Buddhist Wisdom

Techniques for Transforming Hatred into Love



Sponsored by:
Gonzaga University
Religious Studies Department
Institute for Action Against Hate
Unity House Multicultural Education Center

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MOOT COURTROOM Gonzaga Law School

721 N Cincinnati St Spokane, WA 99220

Tibetan monk and member of the Tibetan Parliament in Exile, Venerable Geshe Thupten Phelgye is a fervent advocate for peace, human rights, and vegetarianism.

His talk will explain methods for moving the mind from a place of anger and resentment to one of love and goodwill.

Born in 1956, Geshe Phelgye fled the communist invasion of Tibet with his parents and became a monk at the age of 17. In 1991 he completed the 18 year Geshe (Ph.D.) degree from Sera Monastic University. He founded the Universal Compassion Movement in 1998 and resides in Dharamsala, India.