

**DEGREE GUIDE FOR THE SCHOOL OF PROFESSIONAL STUDIES
B.S. EXERCISE SCIENCE – 2007-2009 Catalogue**

Student Name: _____

Year of Entry: _____

Minor: _____

University Core (31 Credits)

Thought and Expression	CRD	GRD	7.0
ENGL 101 Engl. Comp.	3	[]	
PHIL 101 Crit. Thinking	2	[]	
SPCO 101 Intro. Speech	2	[]	

Religious Studies	CRD	GRD	9.0
RELI 100 Level	3	[]	
RELI 200 Level	3	[]	
RELI 300 Level	3	[]	

Philosophy	CRD	GRD	9.0
PHIL 201 Human Nature	3	[]	
PHIL 301 Ethics	3	[]	
PHIL 400 Level	3	[]	

Math	CRD	GRD	3.0
MATH 112 College Algebra	3	[]	

English	Literature	CRD	GRD	3.0
ENGL 102/103H/105/106		3	[]	

Exercise Science Core (36 Credits)

CRSE	CRSE Title	CRD	GRD
BIOL 101	Diversity of Life	3	[]
BIOL 101L	Diversity of Life Lab	1	[]
BIOL 170	Microbiology	3	[]
BIOL 170L	Microbiology Lab	1	[]
CHEM 101	General Chemistry	3	[]
CHEM 101L	Gen. Chem Lab	1	[]
CHEM 230	Organic Chemistry	3	[]
CHEM 230L	Org. Chem. Lab	1	[]
PSYC 101	Gen. Psychology	3	[]
PSYC/SOCI	Electives	3	[]
PSYC/SOCI	Electives	3	[]
EXSC 224	Nutrition	3	[]
EXSC 241	Human A&P I	3	[]
EXSC 241L	Human A&P I Lab	1	[]
EXSC 242	Human A&P II	3	[]
EXSC 242L	Human A&P II Lab	1	[]

B.S. - EXERCISE SCIENCE: 51 Credits

MAJOR LOWER DIVISION (17 Credits)

CRSE	CRSE Title	CRD	GRD
MATH 112	College Algebra*	3	[]
MATH 121	Statistics	3	[]
PHYS 101	General Physics I	3	[]
PHYS 101L	Gen. Physics I Lab	1	[]
PHYS 102	General Physics II	3	[]
PHYS 102L	Gen. Phys. II Lab	1	[]
EXSC 202	Ess. Str. Testing & Conditioning	3	[]

MAJOR UPPER DIVISION (34 Credits)

CRSE	CRSE Title	CRD	GRD
EXSC 301	Ex. Testing & Rx	3	[]
EXSC 301L	Ex. Test & Rx Lab	1	[]
EXSC 305	Experimental Rsch.	3	[]
EXSC 474	Kinesiology	3	[]
EXSC 474L	Kinesiology Lab	1	[]
EXSC 475	Biomechanics	3	[]
EXSC 475L	Biomechanics Lab	1	[]
EXSC 476	Physiol. of Exercise	3	[]
EXSC 476L	Physl of Ex. Lab	1	[]
EXSC 477	Adv. Phys. of Ex.	3	[]
EXSC 477L	Adv. Phys. Ex.. Lab	1	[]
EXSC 478	Human Gr. & Matur.	3	[]
EXSC 478L	Hum. Gr.&Mat.Lab	1	[]
EXSC 499	Culminating Experience	1	[]
EXSC	Upper Division Electives (304, 302, 378, 390, 398, 399, etc.)	6	[]

_____	_____	[]
_____	_____	[]
_____	_____	[]

Electives (13 Credits)

_____	_____	[]
_____	_____	[]
_____	_____	[]
_____	_____	[]
_____	_____	[]

*University Core Requirement, thus Lower Division requirements = 14 credits
MATH 147 or 158 can be substituted for MATH 112