), *Envejecimiento: Del nacer al morir* (pp. 64 – 81). Bogota, Colombia: Siglo del Hombre Editores.

Dekel, R., MacDermid Wadsworth, S., **Sanchez, L.** (2015). Stress, wounds, injuries, and meanings: The effects of combat-related PTSD on intimate relationships and partners. In R. Moelker, & M. Andres (Eds.), *Military Families and War in the 21st century* (pp. 161 – 176). New York, NY: Routledge.

AWARDS

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|--|---------------------------|
| SRCD 2019 Early Career Travel Award \$500 | March 2019 |
| College of Health and Human Sciences Outstanding Graduate Teaching Award \$1,000 | April 2018 |
| Purdue University Teaching Academy Graduate Teaching Award Human Development and Family Studies Outstanding Graduate Teaching Award | April 2018 April 2018 |
| SRCD 2017 Student Travel Award \$300 | April 2017 |
| Purdue Research Foundation Award \$16,325 Research Assistantship | August 2015 – May 2016 |
| College of Health and Human Sciences Compton Travel Award \$500 | April 2015 |
| Ingestive Behavior Research Center at Purdue University \$14,256 Research Assistantship Graduate Award | August 2014 – May 2015 |
| Purdue Doctoral Fellowship \$48,441 | August 2012 – August 2016 |
| McNair Post-Baccalaureate Achievement Program Research Grant \$4,000 | May 2011 – July 2011 |
| Future Cougars of Color Scholarship Program \$40,000 | August 2008 – May 2012 |
| University Achievement Award \$6,000 | August 2008 – May 2010 |
| Hispanic Academic Achievement Program Scholarship \$1,500 | 2008 |

PEER-REVIEWED PRESENTATIONS

Paper Presentations

Purpura, D. J., Schmitt, S.A., Napoli, A. R., Dobbs-Oates, J., King, Y., **Anaya, L. Y.**, Kung, M., Hornburg, C., Westerberg, L., Cosso, J., Borriello, G., Bryant, L., Litkowski, E., Lin, J., & Rolan, E. (2021, April). *A parent-implemented mathematical language picture book intervention with Latinx dual language learners*. Presented at the Virtual Biennial Meeting of the Society for Research in Child Development.

Purpura, D. J., Schmitt, S.A., Dobbs-Oates, J., Napoli, A. R., **Anaya, L. Y.**, Rolan, E., & King, Y. (2017, October). *Assessment of preschool numeracy and mathematical language: Cross-language (dis)agreement*. Presented at Erikson Institute's Promising Math conference. Chicago, Illinois.

Vaughn, B., Posada, G., Verissimo, M., Hartwick, O., Lu, T., Krzysik, L., Trumbell, J., & **Anaya, L.Y.** (2017, April). Scripted secure base attachment representations predict social competence in two USA samples of preschool-age children. In B. Vaughn & G. Posada (Chairs), *Scripted secure base attachment representations predict social competence in preschool age children*. Presented at the Biennial Meeting of the Society for Research in Child Development, Austin, Texas.

Poster Presentations

Kim, G., Liu, M., Trumbell, J., **Anaya, L.Y.**, Posada, G. (2021, April). Mothers' Attachment Representations and Caregiving Behaviors: A Cross-Cultural Examination. Poster presented at the Virtual Biennial Meeting of the Society for Research in Child Development.

Kim, G., Liu, M., Trumbell, J., **Anaya, L.Y.**, Posada, G. (2021, April). Teachers as a Secure Base: Relationships Among Children's Behavior and Mental Representation of Attachment and Teacher-Child Interaction. Poster presented at the Virtual Biennial Meeting of the Society for Research in Child Development.

Trumbell, J. M., Posada, G., **Anaya, L. Y.** (2020, May). The Stability and Correspondence of Mother's Secure Base Script Knowledge and Sensitive Caregiving across Childhood. Poster presented at the Virtual Annual Convention of the Association for Psychological Sciences.

Anaya, L. Y., Posada, G., & Trumbell, J. M. (2019, March). Parental Sensitivity as a Mediator of Interparental Conflict Strategies and Children's Attachment Security. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.

- Anaya, L. Y.,** Trumbell, J. M., & Posada, G. (2019, March). Parental Involvement of Children in Interparental Conflict and Children's Attachment Security. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Trumbell, J. M., **Anaya, L. Y.,** & Posada, G. (2019, March). Mothers and Fathers as a Secure Base: A Family Systems Approach. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Posada, G., Plata, S. J., Trumbell, J.M., **Anaya, & L.Y.** (2019, March). Child-Mother Attachment Relationships and Preschoolers' Social Competence in a Colombian Sample. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Anaya, L. Y.,** Korucu, I., Noblega, M., Marinelli, F., Ugarte, A., Trumbell, J.M., & Posada, G. (2017, April). *The sensitivity-security link from a cross-cultural perspective.* Poster presented at the Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Trumbell, J. M., Posada, G., & **Anaya, L.Y.** (2017, April). *Developmental trajectories of maternal sensitivity across the preschool years: The role of marital conflict.* Poster presented at the Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Vaughn, B., Posada, G., Verissimo, M., Hartwick, O., Lu, T., Krzysik, L., ...**Anaya, L.Y.** (2017, April). *Scripted Secure Base Attachment Representations Predict Social Competence in two USA Samples of Preschool-age Children.* Paper presented at the Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Kwak, Y. Y., Taylor, Z. E., **Anaya, L. Y.** & Jones, B. L. (2016, April). *Cumulative stress events and diurnal cortisol cycles in Latino pre-adolescents living in the Midwest.* Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, Maryland.
- Anaya, L.Y.,** Addie, H.*, Trumbell, J., Posada, G. (2015, October). *Marital aggression and childrearing disagreements: Relations to child secure base behavior in a preschool sample.* Poster presented at the College of Health and Human Sciences Fall Research Day, West Lafayette, IN.
- Kwak, Y. Y., Taylor, Z. E., **Anaya, L. Y.,** & Jones, B. L. (2015, October). *Cumulative stress events and diurnal cortisol cycles in Latino pre-adolescents living in the Midwest.* Poster presented at the College of Health and Human Sciences Fall Research Day, West Lafayette, IN.

Alton, M.*, **Anaya, L.Y.**, Jones, B. (2015, July). *Mother vs. child perceptions of health outcomes and health-related behaviors in Latino youth*. Poster presented at the Discovery Learning Research Center Student Recognition event, West Lafayette, IN.

Anaya, L.Y., Addie, H.*, Trumbell, J., Posada, G. (2015, March). *Marital aggression and childrearing disagreements: Relations to child secure base behavior in a preschool sample*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania.

Posada, G., Trumbell, J., Lu, T., **Anaya, L.Y.** (2015, March). *Lawful changes in secure base behavior during early childhood*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania.

Anaya, L.Y., Addie, H.*, Trumbell, J., Posada, G. (2015, January). *Marital aggression and childrearing disagreements: Relations to child secure base behavior in a preschool sample*. 1st annual Latino/a Graduate Student Research Symposium, Purdue Latino Cultural Center, West Lafayette, IN.

Lee, K.H., Cardin, J.F., Collins, C.L., **Sanchez, L.Y.**, Seidel, A.J., MacDermid Wadsworth, S. (2013, November). *Dyadic analysis of depression and couple relationships prior to military deployment*. Paper presented at the Annual Meeting of the National Council on Family Relations, San Antonio, TX.

Sanchez, L. (2012, March). *Stress and adjustment among Latino freshmen in the College Assistance Migrant Program*. WSU Academic Showcase, Pullman, WA.

Sanchez, L. (2012, February). *Stress and adjustment among Latino freshmen in the College Assistance Migrant Program*. 14th Annual Texas National McNair Scholars Research Conference. Denton, TX.

Sanchez, L. (2011, October). *Stress and adjustment among Latino freshmen in the College Assistance Migrant Program*. McNair/LSAMP, Pullman, WA.

Sanchez, L. (2011, July). *Stress and adjustment among Latino freshmen in the College Assistance Migrant Program*. McNair Research Symposium. Pullman, WA.

UNDERGRADUATE TEACHING EXPERIENCE

Gonzaga University

Instructor, *Child Psychology* (Fall 2021)

Instructor, *Lifespan Development* (Fall 2021)

Instructor, *Lifespan Development* (Summer 2021; remote/asynchronous format)

Instructor, *Child Psychology* (Spring 2021; remote/synchronous format)

Instructor, *Lifespan Development* (Spring 2021; remote/synchronous format)

Instructor, *Child Psychology* (Fall 2020; remote/synchronous format)

Instructor, *Lifespan Development* (Fall 2020; remote/synchronous format)

Instructor, *Child Psychology* (Spring 2020)

Instructor, *Lifespan Development* (Spring 2020)

Instructor, *Child Psychology* (Spring 2019)

Instructor, *Lifespan Development* (Spring 2019)

Instructor, *Child Psychology* (Fall 2018)

Instructor, *Lifespan Development* (Fall 2018)

Purdue University

Instructor, *Child Development* (Fall 2017)

Instructor, *Diversity in Individual and Family Life* (Summer 2017)
Distance Learning

Instructor, *Working with Parents* (Spring 2017)

Instructor, *Working with Parents* (Fall 2016)

Instructor, *Diversity in Individual and Family Life* (Summer 2016)
Distance Learning

Graduate Teaching Assistant, *Diversity in Individual and Family Life* (Summer 2015)

RESEARCH EXPERIENCE

Graduate Research Assistant
Mother, Father, Toddler Study
Purdue University
Supervisor: Dr. Germán Posada, Ph.D.

June 2015 – July 2018

As lab manager and project coordinator, I recruited participants, scheduled visits, and conducted home, park, and laboratory visits with parents and their 24-36-month-old children. Data collection included reporting on individuals' behavior using the Maternal Behavior for Preschoolers Q-Set (Posada et al., 1998) and the Attachment Q-Set (Waters, 1995), administering lab tasks to families, including co-construction stories with parent-child dyads, Adult Attachment narratives with parents, executive functioning measures with children (i.e. The Dimensional Change Card Sort task and day-night Stroop-like task), and parental questionnaires regarding marital conflict and other family relationship topics. In addition, during these visits I video-recorded child-parent interactions during free play and clean up tasks, and I led a team of undergraduate students on coding of the behaviors during these interactions. I oversaw data management which included training undergraduate students on the Maternal Behavior for Preschoolers Q-Set and Attachment Q-Set; overseeing undergraduate data entry, transcription of parental narratives, and child-parent co-construction tasks, as well as organizing and overseeing their participation in coding of Adult Attachment narratives.

Graduate Research Assistant

August 2016 – July 2018

Mathematical Language Book Development Study

Purdue University

Supervisor: David Purpura, Ph.D.

During my first year on this study I managed a project assessing the math literacy skills of preschool-aged dual language learners. This entailed recruiting preschools and preschool teachers, coordinating and participating in data collection by administering standardized assessments with ELL preschoolers, and supervising undergraduate students' involvement in data collection. In addition, I was involved in developing children's storybooks, in English and Spanish, which focus on promoting math language use during parent-child dialogic reading. We are currently using the storybooks in an intervention study focused on increasing parents' engagement in their children's early numeracy development.

Graduate Research Assistant

May 2014 – May 2016

Project SALUD

Purdue University

Supervisors: Zoe Taylor, Ph.D. & Blake Jones, Ph.D.

As the project manager for *Project SALUD: Healthy Midwest Latino Families Project*, I recruited 119 Latino families with 5th-6th grade children. I traveled to surrounding counties and recruited participants by speaking to families at various events such as Purdue Extension centers, school parent-teacher conferences, and adult English-learning classes. For these first two years of the study, I was in charge of scheduling home visits, preparing visit materials, and conducting home visits with families. During home visits, I measured health indicators such as participants' height, weight, and blood pressure. I also instructed families on completing a home interview consisting of standardized measures, and taught

them how to collect and store salivary cortisol samples, as well as how to use a Fitbit activity trackers that we used to collect additional health information. In addition, I trained and supervised undergraduate research assistants' involvement in the data collection. Further, I translated interview measures and project materials from English to Spanish, and was involved in writing an R21 grant proposal, and journal articles.

Graduate Research Assistant May 2013 – June 2015
Child-Mother Attachment Relation Processes in Childhood: Behavior and Representation
Purdue University
Supervisor: Germán Posada, Ph.D.

I served as a research assistant for the National Science Foundation-funded project by helping conduct home visits with mother-child dyads. Data collection consisted of observing maternal behavior during home visits using the Maternal Behavior for Preschoolers Q-Sort. In addition, I administered the Peabody Picture Vocabulary Test with children. I also participated in coding narratives collected during the visits using the MacArthur Attachment Story Completion Task, coding of Adult Attachment Narratives, and coding of Separation Anxiety Task narratives. Further, I managed and supervised undergraduate students' work which included transcribing, coding, and data entry.

Graduate Research Assistant August 2013 – May 2014
Mom Baby Immunity Project
Purdue University
Supervisors: Germán Posada, Ph.D. & Leah Hibel, Ph.D.

I coordinated and conducted home visits with infant-mother dyads and supervised undergraduate students' participation in visits. The home visits consisted of measuring infants' height and weight, mother's weight, collecting and storing bio-markers (i.e., infant and mother saliva, and mother's breast milk), as well as a one-hour observation of mother-child interactions, followed by reporting maternal behavior using the Maternal Behavior for Infants Q-Set.

Graduate Research Assistant August 2012 – May 2013
Family Journeys Project
Military Family Research Institute, Purdue University
Supervisors: Shelley MacDermid Wadsworth, Ph.D. & David Topp, Ph.D.

While at MFRI, I was part of the interviewer management team which involved making monthly phone calls to the project's interviewers located around Indiana and spot-checking the interviews that were conducted with military service members and their families. I also supervised and managed the fidelity checking team, which consisted of overseeing the work of undergraduate students and providing them with feedback on their work, and I participated in data management and analysis.

McNair Scholar

2010 –2012

McNair Post-Baccalaureate Achievement Program
Washington State University
Mentor: Thomas G. Power, Ph.D.

As a McNair Scholar, I completed an original research project, “*Stress and Adjustment in First-Generation Latino College Freshmen*” that simulated a graduate-level research experience in the Department of Human Development, which included project design, data collection, and analysis; conducted coding of mother-child interactions in feeding and non-feeding contexts as part of an NIH grant entitled: “Parenting Influences on Child Self-Regulation, Energy Intake and Weight”; learned major research concepts and principles; finished project published in the *McNair Journal*, 2012.

STUDENT MENTORSHIP EXPERIENCE

Act Six Scholars Program Fall 2019 - Present
Faculty Mentor
Gonzaga University

Psychology Club August 2018 - Present
Faculty Advisor
Gonzaga University

Psychology Group Advising Fall 2018 – Present
Faculty Facilitator
Gonzaga University

Honors Thesis Advisor Spring 2019
Priya Tandon
Thesis Topic: The effects of social media on adolescents’ mental health: A review of the literature and implications for the future

Research Mentor Summer 2015
Madi Alton
Poster Presentation: Mother vs. child perceptions of health outcomes and health-related behaviors in Latino youth

PROFESSIONAL AFFILIATIONS

Gonzaga University Colleagues of Color 2018 – Present

Society for Research in Child Development 2014 – Present

Society for Research in Child Development Latino Caucus 2016 – Present
Purdue Latino Graduate Student Organization 2012 – 2014

Kappa Omicron Nu Honor Society

2011-2012

LANGUAGES

Spanish

Native, Fluent

DEPARTMENTAL AND UNIVERSITY SERVICES

Psychology Club

August 2018 - Present

Faculty Advisor

Gonzaga University

Psychology Group Advising

Fall 2018 – Present

Faculty Facilitator

Gonzaga University

Workshops included: *Applying to Graduate School; Preparing for the GRE; Psychology Major Information; Careers in Psychology; Preparing for Job Interviews*

Act Six Scholars Program

Fall 2019 - Present

Faculty Mentor

Gonzaga University

Peer Collaboration on Teaching

Fall 2018 – Spring 2019

Participating Faculty Member

College of Arts and Sciences

Gonzaga University

Digital Instruction Committee

August 2017 – May 2018

Graduate Student Representative

Department of Human Development & Family Studies

Purdue University

Diversity Council Committee

August 2016 – May 2018

Graduate Student Representative

College of Health and Human Sciences

Purdue University

Graduate Student Social Committee

August 2015 – May 2016

Department of Human Development & Family Studies

Purdue University

Latino Graduate Student Organization

August 2012 – May 2014

Secretary
Purdue University

Human Development Club
Vice-President
Washington State University

January 2011 – May 2012

TEACHING AND ADVISING WORKSHOP PARTICIPATION

DiversityEdu Training
Intercultural learning course
Office of Diversity, Equity, and Inclusion
Gonzaga University

January 2021

Peer Collaboration on Teaching
College of Arts and Sciences
Gonzaga University

Fall 2018 – Spring 2019

Advising Academy
Center for Teaching & Advising
Gonzaga University

Fall 2018 - Spring 2019

Inclusive Pedagogical Practices workshop with Dr. Mary James
College of Arts and Sciences
Gonzaga University

1/11/2019

Department of Human Development & Family Studies
Purdue University
Teaching Colloquium Series:

Writing Effective Course Objectives & Assessment of Student Learning

10/13/2017

Setting the Stage for Effective Teamwork among Students

1/27/2017

Integrating Teaching & Learning Technologies in the Classroom

10/28/2016

Teaching Controversial Topics

4/15/2016

Bringing Primary Literature into the Undergraduate Classroom

9/18/2015

Navigating Diversity as a College Instructor

2/6/2015

Preventing, Detecting, and Responding to Academic Dishonesty

10/3/2014

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| Assessment of Student Learning | 4/25/2014 |
| Writing Effective Course Objectives | 9/27/2013 |
| Center for Instructional Excellence, <i>Engagement & Service-Learning Summit</i> | 3/10/2016 |