Boeing employees are invited to join Dr. Joe Albert and Rachelle Strawther from Gonzaga University in this one-day seminar that explores the three dimensions of Emotional Intelligence (EQ): self-awareness, self-regulation and empathy. Program participants will individually complete the Learning In Action EQ Profile before arriving and go through a high-level debriefing of results during the seminar, with subsequent opportunities for further coaching.

**PROGRAM OUTCOMES:**
1) Gain an understanding of the foundations of EQ and why it's seen as a key indicator of leadership success.
2) Learn strategies to improve your EQ for effective communication and stronger relationships.
3) Learn how EQ applies to team dynamics and performance.

**Register at** [https://commerce.cashnet.com/GULead](https://commerce.cashnet.com/GULead)

*Note: Minimum enrollment required for seminar to take place*